

# Korean Chiropractor Irvine

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Our Irvine chiropractors at Zen Care Physical Medicine in Irvine, California are dedicated to promoting improved health and enhancing our patients' well-being.

Patients from Irvine, California visit us for a variety of conditions, including back pain treatment, neck pain relief, headache relief, stress release, injuries, whiplash from car accidents, and more.

**our amazing team  
@zencare!**



Several evidence-based chiropractic methods, including spinal manipulations, massage therapy, and specialized home care regimens, are used to aid patients.

We are able to assist our patients in maximizing their health and well-being by maintaining the spine's alignment and ensuring sure the nerves that pass from the spine to the rest of the body are not impeded in any manner.

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## We Can Help

Zen Care Physical Medicine offers gentle, safe, and efficient chiropractic care for the entire family. Since 2000, we have offered cutting-edge pain relief options, and we are confident that you will value our warm, friendly, and professional approach to assisting you in feeling your absolute best.

We never lose sight of the underlying reason you came to Zen Care Physical Medicine in the first place—so you could get back outside and take care of the things you needed and wanted to do.



## Welcome To Zen Care Physical Medicine

The top chiropractors at Zen Care Physical Medicine in Irvine are committed to working with you to reach your wellness goals by combining their experience and knowledge across the full scope of chiropractic wellness. Our objective is to give you a thorough, personalized approach to getting rid of your chronic pain and suffering. By educating and putting into practice the real principles of chiropractic wellness care, Zen Care Physical Medicine is dedicated to giving you improved health and a better way of life.

### Our Mission

Dr. Jay Kang and the Zen Care Physical Medicine team's goal is to treat patients of all ages using practical, effective methods. Your needs will be addressed specifically during

treatment, and if your expectations are not reached, you will receive the proper referrals to additional healthcare professionals.

Our goal is to lead the way in patient care in our neighborhood by offering chiropractic, cold laser therapy, spinal decompression therapy, and Auto Accident chiropractors that are of the highest caliber, reliable, timely, and technologically sophisticated.

## What Makes Us Unique

Our patient-centered, evidence-based, and tailored treatment approach sets us apart from most chiropractic offices. Our office maintains current on new findings and disseminates the fastest-acting recovery methods. We take great satisfaction in offering top-notch care at a reasonable cost.

For the neck, back, and knees, our Irvine chiropractic and wellness facility provides non-invasive Decompression therapy. The primary success at Zen Care Physical Medicine has been avoiding surgery for more than 22 years. Instead of choosing surgery as the first course of treatment for low joint Pain Relief discs, scoliosis, and sciatica pain, multiple therapies are available in one location. In our private patient adjustment rooms, we spend time treating the patient's primary source of pain. We offer a thorough diagnosis by doing a full musculoskeletal, orthopedic, and neurological examination, as well as, if necessary, on-site digital x-rays.

Since starting his practice in Irvine 22 years ago, Dr. Jay Kang has been assisting patients in living pain-free lives without the need for medicine or surgery. Dr. Kang is a graduate of the Southern California University of Health Sciences and is licensed to practice chiropractic medicine.

Some of Dr. Kang's most notable patients include Major League Baseball (MLB) championship players, UFC fighters, Olympic competitors, and medalists, as well as collegiate-level NCAA athletes from the local area and around the nation. Naturally, Dr. Kang takes great satisfaction in giving back to his community and making sure that every patient who trusts Zen Care is happy with the quality of their treatment and care.

Dr. Kang is one of Orange County's most renowned, admired, and successful medical professionals thanks to his extensive educational background, love of people, faith, and family. Despite his successes, Dr. Kang still gets enormous joy from helping people and promoting fitness. Because of this, he frequently works as a missionary in Mexico and provides his time and services to World Vision. Last but not least, Dr. Kang frequently

lends a helping hand and educates the public on a range of health questions, concerns, and wellness advice by volunteering at various community wellness events, high school rotational programs, and health fairs.

Dr. Kang enjoys spending time with his cherished wife, son, and daughter, as well as attending Eun-Sung Presbyterian Church on a regular basis when he is not assisting others.

Chiropractic treatments at Zen Care Physical Medicine with Dr. Jay Kang are guaranteed to be of the highest caliber thanks to the use of cutting-edge tools and technology. The staff and Dr. Jay Kang genuinely care about your health!



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