

USTA PNW Adult Leagues

ONE-DOUBLES League Rules and Guidelines - Southern Oregon

The One-Doubles League, a unique USTA-PNW offering, provides spirited and engaging match play opportunities for adult participants 18 & Over across the entire NTRP ratings spectrum. Experience the competitive energy of league tennis with the simplicity of a small (two to four) person roster—no large team recruitment required!

We are offering two One-Doubles ONE-WEEKEND leagues in the 2027 Championship year to:

- Offer this league format in two different locations and times of year
- Offer more play opportunities for players under age 40
- Provide an easy intro into league play for new USTA members
- Offer more match play to players actively trying to improve and “move up”

Local league Format: One-Weekend League, meaning all league matches are played over three days - Friday, Saturday and Sunday.

Match Format: One court of same gender doubles (no mixed doubles)

NTRP rating levels: 2.5, 3.0, 3.5, 4.0, 4.5, 5.0

Local League Play-offs: Since Southern Oregon now has two distinct One-Doubles events (one Fall and one Summer OWL), an August play-off will be held for any level featuring two unique champions. In the event a single team triumphs in both leagues, a play-off will not be required.

PNW Sectional Championship: Local winners earn invitations to the Sectional Championships, the gateway to the National Invitational (refer to the advancement section below)

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Team Requirements / NTRP information

- Minimum of two players (you can add players as long as your season has two matches remaining)
- A team match consists of one doubles match.
- This is an “at-level league”; players may play up 0.5 level, but not down.
- Unique to One-Doubles (*examples using a 3.5 NTRP*)
 - There **must** be at least one at-level player on court for each match
 - The team roster must be at last 50% at level. EXAMPLE: A 3.5 roster can consist of 3.5/3.5 - 3.5/3.0 - 3.5/3.5/3.0 - 3.5/3.5/3.0/3.0 - But **NOT** 3.5/3.0/3.0
 - You may only have one player rostered who resides outside the Southern Oregon Area
- Match results will be used in year-end NTRP ratings calculations.
- USTA membership is required.
- Players cannot register for a team until they reach age 18.
- A player must play one match in local league play to be eligible to play at Sectionals. (A retired match or match where your team was defaulted on will count)

Confirming a Team

- Captains must confirm their intent to have a team by completing the *Team Confirmation* form found under the *Current Leagues Section* heading on the [PNW - Southern Oregon Leagues webpage](#). This prompts a team number for player registration.
- Players looking for a team: please use *Player Seeking Team* link in the *Captain & Player Resources* Section on the [PNW - Southern Oregon Leagues webpage](#)

League Description

- See cost per player on the *Team Confirmation* form.
- Southern Oregon One-Doubles is a One-Weekend League (OWL)
- Matches will be scheduled by the League Coordinator

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- Each team will play a minimum of three and a maximum of five matches at an OWL
- Match balls will be provided by USTA
- Matches will be played indoors or outdoors, depending on the time of year and the courts offered by the hosting facility. This will be announced in advance.
- This league advances to a USTA-PNW Sectional Championship

Scoring

- Best of 3 sets, 10 point tie break, regular scoring
- For handy on-court rules, please print out and reference the PNW's:
 - [League Match Rules & Etiquette](#)

Advancement Opportunities

The PNW offers a Sectional Championship for One-Doubles, which will determine which top teams at each level qualify to represent the PNW at the Tri-Level National Invitational. Each Tri-Level team consists of three One Doubles teams competing at different NTRP levels. Tri-Level divisions include:

- 3.0 / 3.5 / 4.0
- 3.5 / 4.0 / 4.5
- 4.0 / 4.5 / 5.0

Invitational Assignments: Section Championships determine which teams at the levels listed above (one 3.0, two 3.5, three 4.0, two 4.5 and one 5.0) will be invited to advance to the Invitational. Those teams will be combined through a public random draw conducted by the Tournament Director immediately after Sectionals. All assignments are final.