

March 3, 2020

Dear Passaic County Coaches,

Wayne Valley is hosting a **Novice Boys and Girls Track meet** for Passaic County Schools only. The meet will be held on **FRIDAY, May 15th**, at **4:00PM** at Wayne Valley. The rain date will be on Saturday, May 16th. **ONLY ATHLETES WHO DID NOT COMPETE IN THE VARSITY MEET CAN COMPETE IN THE NOVICE MEET. IF THEY ONLY RAN IN THE VARSITY MEET, THEY CAN DO FIELD EVENTS AND VICE VERSA. HOWEVER, EVEN IF YOU FINISH LAST IN THE VARSITY MEET, YOU STILL CAN'T COMPETE IN THE NOVICE MEET.**

Information

1. Wayne Valley has a 400 Meter All-Weather Track.
2. Wayne Valley will supply starting blocks, but you can bring your own.
3. Shots and Discus will be available.
4. Teams must bring their own Javelins.
5. Athletes will come dressed, as there will be no Locker Room facilities.
6. New Jersey Event Limitations will be followed (4 events) 3 running and 1 field; 2 running and 2 field; or 1 running and 3 field or 4 running or 4 field events.
7. Any Athlete that has reached their 17th birthday is not eligible to compete.
8. A team may enter 3 members in each running event and 5 in each field event. (If more are entered, there is a \$5 charge for each additional athlete.)
9. Unlimited entries in the Field Events. (Up to 5 per event, then add \$5 for each additional athlete.)
10. **Prizes** – Medals to the top six athletes in each event in each division. Medals also for the first 6 relay teams in each division.
11. First Place Trophy for each division.
12. **Entry Fee** - \$50 for each Boys Team and \$50 for each Girls Team. (This will give a team unlimited entries of 3 per running event and 5 per field event. If more are entered in any event, \$5 should be added for each additional athlete.) Those teams who are not using the unlimited fee will pay \$4.00 per athlete per event and \$5.00 for the relay team. **To help keep costs down, I will ask for help running the field events. So, please have a coach or athlete who can help out. Make Checks Payable to Doug Flower or Wayne Valley Track.**
13. Entries Close on Tuesday 12th, 2020.
Send entries to: Doug Flower, Meet Director
Wayne Valley High School
551 Valley Road
Wayne, NJ 07470
14. Scoring: 10-8-6-4-2-1
15. Track Meet starts at **4:00PM**.
16. Field Events:
Girls' High Jump – 3'6", then up by 2" Boys' High Jump – 4'8", then up by 2"
Boys' Pole Vault – 7'6" Girls Pole Vault – 6'
Boys & Girls Long Jump and Triple Jump – 3 jumps, No finals. Open pit for 1 hour each.
Shot – Girls first, Boys follow
Discus – Boys first, Girls Follow
Javelin – Girls followed by Boys
17. ¼ inch spikes will be permitted.
18. **In case of bad weather call 973-633-3060 after 1PM.**
19. **You can email any questions you have to dflower@wayneschools.com**

Passaic County Novice Championship
Friday, May 15th, 2020
ORDER OF EVENTS

Starting Time is **4:00 PM**

Boys followed by Girls	100 Meter Dash	Trials/Semi if needed
Boys followed by Girls	400 Intermediate Hurdles	Finals
Boys followed by Girls	100 Meter Dash	Finals
Boys	1600 Meter	Finals
Girls	1600 Meter	Finals
Boys followed by Girls	400 Meter	Finals
Boys	110 High Hurdles	Trial (if necessary)/Finals
Girls	100 High Hurdles	Trials(if necessary)/Finals
Boys followed by Girls	800 Meter	Finals
Boys followed by Girls	200 Meter	Finals on TIME!
Boys	3200 Meter	Finals
Girls	3200 Meter	Finals
Boys followed by Girls	4x400 Relay	Finals

FIELD EVENTS

1. Girls Shot followed by Boys Shot.
2. Boys Discus followed by Girls Discus.
3. Girls Javelin followed by Boys Javelin.
4. Boys and Girls LONG JUMP – Both pits open together for 2 hours. 3 Jumps, No finals.
5. Boys and Girls TRIPLE JUMP – Both pits open together for 2 hours. 3 Jumps, No finals.
After the pit has opened, run-throughs will only be allowed if there is no one jumping
6. Girls Pole Vault followed by Boys Pole Vault.
7. Girls High Jump followed by Boys High Jump.

Depending on Entries, Order of Events may be changed regarding the 100 and 200 Meter Dash.

¼ INCH SPIKES ARE ALLOWED ON TRACK AND RUNWAYS.

In case of bad weather call 973-633-3060 after 1:00 PM or email me at dflower@wayneschools.com .

Passaic County Novice Track Meet Entry Form

School _____

Boy _____

Girl _____

Coach _____ email _____

Home Phone # _____ School Phone # _____

Events **Number Entered**

100 _____

200 _____

400 _____

800 _____

1600 _____

3200 _____

Int. Hurdles _____

High Hurdles _____

3 per event or add \$5 additional charge

Events **Number Entered**

H.Jump _____

Long Jump _____

Pole Vault _____

Shot Put _____

Discus _____

Javelin _____

Triple Jump _____

5/event or add \$5 additional charge

Unlimited Entry \$50 _____ + \$5 x Number of Extra Entries _____ = \$ _____
Total Fee

OR

\$2 Per Entry and \$4 a Relay + \$5 x Number of Extra Entries _____ = \$ _____
Total Fee

Make checks payable to Doug Flower or Wayne Valley Track

Entries **MUST BE IN MY HANDS ON Tuesday, MAY 12TH**

Email me with any questions at dflower@wayneschools.com

***** In case of bad weather call 973-633-3060 after 1:00 PM *****