

Gear Requirement Guide

	Heavy Weapons • Longsword • Staff/Polearm • Sidesword/Arming Sword/Messer	Light Weapons • Rapier & Secondaries
Speed 1	Mandatory: • Fencing mask • Gorget	Mandatory: • Fencing mask • Gorget
Speed 2	Mandatory: • Fencing mask • Gorget Recommended for sparring: • Groin protection	Mandatory: • Fencing mask • Gorget Recommended for sparring: • Groin protection
Speed 3	Mandatory: • Fencing mask • Gorget • Padded gloves Recommended for sparring: • Groin protection • Rigid elbow & forearm guards • Chest protection	Mandatory: • Fencing mask • Gorget • Light gloves Recommended for sparring: • Groin protection • Chest protection
Speed 4 & Speed 5 (Full Speed)	Mandatory: • Fencing mask • Back of head protection • Gorget • Rigid gloves • Rigid elbow & forearm guards • Rigid knee & shin guards • Groin protection for men • Chest protection • Heavy fencing jacket Recommended for all activity: • Groin protection for women	Mandatory: • Fencing mask • Gorget • Light gloves • Groin protection for men • Rigid elbow protection • Rigid knee protection • Light Fencing Jacket Recommended for all activity: • Chest protection • Groin protection for women

Protective Gear

If you have any questions about gear that is not pictured below, please consult an instructor before purchasing.

Gear	Definition	Example
Fencing Mask	Any standard 3-weapons fencing mask is appropriate. These are available in the Duello store.	
Gorget	Rigid throat protection that protects the front sides and back of the throat and neck. You should be able to fit one to two fingers between the throat and rim, no more no less. Acceptable materials: - Hardened leather - Synthetic / Plastic - Steel Synthetic gorgets are available in the duello store.	  
Light Gloves	Any pair of simple light gloves. - Leather - Synthetic / Nylon - Work gloves A selection of gloves is available in the Duello store.	

Padded Gloves	Thickly padded gloves (may include rigid knuckle plates). - Heavy fencing gloves - Motocross gloves Padded gloves are available in the Duello store.	
Rigid Gloves	Gloves that provide rigid protection for the back of the hand, fingers, and thumbs. These should be able to protect against significant impact force. Select heavy gloves are available in the Duello store. - Red Dragon heavy gloves - Lacrosse / Hockey gloves - Sparring Gloves - Pro Gauntlets - SPES Lobster Gloves - Steel Gauntlets	
Back of Head Protection	Back of head protection encompasses any rigid protection that covers the backside of the skull, neck, and upper vertebrae. This can include mask overlays that fit overtop of your fencing mask, hardened leather covers, or full steel helmets that are made of at least 16 gauge steel. Mask overlays are sold in the Duello store.	
Chest Protection	Any kind of rigid chest protection that protects the ribs, sternum, and chest. Protectors specifically designed for HEMA are preferred, but modern sport padding can substitute, provided that it is sufficiently rigid. - Synthetic/Plastic - Hardened leather	

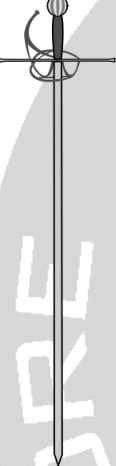
	- Steel	
Rigid Elbow and Forearm Guards	Any kind of rigid elbow pad with forearm protection. Guards specifically designed for swordplay are best and can be purchased in the Duello store, but lacrosse or hockey pads are a suitable substitute. Must be able to withstand significant impact force. - Red Dragon Elbow and Forearm Guards - Hockey / Lacrosse arm guards	
Rigid Knee and Shin Guards	Any kind of rigid knee and shin pad protection. Guards specifically designed for swordplay are best, and can be purchased from the duello store. Hockey leg pads are a suitable substitute. Must be able to withstand substantial impact force. - Red Dragon guards - Hockey/Baseball catcher shin guards	
Groin Protection	Any kind of rigid athletic groin protector.	

