Dance Packing List

Costumes and Related Items

- ALL Costumes
- Place each costume in its own costume bag with accessories (tights/ shoes/ hair pieces/ jewelry/ socks/ gloves/ hats) in separate compartment on costume bag. Label the name of the routine, what items (Shoes, tights, accessories, hair style) are necessary for this routine
- Spare tights/ fishnets in appropriate color for each costume
- Spare Team Earrings
- Undergarments for each costume (should be color matched to your dancer)
- Team issued jewelry
- Individual props dancer is responsible for
- Sewing kit with thread that matches costumes
- Scissors
- Safety Pins
- Static Guard
- Lint Brush
- Double sided tape/ body adhesive
- Tide “to go” stick
- SPIRIT STICK!

Makeup and Hair

- Foundation and application tools
- Loose Powder
- Team issued eye shadow
- Team issued blush/ contour
- Water- resistant Mascara
- Eye liner
- Team issued lipstick
- Makeup remover (liquid and wipes)
- Q-tips and cotton pads
- Hair ties/ rubber bands/ ponytail holders
- Bobby pins/ Hair pins/ Hair nets (should match color of dancer’s hair)
- Hair spray/ gel
- Comb & brush
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- Spray bottle (pack empty)

- Stiff brush/ toothbrush/ edge comb
- Hair pieces (if hairstyle dictates this is needed)
- Straightener/ curling iron (if hairstyle dictates this is needed)

Miscellaneous

- Money for programs/ parking/ souvenirs/ vendors
- Nail polish remover/ nail clippers/ nail file/ nail glue
- Spray clear deodorant
- Hand towel
- Baby wipes
- Phone Charger
- Team Jacket
- Snacks
- Water/ Sports Drinks
- Motrin, Midol, Excedrin (for parent and dancer)
- Antacids/ Pepto
- Pads/ Tampon
- First Aid kit- band aids, liquid glue, ace bandages, instant ice packs, blister care
- Steamer
- Duct Tape
- Thera Bands/ Rollers
- Pen/ Highlighter/ Permanent Marker
- Small Blanket/ comfort item
- Comfy socks/ slippers/ slip on shoes
- **TOILET PAPER!!!!!!**

Tips and Tricks

1. Label everything!!!!

2. Print a new packing list for each competition to ensure you have everything.

3. Print a copy of the competition schedule and highlight your dancer's routines in one color, highlight the rest of the team's routines in another. This allows you to see the timing of the routines and where you will need to be when. This helps with meal planning, getting ready, and keeping family up to date with competition going-ons.

4. Plan for early mornings and late nights.

5. Kendall will set call times. It is your dancer's responsibility to be warmed up and ready to run their numbers with their coach prior to competing.

6. Some competitions will livestream the event. This can be shared with family and friends who want to see your dancer compete but are unable to attend the event.