

3-01-2024 Update

SUB-STATE BASKETBALL

The Boy's Team will play Horton at 6:00 pm tonight at JCN High School. A win moves them into the championship game, which will be played on Saturday, March 2, at 6:30 pm at JCN. <u>Click here</u> for the boys bracket. Come and cheer them on to another victory!!

Our Lady Dragons fought hard in Monday night's game against the JCN Lady Chargers, resulting in two overtimes and a 63-61 loss to JCN. Great season and game ladies!

CULINARY CLASSES MAKE THE NEWS!

Yesterday, Margo Ellerman's Culinary Classes received some additional recognition on WIBW news for their success in the "Put Our State On Your Plate" statewide challenge. Click here to see their interview. So proud of this team! Great recognition for our school and state! Keep up the good work.

FCCLA DISTRICT RESULTS

On February 21 we had 27 FCCLA members qualify for state at the MS and HS level. Keep working hard to excel! <u>Click here</u> to review the participants and their events.

EAST PARKING LOT CLOSED

The east parking lot by the elementary school will be closed starting Monday, March 4, for repairs. The lot will not be open (weather permitting) until March 16, 2024. Thank you for your cooperation!

READ ACROSS AMERICA WEEK

Next week is Read Across America week and the PreK-5th grades will have a spirit week to celebrate the love of reading! The week starts with Marvelous Monday March 4th--Cat in the Hat-wear stripes or your favorite hat. Click here for the details of the rest of the week. It will be fun!

March 8th Jenn Bailey Author Visit for K-6th grade

3-6th grades- Presentation on What It's Like to be an Author and a group study of Meowsterpieces to develop our own poetry and art connection.

K-2: Reading HENRY, LIKE ALWAYS and then a presentation on What It's Like to be an Author with a Q&A session.

SOFTBALL & BASEBALL REGISTRATION

It's time to register your kids for the 2024 season! Due March 1st. Online and in-person registration will be held. <u>Click here for info.</u>

TRAPSHOOTING TEAM

Are you interested in joining the Valley Falls Trapshooting Team? Registration is now open for the 2024 Spring League. Deadline is March 25. Please contact Coach Jesica Clark at 785-817-1641 for more information.

EGG MY YARD EVENT

The Valley Falls Trapshooting Team is holding this annual event on Easter Eve. Click here for details. Sign up here

PRESCHOOL & KINDERGARTEN ROUND-UPS

Preschool Round-Up-If you have a child who is going to be four years old on or before August 31, and would like them to participate in our Preschool program, please contact Becky in our Elementary office at becky.nickelson@vfalls338.com.

Kindergarten Round-Up will be held April 29 & 30. If you have a child <u>not currently</u> in the Valley Falls Preschool program who will be in Kindergarten next year, please contact Becky in our Elementary office at becky.nickelson@vfalls338.com.

Dear Kansas K-12 Parent/Guardian:

To help address the needs of current and future students, the Kansas State Department of Education is surveying parents and guardians of children 18 years of age or younger about their current perceptions about various post-high school opportunities. In other words, how do you as a parent or guardian define success for your child?

Please take five minutes to complete the following survey, answering questions in respect to your oldest child who is today 18 years old or younger. The survey will remain open through March 31, 2024.

For your convenience, we have included an English and a Spanish version of the survey. Scan the QR code or click on the link provided to access the survey.

Thank you in advance for your participation in this short survey and for all you do to help our

state prepare the next generation of Kansas children for tomorrow's workforce.

English version: Link: https://ksde.sjc1.qualtrics.com/jfe/form/SV_9ueQAONACmWdA7s

Spanish version: Link: https://ksde.sjc1.qualtrics.com/jfe/form/SV_5zg5SUkReBv7sA

PK-8 YEARBOOK ORDERS

It's time to order elementary yearbooks! Orders are <u>due May 16th</u>. Softcover yearbooks are \$20.00/each. <u>Click here</u> for order form and details.

HIGH SCHOOL YEARBOOK ORDERS

VFHS yearbooks are now on sale. Cost is \$60. If you would like to add personalization to your yearbook, it is an extra \$10 for a total of \$70. All high school yearbooks need to be <u>ordered and paid for by April 15, 2024</u>. For more information, contact Brenda Lloyd at <u>brenda.lloyd@vfalls338.com</u>



Following are the students who have earned K-5 Dragon PRIDE (Positive attitude, Respect, Integrity, Determination and Excellence) awards this week. The recipients should be bringing home the certificates for you to see. Congratulations!!! Heath Gier, Tyler Olson, Elle Coffman, Halle Garza, Reylee Seymour, Anni Esser, Jocelin Thomas, Eastyn Herbster, Grace Mitchell, Bentley Frost, Rylan Cook, Owen Strickler, Drake Heinen, Liam Wistuba, Brantley Sparks, Avery VanWey, Zander Sparks, Mac Tyler, Wade Boyce, Aaliyah Hager, Hudson Gerety, Connor Pence

School Counseling Link

<u>Counseling Connection</u> - check out the link on our website. A shout out to our Mental Health team of Stacy Cervantez, Ellen Guess, and Liz Jones for setting up this page that has a lot of resources in one place.

Online Safety Information for Parents

Parents Guide to Instagram.pdf
Parents Guide to Smart Phone Safety.pdf
Parents-Guide-to-TikTok.pdf
Protecting Your Kids Online 2 0 EN.pdf
Thorn For Parents -Infographic.pdf
24 Apps parents need to know about.pdf

SAVE THE DATE!

Dragon Family, please mark your calendar for April 24, 2024 at 6:00pm. On this date and time we will have a **Health/Wellness Night and Ribbon Cutting Open House for our Track and Multi-Purpose Room**. More details as we get closer to the date. This will be an evening of fun and movement for the whole family!

Dolly Parton Imagination Library

All Kansas children ages 0-5 are eligible to enroll and participate in The Dolly Parton Imagination Library of Kansas. Simply click <u>HERE</u> to enroll your child in the program to receive a free, age-appropriate book every month in the mail until your child's 5th birthday. <u>FLIER</u> with information.

Weekly Activities

Friday, March 1

Saturday, March 2 Monday, Mar 4, 2024 Tuesday, Mar 5, 2024 Wednesday, March 6 Thursday, March 7 Friday, March 8 March already? Only 18 days till officially Spring!
Boys BB Substate game @ 6:00 pm @ JCN
BB Substate Championship Games @ JCN
Board of Education Meetings @ 6:30 pm
PreK-2 Spring Concert in East Gym @ 6:30 pm
State Basketball Tournament begins in Dodge City
Spring Community Blood Drive @ Township Hall 1-6 pm
End of third 9-weeks
½ Day of School/Dismiss @ 12:30, ½ Day Teacher Work

Breakfast and Lunch Menu



TIPS for Stepparents (Part 1 of 2)

- Try not to come on too strong with efforts to "win over" your stepchildren. Be realistic-be yourself.
- Get on the same parenting page as your new spouse and his/her ex. (rules, rewards, consequences, chores, allowances, bed times, homework procedures...)

- Encourage your stepchildren to have 1 on 1 time with both biological parents.
- Give your "new family" time to develop its own dynamic without the pressure of thinking how it "should" be or comparing it to relationships with your own biological children.

From WeBMD, author Colleen Oakley