Light Fencing Jacket	Any jacket designed for fencing made of puncture resistant material that is rated to withstand 350 newtons of force. Red Dragon light jackets can be purchased in the duello store. - Red Dragon Light Jacket - SPES Officer Jacket - Rapier Jackets	
Heavy Fencing Jacket	Any jacket designed for fencing made of puncture resistant material that is rated to withstand 350 newtons of force. Heavy jackets usually have thicker padding, reinforced neck/upper chest areas, and are designed for longsword fencing. Red Dragon heavy jackets can be purchased at the Duello store. - Red Dragon Heavy Jacket - SPES AP Jacket	

Training Weapons & Manufacturers

All new training swords **must** be checked out and **approved** by an instructor before use in class or sparring. If the sword you are wanting to purchase is not on this list, please consult an instructor for guidance.

Weapon Type	Manufacturers	Recommendations
Longsword Two handed training sword with a traditional sword shaped blade that is dulled and blunted. These types of blades are often used for class drill and slow speed sparring training. 	• Regenyei Armoury - Europe • Castille Armoury - United States • Albion Swords - United States • Purpleheart Armoury - United States • Black Fencer Armoury - Europe • Kvetun Armoury - Europe • SoCal Swords - United States (Reseller) • CAS Iberia - United States	• Practical Hand and a Half Sword (Cas Iberia) • Various Designs and Custom Work (Regenyei) • Albion Liechtenauer (Albion) • Techniques Longsword (Purpleheart) • Standard Steel Longsword (Black Fencer)
Federschwert Two handed training sword based on a historical german training sword with a long thin blade and a rolled or spatulated tip and a schilt near the crossbar designed primarily for longsword sparring training.	• Regenyei Armoury - Europe • Albion Swords - United States • Purpleheart Armoury - United States • Black Fencer Armoury - Europe • Kvetun Armoury - Europe • SoCal Swords - United States • CAS Iberia - United States	• Standard Feder, Custom Feder (Regenyei) • Albion Meyer (Albion) • Tournament Feder (Purpleheart) • Steel Federschwert (Black Fencer) • Training Feder (Kvetun) • Kingston Arms Feder (CAS Iberia)

		
Rapier & Dagger One handed training sword with a complex hilt, long blade, and companion secondary dagger. Designed primarily for thrusting. 	• Darkwood Armoury - United States • Castille Armoury - United States • Regenyei Armoury - Europe • Black Fencer Armoury - Europe • Kvetun Armoury - Europe • Purpleheart Armoury - United States • CAS Iberia - United States	• Swept Hilt Rapier & Dagger (Darkwood) • Economy Rapier & Dagger Set (Castille) • Standard Rapier & Dagger (Regenyei) • Nobilis Rapier & Parrying Dagger (Black Fencer) • Rapier & Dagger (Kvetun) • 37" Practical Rapier (CAS Iberia)
Sidesword & Buckler One handed training sword with a semi-complex hilt designed with a blade designed for cutting and thrusting. Often combined with a small shield called a buckler.	• Regenyei Armoury - Europe • Darkwood Armoury - United States • Albion Swords - United States • Purpleheart Armoury - United States • Black Fencer Armoury - Europe • Kvetun Armoury - Europe	• Bolognese Sidesword (Regenyei) • Practice Sidesword (Darkwood) • Albion Marozzo (Albion) • Sidesword Right Handed, Left Handed (Purpleheart) • Velox Sidesword (Black Fencer) • Sidesword (Kvetun) • Fencing Sidesword (CAS Iberia)

	• Castille Armoury - United States • CAS Iberia - United States	• Bucklers (Cas Iberia) ○ Plain ○ Fluted ○ Plated ○ Leather Covered ○ Leather Covered, Scalloped Boss ○ Large Plain ○ Large Fluted Spiral ○ Small Buckler
Nylon Trainers Various types of weapons made of nylon plastic makes these weapons lighter, easier to wield, and cheaper. Great for home/outdoor practice, youth, or to build up strength before moving on to steel.	• Black Fencer Armoury - Europe • SoCal Swords - United States • Purpleheart Armoury - United States • CAS Iberia - United States	• Synthetic Swords (Black Fencer) • Black Fencer North American Reseller - One Handed - Two Handed(SoCal Swords) • Synthetic Trainers (Purpleheart) • Nylon Longsword (Cas Iberia)