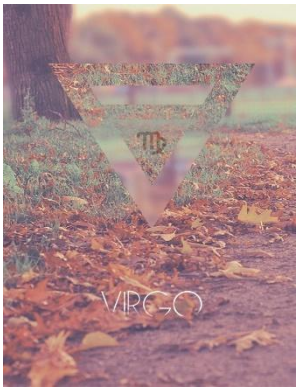
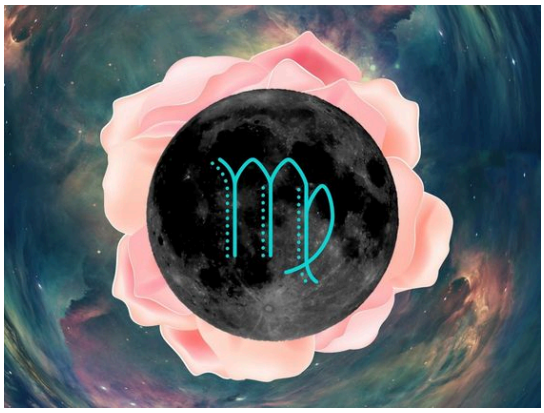
New Moon in Virgo





New moon What is it and why we honor it?

- The new moon is the time to reflect and cleanse your energy. It is a time to set your intentions for what you wish to attract this lunar cycle. Every intention set requires action and energy from your part as well. The new moon energy is there to support you in manifesting what you want. The new moon is a time to allow new ideas and energy to flow with you. It is a time to honor new beginings, and the turning over of a cycle. Think of these intentions as seeds you are planting for this lunar cycle. Use this time to rest, reflect, and plant what you will grow just as your ancestors across many cultures did while there was little light in the night sky for them to use.

<u>New moon in virgo:</u>

What it means and how if affects you:

- Virgo season presents an opportunity to improve your health and habits. Virgo makes the world a better place, one detail at a time. