

2022 JUAB Ice Breaker - SCHEDULE OF EVENTS (3/15)

Coaches Meeting:

3:00 PM COACHES MEETING AT THE FINISH LINE:

Order of Running Events:

First Running event starts at 3:30 PM sharp.

****All Running events will go Girls followed by Boys.****

- 100 Meter Hurdles / 110 Meter Hurdles
- 100 Meters
- 1600 Meters
- 4 X 100 Meter Relay
- 400 Meters
- 300 Meter Hurdles
- 800 Meters
- 200 Meters
- 4 X 400 Meter Relay

Order of Field Events:

Field Events will begin promptly at 3:30 PM.

****Throwers and Jumpers will be allowed four attempts.****

- Discus (Boys followed by Girls)
- High Jump (Boys followed by Girls)
- Javelin (Girls followed by Boys)
- Long Jump (Girls followed by Boys) (May not be contested)
- Shot Put (Girls followed by Boys)