

## Adult and Pediatric Allergy Testing in Brooklyn, NY

Sneezing fits that show up the same time every year, or year-round congestion nobody's ever actually pinned down. Dr. Raj Bhayani's run allergy testing for both adults and kids for over 25 years now, board-certified ENT specialist, the kind of ENT allergy associates Brooklyn NY families end up finding after a few too many seasons of guessing. Practice sits out of the New York Institute of Otolaryngology and Aesthetic Surgery, Brooklyn and Rego Park, Queens both.

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### Why Guessing at Allergies Rarely Works

Symptoms overlap way too much to just figure out a trigger by how someone feels. Pollen, dust, pet dander, mold, they all produce roughly the same mess, sneezing, itchy eyes, that congestion that won't quit. People searching Brooklyn ENT and allergy usually land here after months of trial and error with over-the-counter stuff that never quite solves it, mostly because the actual trigger was never identified in the first place.

### Conditions We Treat

Allergy-related complaints show up in more forms than just sneezing during spring. What tends to bring people in:

- Seasonal allergies that hit the same months every year
- Year-round congestion with no obvious seasonal pattern
- Chronic sinus symptoms tied to an unidentified allergy
- Itchy or watery eyes alongside nasal symptoms
- Pediatric allergy symptoms affecting sleep or school
- Skin reactions or hives suspected to be allergy-related

### When It's Time to Actually Get Tested

People put off calling an ENT and allergy specialist near me way longer than makes sense, mostly hoping symptoms will just taper off eventually. Worth getting tested if congestion's stuck around for months, if allergy medication's stopped working the way it used to, or if a child's allergies seem to be affecting sleep or focus at school. None of that improves by waiting another season out. If this sounds familiar, [get tested](#) instead of guessing through another year of it.

### How Testing and Treatment Actually Work

Usually starts with skin testing, a handful of allergen samples applied to the forearm or back to see what actually triggers a reaction. Results show up within twenty minutes or so, no long wait involved. From there, treatment might mean avoidance strategies, medication, or allergy testing for adults leading into immunotherapy if the reaction's significant enough to warrant ongoing treatment rather than just managing symptoms as they come.

### What Sets This Practice Apart

- Experience — over 25 years running allergy testing for both adults and children
- Expertise — board-certified through the American Board of Otolaryngology
- Trust — testing done in-office, results explained the same visit
- Access — full allergy specialist NYC care in both Brooklyn and Rego Park, same standard either location

## Visit Us

New York Institute of Otolaryngology & Aesthetic Surgery

202 Quentin Rd, Brooklyn, NY 11223

Phone: [\(347\) 342-1331](tel:(347)342-1331)

Hours: Monday–Friday, 9 AM–5 PM

[Book Online](#) | [Call Now: \(347\) 342-1331](tel:(347)342-1331)

## Frequently Asked Questions

### How long does allergy testing actually take?

Skin testing usually wraps up within an hour including the wait, since reactions show up within about fifteen to twenty minutes of the samples going on.

### Does allergy testing hurt?

Not really, it's a light scratch or prick, mildly uncomfortable at worst. Most people say it's nothing compared to what they expected going in.

### Can kids get allergy tested too, or just adults?

Yes, pediatric allergy testing is available here, just adjusted a bit depending on the child's age and what's actually being suspected.

### Do I need to stop allergy medication before getting tested?

Usually yes, antihistamines specifically need to be paused for a few days beforehand since they can interfere with how the skin reacts during testing.

A season of guessing at allergy triggers usually just means another season of the same symptoms. Testing tends to be the faster way to actually get past it.

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