1.

Subject: Every husband and boyfriend should read this!

Have you been cheated before?

If not, there's a first time for everything

You are wondering why she isn't responding immediately to your calls when she's out with the "GIRLS"?

Probably she had a drink at the bar, maybe it was free too Or maybe she's on the dance floor, having a GREAT TIME

And then, after 30 minutes of waiting... A casually response:

It was on silent baby

You don't need to worry about those things anymore as long as we have you back.

Your women, your choice!

2.

Subject: I hate my job!

I would love to be my own boss, doing my own schedule, and most importantly MORE MONEY!

My work isn't appreciated, I've been working more than i should and the prize that i get is more work.

More work means more stress and less energy, I don't know how much i can keep holding this, and I'm not the only one, my colleague Micahel has lost his wife to a miserable manager and you can see that depression overcomes him.

I'm confused...

Will my wife will do the same if I don't have enough time for her and the kids? Will I be able to retire in a good manner way?

Does this job make me any better?

I need rest, isn't friday yet?

I need salvation!

Ask and you shall receive...

3. Subject: Abs exercises won't give you abs

Yes, it is true, and there are many more mistakes that my colleague Alex has done before meeting me.

He was also feeling short, and hated his genetics. Looking in the mirror was the worst way so see reality!

But in a very short period of time my colleague became 5cm taller, lost 10 pounds, with practically meaningless effort besides the hardcore gymbros.

You don't need to look like a bodybuilder, that is hard, but being in shape is achievable.

And when i say achievable i mean It's easy...