

# AGOGE NEW IDENTITY TEMPLATE

The Ideal Version of Yourself 3-6 Months From Now

## My Power Phrases (2-3)

- I am Intelligent, Energized, and Focused
  - If I give my 100% at something, I will be excellent at that thing
  - I am enthusiastic and present in everything I do
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## My Core Values (2-3)

- Relentless
  - Perspicacious
  - Indefatigable
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## My Daily Non-Negotiables (2-3)

- Outreach
- Breathing exercises
- Train

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## My Goals Achieved

- Landing 2 Clients:

I open up my stripe account and see the first payment from my second client come through. Proudly smiling, I take a second to soak it in. All of the hard work of waking up before the sun, rushing home from work to get back to honing in on my skills has paid off. I sit there for 2 minutes and enjoy the win, but then blink my eyes and get back to work, confident that I can help any business I talk to, and excited to get those results for my clients.

- Becoming Experienced:

I check the google analytics for my client and see I have increased traffic to their site by 500%. I check my phone and see a message from them, so happy with the work I did for them, and how much it helped their family and the people that work for them. They eventually call me and we start up a conversation with him thanking me for everything I've done. I politely accept the praise and then tell him about the next project I was thinking about that will get him even better results.

- Generating \$15K in monthly profit:

For the past few months I have been getting 5-10K in profit, things have been going well. Then this month, one of my clients, who I have a revenue sharing deal with, had their best month yet, and I generated 10K from that one client alone, making my entire monthly profit of 15K. I smile, take a look at my savings, and then begin writing my two week notice. Even though I love my job, being able to work on marketing full time is something I need to do in order to take on the next step into growing a business.

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## My Rewards Earned

- Moved into my new place in Charleston, South Carolina. My place is about a .75 miles from the beach so every morning I jog to the beach, do my breathing exercises, then jog back to my house. I take a cold shower, make my coffee, then get to work.



- It's Christmas time and I am at my parents house for the holidays. The day before Christmas I go into their room and hand them a check for \$30,000, more than enough to pay their mortgage for the entire year. I tell them to use the money to take a well earned vacation and use the rest of the month for their house payments. They don't let me give it to them at first, but then after many attempts, they take the money and I am filled with gratitude.
- I wake up and plunge into my cold plunge. I do this every morning so there is no inflammation in my body, and I start each day with a hit of extreme energy. Then at night, as I am getting ready for bed, I step into my personal sauna, this allows me to release all the toxins in my body and have perfect sleep every night.

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## My Appearance And How Others Perceive Him

- I wear clothes that fit perfectly and showcase the muscles I worked so hard to achieve. Every piece of clothing I wear goes with one another to give an overall appearance of

professionalism and elegance. Nothing I wear is overly flashy or trying to gain attention, just overall class that exudes confidence.

- My hair and beard are perfectly groomed. My face is clear of any blemishes and there are no bags under my eyes. From the first look you can tell I am healthy from the inside out. My entire body is tan and as I walk you can tell I have extreme confidence in myself.
- My eye contact and social awareness are impeccable. I carry myself in a way that says I am not here to fight, but if it comes down to it, I will destroy you. In every conversation I talk with my hands and my entire body language to deliver crystal clear messages. I listen to people intently and people listen to me intently because they know I do not just speak for the sake of hearing myself talk, but instead when I speak I have something meaningful to say.

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## My Day In The Life Stories.

- I wake up early from a refreshed night's sleep. It is extremely easy for me to get out of bed because I am so excited to conquer the day. My mind and body both feel completely refreshed and I take a cold shower within minutes of being awake. After my shower I am completely awake and ready to take on the day.
- I sit down at my desk, excited to start the day's work. I look at my schedule and smile in excitement for all that I am going to accomplish that day. I begin my first task without hesitation, and focus intently on that task until completion.
- After a productive morning I break my fast with a delicious and healthy lunch. I eat only fresh meat and veggies for this meal to keep my mind sharp to get more work done. Then I go back for around an hour or two then hit the gym with one of my friends. We work on our fitness plan and both motivate each other to have a solid gym session every day. After the gym I eat another meal, complete some more tasks, then make a plan for the next day.
- I finish working around dinner time, where my beautiful girlfriend and I make a delicious healthy dinner. After dinner I spend some time with her and unwind and reflect on the day. We have s\*x then read together before going to bed in our awesome king size 8 sleep mattress.









