

# ALCHEMYSOUND

## RECORDING MASTERY CHECKLIST

### Step 1 - Choose Your Recording Room:

- room with thicker walls and position yourself close to naturally echo absorbing furniture like bed, sofa or closet
- do the “clapping” test - clap your hands a few times in each room and choose the room / position with the least resonance / echo
- use optional (but very helpful) hall treatment such as directly on your microphone:
  - [ISOVOX](#) (personal favorite, high budget)
  - [Alctron PF8](#) (low budget) or [EVIEUN](#) or [Kaotica Eyeball](#)
  - [Aston Mic Shield](#) (mid budget)
  - [t.bone Mic Shield](#) (low budget)
  - **DIY Blanket Cave** (blanket over the head with [mic stands](#) as help)
- Advanced: use optional acoustic treatment in your room for reflection and echo absorption like:
  - [Broadband Panels](#) (mid budget, as much as you can afford and fit into your room, should be attached in symmetrical fashion on each opposite walls)
  - [Basotect Smaller Panels](#) (low-mid budget, as much as you can afford and fit into your room, should be attached in symmetrical fashion on each opposite walls)

### Step 2 - Eliminate Surrounding Sounds

In your chosen recording room:

- make sure it's as quiet as possible
- eliminate surrounding sounds and make sure all windows are closed
- check that the fan noise of your laptop / computer is low or off

(sometimes it helps to unplug the laptop from power source to prevent the fans from going full speed while recording)

- make sure you sit on a chair (or other object) that doesn't make a sound when you move on it (rather checking multiple times :D)

### Step 3 - Right Before Recording:

- check your outfit and accessories and remove arm rings, earrings and chains that could make a sound while you record (also clothing like leather jacket etc.)
- make sure the audio channel in the software you record in is set to **MONO** (tip: use [ChatGPT](#) or Google to find the solution for your specific software)
- in your software, **turn off** all effects that you might have on your recording channel and record completely **“dry”** (tip: use [ChatGPT](#) or Google to find the solution for your specific software)
- close all other applications, browsers and programs on your Laptop/PC other than your recording software before recording
- turn the volume / gain of your mic a **little bit** down (on your external sound card if you use one or the volume in your recording channel within your recording software) - rather a bit quieter than to loud & distorting
- if you are using a stationary microphone (always recommended):**
  - avoid getting too CLOSE to and too FAR from your microphone to avoid “pop” and “plosive” sounds as well as too much room hall when too far away - 5 inches (12 cm) should be just fine - if you have a more quieter voice you can reduce the distance to around 4 inches (10 cm)
- if you are using a non-stationary microphone (like a lapel mic)**
  - make sure you keep the same distance from mic to mouth throughout the whole recording
  - avoid moving around during the recording (no walking, no bigger movements on the chair you sit)
  - if you're standing make sure that you stand as “still” as possible throughout the recording as you can

**for both mic types:**

- if you have the need to move & do a little break: press pause on the recording, remember **exactly** where you stood and how far away you were from the mic (making a picture can help)
- I recommend not going over **5 mins** for a break until you have finished the whole recording since the tone of your voice can audibly change once you start recording again & it might sound to different to your previous recordings

- hydrate yourself properly!** Also this is very important to keep a consistent high quality recording and to avoid mouth clicks or smacking on the recording
- so put a big glass of water near you (but please not too close to the technical gear - most of it is not waterproof, trust me. you don't have to try it out I already did for you. Thank me later)

**And last but not least... before you start recording, set your intention for the recording, place your hands on your heart and breathe deeply through your nose as you visualize and feel the energy of a successful recording process. Invite the energies you want to put into the recording 😊**