

# Lyme Regis Sailing Club Ltd – Policy for Use of Changing Rooms and Toilets.

## Introduction

This policy has been produced in response to the club's desire to ensure the safe use of changing rooms and toilet areas by adults, children and young adults, and is based on the latest guidance from the RYA.

## Normal Use of Changing Rooms and Toilets

- Members should try to ensure that they are not the only adult present while there are children or young people (not in their care) in the changing room. This is to both protect our younger members and to avoid any possibility of accusations of improper conduct.
- If there are children or young people changing, be aware and do not leave a sole adult with children or young people not in their care.
- Children under 8 must be accompanied by a parent whilst using changing rooms.
- Children over the age of 8 should use the changing facilities that are designated for their own gender or sex.
- The disabled facilities are available for anyone requiring privacy while changing.
- Mobile phones with photographic capability or cameras must not be used while others are changing.
- Parents are encouraged to hold their children's mobile phones for safekeeping while they are changing or going afloat.
- If anyone is suspected of taking images of children or adults in a state of undress, the Welfare Officer, or Officer in Charge (Senior instructor or Race Officer) should be informed immediately. In these circumstances the police will need to be informed.
- Everyone should be aware that if they have any safeguarding concerns about the behaviour of any other person, they should report these to the Welfare Officer (see below for contact details).

- Parents should avoid sending unaccompanied children into the changing rooms to change while members are changing/showering for going afloat or after coming ashore.
- If it is essential, in an emergency, for a male to enter a female changing area or vice versa, it is advised that they are accompanied by another adult of the opposite sex.

### Additional Requirements for youth events, or any events involving large numbers of under 18s (eg, Sea School events)

- Adult volunteers or Instructors of the same sex as the youths will be available in a supervisory role, when children and young people are changing.
- In the open communal male shower area, youths, adult instructors or helpers are required to wear their swimming trunks whilst showering.
- During the busy changing periods (times to notified on the doors - blank signage below), adult members are requested to avoid using the changing rooms if unsupervised youths are present. The disabled facilities are available and you should approach an instructor or other adult volunteer to accompany you into the communal changing rooms to collect any gear.
- Everyone should be aware that if they have any safeguarding concerns about the behaviour of any person at any youth events, they should report these to the officer in charge, Welfare Officer, or any committee member.

Club Welfare Officer contact details:

Katie Cooper

Tel: 07793 195430

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# Important – Please Read!

## Lyme Regis Sailing Club Ltd

### Changing Rooms Policy Excerpt:

### Youth Changing - Busy Times Today

Between ----- AM and -----AM

And

Between -----PM and -----PM

During these times, Youth members will be given priority. Adult members are requested not to use the changing rooms if unsupervised youths are present. The disabled facilities are available, and you should approach an instructor or other adult volunteer to accompany you into the communal changing rooms to collect any gear.