Making empathy central to constant public discourse.

Our Human Rights Empathy Education Obligation

"Every individual and every organ of society, keeping this **Declaration**¹ constantly in mind, shall strive by teaching and education to promote respect for these rights and freedoms and **by progressive measures**, national and international, to secure their universal and effective recognition and observance, both among the peoples of Member States themselves and among the peoples of territories under their jurisdiction." - Preamble of the Universal Declaration of Human Rights



Consider promoting CARE Education Model Legislation ²

Empathy Surplus Network USA³ Zoom Forum Enrollment Has 5 Steps - \$10/mo

The enrollment process to our Zoom Forums has five steps: (1) Create a \$10/mo recurring membership donation,⁴ (2) look for Empathy Surplus Google Workspace Gmail login information sent to your email (check your spam), which will look like first@empathysurplus.com, (3) once logged into your Empathy Surplus gmail find the Empathy Surplus Directory in the contacts and send everyone your bio, and request their bio in return, (4) Subscribe for free at our Empathy Surplus Substack,⁵ (5) create a writer's dashboard on your new Substack.

The Empathy Surplus Network USA human rights education collective⁶ is a community of practice that convenes⁷ on Mondays at 6:45 p.m. and adjourns at 8:00 p.m.⁸ It is open to all people, regardless of political party affiliation, who [a] confirm the "progressive measures" found in UDHR Preamble above and Articles 1, 2, 29, and 30, and [b] will use the 3:12 and 2-to-1 framing commitment found in the **Pro-Empathy Freedom Framing Toolkit** ⁹ to make empathy central to constant public discourse on any particular human rights issue.

¹ United Nations, Universal Declaration of Human Rights (UDHR), https://proempathy.us/76udhr2p

² https://proempathy.us/careedml

³ 501c3 non-partisan, membership-driven human rights empathy education collective of state legislators, their aides, and their constituents focused on making empathy central to constant public discourse.

⁴ https://proempathy.us/esmember

⁵ https://empathysurplus.substack.com

⁶ Empathy Surplus Network USA Governing Documents - https://proempathy.us/ebylaws

⁷ Forum members decide the schedule. If the schedule doesn't fit, but you want to participate, go ahead and enroll at the \$10/mo level, and we'll do all we can to find a way to accommodate your schedule.

⁸ Forum members may petition for another forum time.

⁹ Find the Pro-Empathy Freedom Framing Toolkit at https://proempathy.us/freedomkit.

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Best Practices at Zoom Forums:

Be prepared with a 300-350 word weekly testimony¹⁰ (optional and encouraged) created in their @empathysurplus.com workspace using the Pro-Empathy Freedom Framing Toolkit at https://proempathy.us/freedom. For a longer framing guide incorporating many of Dr. Lakoff's books, download Lakoff's Words to Use to Frame Our Solution at https://proempathy.us/glakoff. The following schedule identifies cognitive science and linguistic applications for discussion and uses on that date.

2024 - 1st Forum will discuss Lakoff and Wehling's <u>Your Brain's Politics: How</u> the Science of Mind Explains the Political Divide and David Fenton's <u>The</u> Activists' Media Handbook

January 2024

- 8th Lakoff and Wehling, p. 1-16, 1.1-1.5
- 22nd Lakoff and Wehling, p. 16-29, 1.6-2.1
- 29th Fenton, p. 8-9, 20-23, 26-87

February 2024

- 5th Lakoff and Wehling, p. 29-45, 2.2-3.3
- 12th Lakoff and Wehling, p. 45-67, 3.4-4.1
- 26th Fenton, p. 8-9, 20-23, 88-135

March 2024

- 4th Lakoff and Wehling, p. 68-76, 4.2-5.4
- 11th Lakoff and Wehling, p. 77-90, 6.1-6.7
- 18th Fenton, p. 8-9, 20-23, 136-179

April 2024

- 15th Lakoff and Wehling, p. 91-102, 7.1-7.6
- 22nd Lakoff and Wehling, p. 103-123, 8.-9.2
- 29th Fenton, p. 8-9, 20-23, 180-239

¹⁰ Forum members will have access to all of the testimonies of the founder.

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2024 - 2nd Forum will discuss Lakoff's <u>The Political Mind: A Cognitive</u> <u>Scientist's Guide to Your Brain and Its Politics</u> and Barbara Walter's <u>How Civil</u> <u>Wars Start and How to Stop Them</u>

May 2024 - Part I of The Political Mind

- 6th Lakoff, p. 1-74
- 13th Lakoff, p. 75-110
- 20th Walter, p. 161-226 Consider watching the movie Civil War before reading this book.

June 2024 - Part II of The Political Mind

- 3rd Lakoff, p. 111-158
- 10th Lakoff, p. 159-190
- 24th Walter, p. 194-209

July 2024 - Part III of The Political Mind

- 1st Lakoff, p. 191-222
- 8th Lakoff, p. 223-272
- 22nd Walter, p. 209-226

Optional Participation with Rotary Fellow - <u>Your Brain's Politics: How the Science of Mind Explains the Political Divide</u>

- Jul 29 Chapters 1-3
 - Normal Thought: Reasoning in Metaphors
 - How to Parent a Nation: The Role of Idealized Family Models for Politics
 - Moral Politics Theory: The Strict Father and Nurturant Parent Models
- Aug 5 Chapters 4-6
 - Morality, Times Two: How we Acquire and Navigate Two Moral Systems
 - Deciding Politics: Why People Vote Values
 - Political Framing: Value Laden Words
- Aug 12 Chapters 7-9
 - "God Bless America:" Religion, Metaphor, and Politics
 - Words with No (Single) Meaning: Communication and Contested Concepts
 - "Once Upon a Time:" The Fairytale of Objective Journalism

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August Recess

2024 - 3rd Forum will discuss Lakoff and Wehling's <u>The Little Blue Book: The Essential Guide to Thinking and Talking Democratic</u> and Simon Baron-Cohen's <u>The Science of Evil: On Empathy and the Origins of Cruelty</u>

September 2024

- 9th Lakoff, p. 1-58
- 23rd Lakoff, p. 59-108
- 30th Lakoff, p. 109-131

October Recess

November 2024

- 11th Baron-Cohen, p. lx-146
- 25th Baron-Cohen, p. 147-200

December Recess