

## **HOSPITAL BAGS CHECKLIST**

### **A. Baby's Bag**

| Items                                                                       | Qty        | Status/Remark |
|-----------------------------------------------------------------------------|------------|---------------|
| 1. <b>Tops –front cover</b>                                                 | <b>1-2</b> |               |
| 2. <b>Pants</b>                                                             | <b>1-2</b> |               |
| 3. <b>Swaddle</b>                                                           | <b>2</b>   |               |
| 4. <b>Binder (Barut)</b>                                                    | <b>2-3</b> |               |
| 5. <b>Mittens &amp; Booties</b>                                             | <b>2-3</b> |               |
| 6. <b>Hat</b>                                                               | <b>1</b>   |               |
| 7. <b>Blanket</b>                                                           | <b>1</b>   |               |
| 8. <b>Towel</b>                                                             | <b>1</b>   |               |
| 9. <b>Toiletries</b><br><b>-Wipes/ Baby oil/Body wash</b><br><b>/Lotion</b> |            |               |
| 10. <b>Diapers /nappies</b>                                                 | <b>10?</b> |               |
| 11. <b>Plastic bag</b>                                                      | <b>3</b>   |               |
|                                                                             |            |               |

### **B. Momma's Bag**

| Items                                                                                                           | Qty           | Status/Remark                                   |
|-----------------------------------------------------------------------------------------------------------------|---------------|-------------------------------------------------|
| 1. <b>Parents's IC &amp; Sijil Nikah</b>                                                                        | <b>3</b>      |                                                 |
| 2. <b>Hosp card</b>                                                                                             | <b>1</b>      |                                                 |
| 3. <b>Front-fastened blouse</b>                                                                                 | <b>1</b>      | <b>Utk balik rumah.</b>                         |
| 4. <b>Kain Batik/ ? skirts</b>                                                                                  | <b>1</b>      |                                                 |
| 5. <b>Kaftan</b>                                                                                                | <b>1</b>      | <b>Xde pon takpe</b>                            |
| 6. <b>Sweater</b>                                                                                               | <b>1</b>      |                                                 |
| 7. <b>Disposable briefs</b>                                                                                     | <b>6</b>      |                                                 |
| 8. <b>Nursing Bra</b>                                                                                           | <b>2</b>      |                                                 |
| 9. <b>Socks</b>                                                                                                 | <b>2</b>      |                                                 |
| 10. <b>Towel &amp; face towel</b>                                                                               | <b>2</b>      |                                                 |
| 11. <b>Blanket/ Shawl</b>                                                                                       | <b>1</b>      | <b>Xde pon xpe coz it provided in most hosp</b> |
| 12. <b>Breastpad</b>                                                                                            | <b>3pairs</b> | <b>Depends on how long u gonna stay</b>         |
| 13. <b>Maternity pad</b>                                                                                        | <b>1 pack</b> |                                                 |
| 14. <b>Slipper</b>                                                                                              | <b>1 pair</b> |                                                 |
| 15. <b>Toiletries</b><br><b>-toothbrush/paste,shower foam,</b><br><b>lotion, lip balm, comb &amp; hair band</b> |               |                                                 |
| 16. <b>Kurma/ madu (for Tahnik)</b>                                                                             |               |                                                 |
| 17. <b>Air zamzam</b>                                                                                           |               |                                                 |
| 18. <b>Handphone &amp; charger</b>                                                                              |               |                                                 |
| 19. <b>Camera + SD card</b>                                                                                     |               |                                                 |
| 20. <b>Al-Quran / Magazines</b>                                                                                 |               |                                                 |
| 21. <b>Foods &amp; drinks</b>                                                                                   |               |                                                 |
| 22. <b>Ipad</b>                                                                                                 |               | <b>In case u have long unpainful labour</b>     |

