Warning: This file conditions you to feel sexual pleasure and arousal every time the metronome dings. Now while this is intended to only have effect within this file and only to metronomes, there is a distinct possibility that for some time after listening ANY ding will arouse you or cause you to feel a distracting amount of pleasure.

This could become a problem... but it's not my problem, and if it does cause these unintended side effects in you I will be terribly sorry but also unhelpful and amused.

```
(metronome in background)
(four parter, "you will", "you are" "you have" - "I")
tick, tick, ding
Tick tick ding.... *layer this in background
```

It's going to feel so good

You will be conditioned to feel pleasure with every ding Jolting into your body, jolting into your mind Sending you deeper into submission Deeper under my power It will draw you in It's irresistible The pleasure only sinks you deeper The deeper you go, the more pleasure you will feel You want to go deeper

Tick tick ding Tick tick ding

Good pet, you want to be a good pet Good good pet

Experience the pleasure....

Deep wonderful sexual pleasure

Ahhhh

tick , tick, ding Tick tick ding....

Mmmmmm (moaning layers)

You are being conditioned to feel pleasure with every ding Jolting into your body, jolting into your mind You are going deeper into submission Deeper under my power It's drawing you in It's irresistible

The pleasure only sinks you deeper

The deeper you go, the more pleasure you feel You want to go deeper (echoes of deeper...) (feel more pleasure whispered)

Tick tick ding Tick tick ding

Good pet, you want to be a good pet Good good pet

It's a jolt.... Jolt jolt jolt....
A sexual assault on your senses
Pleasure
Pure, pure pleasure...
Experience the pleasure....
Deep wonderful sexual pleasure

Ahhhh

tick , tick, ding Tick tick ding....

Mmmmmm (moaning layers)

You are conditioned to feel pleasure with every ding
It jolts into your body, it jolts into your mind
Dinging you deeper into submission
Deeper under my power
It feels so good to be drawn in, drown down, drawn deeper...
My metronome is irresistible
Pleasure sinking you deeper
The more pleasure you feel, the deeper you go...
Going deeper... (echoes of deeper.. deeper..)
(feel more pleasure whispered)

Tick tick ding Tick tick ding

Good pet, you want to be a good pet Good good pet

It's a jolt.... Jolt jolt jolt....

A sexual assault on your senses

Pleasure

Pure, pure pleasure...

Experience the pleasure....

Deep wonderful sexual pleasure

Ahhhh

tick , tick, ding
Tick tick ding....

Mmmmmm (moaning layers)

You've been conditioned to feel pleasure with every ding

The jolts spike through your nervous system, the jolts arouse your body to more and more sexual awareness

Feel the pleasure start to build....

Mmmmm

Tick tick ding

Tick tick ding

You are so deeper right now

So submissive to my power

My metronome holds you hostage

Tick tick ding

Tick tick ding

Feels so good....

So deep under my power

It feels so good to be drawn in, drown down, drawn deeper...

My metronome is your Master

Patterning and conditioning your mind

A lash of pleasure with every ding...

A hit of dopamine...

mmmmmm

Pleasure sinking you deeper

The deeper you go, the more pleasure you feel

The more it builds
Builds... Builds... mmmmm

You just want to go deeper...
You just want to fully submit....

Going deeper... (echoes of deeper.. deeper..) (feel more pleasure whispered)
Good pet....
Good pet....

It's a jolt.... Jolt jolt jolt....
A sexual assault on your senses
Pleasure
Pure, pure pleasure...
Experience the pleasure....
Deep wonderful sexual pleasure

Ahhhh

tick , tick, ding
Tick tick ding....

Mmmmmm (moaning layers)

I am conditioned to feel pleasure with every ding
Mmm... ahhhh....
It jolts into my body, it jolts into my mind
Deeper, I go deeper into trance, into submission
Deeper into pleasure
I want more and more pleasure
Dominate me please
Give me structure, give me pleasure
It feels so good to be drawn in, drown down, drawn deeper...
Her metronome is irresistible
Pleasure sinking you deeper
The more pleasure you feel, the deeper you go...
Going deeper... (echoes of deeper.. deeper..)
(feel more pleasure whispered)

Tick tick ding Tick tick ding Good pet, you want to be a good pet Good good pet

It's a jolt.... Jolt jolt jolt....
A sexual assault on your senses
Pleasure
Pure, pure pleasure...
Experience the pleasure....
Deep wonderful sexual pleasure

Ahhhh

tick , tick, ding
Tick tick ding....

Mmmmmm (moaning layers)

"Oh god it feels so good!"

Things to whisper and layer:

Feels so good

Mmmmmm tick tick ding

You are being conditioned to feel pleasure with every ding

Jolting into my body, jolting into my mind....