

True Colors Personality Test

Why Personality Tests?

A personality test highlights an individual's unique traits and how these influence relationships, health, and learning. In the classroom, such tests help students recognize their strengths and how they work best with others. For teachers, the goal is to spark communication, build appreciation among classmates, and guide grouping or teaching strategies that fit student needs.

Benefits for Students

- Increasing productivity
- Getting along better with classmates
- Helping students realize their full potential
- Identifying teaching strategies for students
- Helping students appreciate other personality types

Use these descriptions below to help students understand the different types. The paper assessment is on subsequent pages.

Color Personality Descriptions & Characteristics

Blue (Supporter)

- Enthusiastic...Sympathetic...Personal...Loyal
- Listener...Warm...Communicative...Compassionate
- Idealistic...Spiritual...Sincere
- Peaceful...Flexible...Imaginative

You like to influence others to help their lives...work in the arts, education, or helping professions.

Green (Thinker)

- Analytical...Global...Conceptual
- Cool...Calm...Collected
- Discovery...Inventive...Logical...Problem Solver
- Abstract...Creative...Investigative...Objective

You are an independent thinker...enjoy challenges...find new (better) ways to do things.

Gold (Organizer)

- Loyal...Dependable...Prepared
- Thorough...Sensible...Punctual
- Responsible...Stable...Organized
- Caring...Concerned...Helper

You want to maintain organization...be serious while working...handle details and work hard.

Orange (Engergizer)

- Witty...Charming...Spontaneous...Risk-taking
- Impulsive...Generous...Impactful
- Optimistic...Eager...Bold...Fun
- Physical...Immediate...Courageous

You like independence and freedom...self-made decisions...working with tools.

YOU MIGHT SEE YOURSELF AS...OTHERS MAY SEE YOU AS...

Gold	Green	Blue	Orange
Stable, providing security, goal oriented	Superior intellect, rational, visionary	Warm, romantic, compassionate	Fun-loving, flexible, hands-on
Organized, efficient, dependable	Analytical, precise, original	Idealistic, unselfish, empathetic	Spontaneous, risk-taking, carefree
Gold	Green	Blue	Orange
Rigid, opinionated, controlling	Intellectual snob, aloof	Overly emotional, naive	Irresponsible, manipulative
Bossy, judgmental	Arrogant, eccentric	Too nice, mushy	Uncontrollable, scattered

THINGS THAT FRUSTRATE YOU...

Gold	Green	Blue	Orange
Irresponsibility, lack of planning, laziness	Routine, illogical arguments, incompetence	Lying, rejection, sarcasm	Rules, deadlines, lack of adventure

THINGS THAT YOU DO THAT FRUSTRATE OTHERS...

Gold	Green	Blue	Orange
Control freak, bossy, obsessive	Not sociable, living in future, too independent	Passive, avoiding conflict, sentimental	Ignoring rules, quick-tempered, impulsive

THINGS THAT MAY BOTHER YOU...

Gold	Green	Blue	Orange
Lack of order, Incomplete tasks, irresponsibility of others	Lack of control, ambiguity, social functions	Broken promises, rejection, criticism, others being fake	Too much responsibility, rules, requirements, restrictions

Exploring Your Colors

Below are 11 incomplete sentences that describe people. Each has four possible endings. Give 4 points to the phrase that is most like you, 3 points to the next, 2 points to the next, and 1 point to the least like you.

1) When I make decisions:

- A. _____ I do it quickly and go with the first impressions.
- B. _____ I think about it, consider the options and then decide.
- C. _____ I listen to my feelings and consider how my decisions will affect others.
- D. _____ I take it seriously and always try to make the right decision.

2) The best way for others to show me they care about me is to:

- A. _____ Do fun things with me.
- B. _____ Give me space to be myself.
- C. _____ Spend time with me doing whatever.
- D. _____ Do what I want to do; not let me down or go back on their word.

3) When I'm with my friends, I like to provide:

- A. _____ The excitement; the fun; the jokes.
- B. _____ Questions; answers; a logical way of looking at things.
- C. _____ Concern for others; a lot of caring.
- D. _____ The planning; a sense of security; a good standard.

4) I like to:

- A. _____ Act on a moment's notice; do risky things.
- B. _____ Provide answers or give thought to people's questions.
- C. _____ Help maintain a sense of harmony and togetherness.
- D. _____ Be responsible, dependable, and helpful to others.

5) One thing I am really good at is:

- A. _____ Acting courageously.
- B. _____ Thinking.
- C. _____ Being sensitive.
- D. _____ Organizing.

6) Friends who know me best would say that I am:

- A. _____ Competitive.
- B. _____ Reserved, thoughtful.
- C. _____ Emotional, friendly.
- D. _____ Neat, prepared.

7) My basic approach to life is:

- A. _____ To take one day at a time and have fun.
- B. _____ To figure out what life is all about.
- C. _____ To help others and be happy and succeed.
- D. _____ To plan for the future and make it as good as possible.

8) When I am feeling discouraged or “down in the dumps”:

- A. _____ I often become rude, mad, or sometimes even mean.
- B. _____ I withdraw, don't talk very much, and try to think my way out of the problem.
- C. _____ I feel emotional, am sad, and usually like to talk it over with someone close to me.
- D. _____ I try to figure out what's causing the problem and fix it.

9) I feel good about myself when:

- A. _____ I can do things that are difficult.
- B. _____ I can solve problems or figure things out.
- C. _____ I can help other people.
- D. _____ I am appreciated or rewarded for things I do.

10) Teachers at school who saw me when I wasn't on my best behavior might describe me as:

- A. _____ Rowdy or a little wild.
- B. _____ Arrogant.
- C. _____ Talkative.
- D. _____ Someone who wants things my way; dominant; worrying.

11) Teachers at school (who like me and in whose class I do pretty well) would probably describe me as:

- A. _____ Charming, a natural leader, clever, someone who is fun to have around.
- B. _____ Thoughtful, someone who has good answers, someone who likes to figure out problems.
- C. _____ Nice, friendly, someone who gets along with other students and is helpful to the teacher and others.
- D. _____ Neat, organized, prepared, someone who does assignments and is a good student.

See the next page for the scoring grid.

Find your colors. Go back through your responses and transfer your answers here. Then, add up all the numbers in column A, B, C, and D to give you a total for each column. You could also have the students mark their responses here from the start to save a step.

Question	A	B	C	D
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
Total				
	Orange	Green	Blue	Gold

What is your **highest** color? _____ What is your **second highest** color? _____

These are your colors personality results!