



# FRESHMAN SEMINAR LESSONS 2025-2026

**Week of 9/2 - 9/5:** [Freshman Seminar Introduction](#)

**Week of 9/15-9/19:** [High School Success: What does it mean and how can I achieve it?](#) (PowerPoint)  
[High School Success Planning Worksheet \(assignment\)](#)

**Week of 9/29-10/9:** [PSAT Information](#)

**Week of 10/27-10/31:** [Own Your Grades: Navigate PowerSchool, Email, and Time Management](#)  
[Quarter 1 End Review](#)

**Week of 11/10-11/14:**[Report Card Reflection](#) & [Report Card Reflection Google Form](#)

**Week of 11/24-11/26:** [PSAT Score Report and College Board Introduction](#) (English classes)

**November & December:** We will be meeting with students individually through Freshman Seminar.

**Week of 12/22-12/23:** [Letter to Self](#) & [Naviance Post-Secondary Introduction/Exploration](#) (English classes)

**Week of 1/5 - 1/12:** [Midterm Prep](#)

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**Week of 1/26 & 1/27:** [Course Selection Information](#) (English classes)

*\*Lessons will be linked as we present them.*