

10 and Under Finale Meet at the Rock Hill Aquatic Center

Date: June 29th, 2024

Location: 325 Rawlinson Road Rock Hill, SC

Parking: Parking in the Main Lot will be for Coaches and Officials ONLY. You will be able to drop off your swimmer at the back of the Aquatic Center. Parking will be available at Old Pointe Elementary School. NO PARKING ON RAWLINSON ROAD, your car will get towed. NO PARKING ON THE SIDE OF THE ROAD THAT SAYS NO PARKING, your car will get towed. Please be prepared to park correctly or your car will be towed.

Seating: There will be bleacher seating available. No standing against the glass wall during the meet. Only volunteers are allowed on the pool deck during the meet.

Heatsheet: There will be no hardcopy heat sheets for spectators. Please make sure you have the swimtopia app on your device.

Warm Ups:

7:25 – 7:50 Dives 7:40	7:25 – 7:50 Dives 7:40	7:50-8:15 Dives 8:05	7:50-8:15 Dives 8:05	7:50-8:15 Dives 8:05	8:15 – 8:40 Dives 8:30	8:15 – 8:40 Dives 8:30	8:15 – 8:40 Dives 8:30
Warm Pool	Comp	Warm pool	1-5	6-10	Warm Pool	1-5	6-10
Rock Hill CC	Baxter	Springfield	Masons Bend	Lake Ridge	Tega Cay	Lancaster	Lake Wylie

Dives: the last 10 minutes of each warm-up will transition to one-way dives in the COMPETITION POOL ONLY.

Start: 8:30 am - Officials Meeting (pump room) and timers meeting (ribbon writing room)
9:00 am - Start

Pool Information:

- 25 Yard, 10 Lanes
- 2 timers and 2 plungers per lane
- warm up pool closed
- swimmers will be able to dive at both ends of the pool

At 6:30 am a Smoothie Truck and a Coffee Truck with pastries

At 10:30 am there will be Romans Food Truck, a BBQ truck, and a Snow Cone Guy

General Pool Rules:

Only swimmers and pool deck volunteers will be allowed on the pool deck.
There will be food vendors and concessions

Entries:

1. Due by 12:00 pm Wednesday June 26th
2. 3 individual events per swimmer
3. Only A and B Relays per team. Make sure you have a time for your relays
4. No NT's will be accepted. You have to have times for all swims including relays
5. Participation in two dual meets (practice meet counts) is required

Scoring:

- Max of 2 scoring positions in all events including relays.
- 1 - 10th place, 11, 9, 8, 7, 6, 5, 4, 3, 2, 1 and relays double

Volunteers: Please send list of volunteers by 5:00 pm Thursday June 22nd to lcprpiranhas@yahoo.com

Please use the By-Laws to verify your team's responsibility.

All teams are responsible for:

1. Set up the pool deck on Friday afternoon at 4:00 pm. Bring money for league Finale shirts
2. Assign Team Locations
3. Clean up after the conclusion of the meet
4. Ribbon writer to be available halfway through the meet and the end of the meet
5. Whatever amount of water you need to bring, you also need to bring a bag of ice to match. Ex: 1 case of water, 1 bag of ice per session

8:30am - Timers meeting in the ribbon writing room

8:30am - Officials Meet in the pump room

There will be a coaches relay at the end of the 10 and under Finale Meet

11 and Up Finale Meet at the Rock Hill Aquatic Center

Date: June 29th, 2024

Location: 325 Rawlinson Road Rock Hill, SC

Parking: Parking in the Main Lot will be for Coaches and Officials ONLY. You will be able to drop off your swimmer at the back of the Aquatic Center. Parking will be available at Old Pointe Elementary School. NO PARKING ON RAWLINSON ROAD, your car will get towed. NO PARKING ON THE SIDE OF THE ROAD THAT SAYS NO PARKING, your car will get towed. Please be prepared to park correctly or your car will be towed.

Seating: There will be bleacher seating available. Only volunteers are allowed on the pool deck during the meet.

Heatsheet: There will be no hardcopy heat sheets for spectators. Please make sure you have the swimtopia app on your device.

Warm Ups: Warm Ups: 11 and Up

12:20 -12:45 Dives 12:35	12:20 -12:45 Dives 12:35	12:20 -12:45 Dives 12:35	12:20 -12:45 Dives 12:35	12:45 – 1:10 Dives 1:00	12:45 – 1:10 Dives 1:00	12:45 – 1:10 Dives 1:00	12:45 – 1:10 Dives 1:00
Warm 1-4	Warm 5-8	Comp 1-5	Comp 6-10	Comp 1-5	Warm 1-5	Warm 5-8	Comp 6-10
Rock Hill CC	Baxter	Springfield	Masons Bend	Lake Ridge	Tega Cay	Lancaster	Lake Wylie

Dives: the last 10 minutes of each warm-up will transition to one-way dives in the COMPETITION POOL ONLY.

Start: 1:00 pm - Officials Meeting (pump room) and timers meeting (ribbon writing room)
1:30 am - Start

Pool Information:

- 25 Yard, 10 Lanes
- 2 timers and 2 plungers per lane
- warm up pool closed
- swimmers will be able to dive at both ends of the pool

Food Trucks:

At 6:30 am a Smoothie Truck and a Coffee Truck with pastries

At 10:30 am there will be Romans Food Truck, a BBQ truck, and a Snow Cone Guy

General Pool Rules:

Only swimmers and pool deck volunteers will be allowed on the pool deck.

There will be food vendors and concessions

Entries:

1. Due by 12:00 pm Wednesday June 26th
2. 3 individual events per swimmer
3. Only A and B Relays per team. Make sure you have a time for your relays
4. No NT's will be accepted. You have to have times for all swims including relays
5. Participation in two dual meets (practice meet counts) is required

Scoring:

- Max of 2 scoring positions in all events including relays.
- 1 - 10th place, 11, 9, 8, 7, 6, 5, 4, 3, 2, 1 and relays double

Volunteers: Please send list of volunteers by 5:00 pm Thursday June 27th to lcprpiranhas@yahoo.com

Please use the By-Laws to verify your team's responsibility.

All teams are responsible for:

6. Set up the pool deck on Friday afternoon at 4:00 pm. Bring money for league Finale shirts
7. Assign Team Locations
8. Clean up after the conclusion of the meet
9. Ribbon writer to be available halfway through the meet and the end of the meet
10. Whatever amount of water you need to bring, you also need to bring a bag of ice to match. Ex: 1 case of water, 1 bag of ice per session

1:00 pm - Timers meeting in the ribbon writing room

1:00 pm - Officials Meet in the pump room

There will be a coaches relay at the end of the 10 and under Finale Meet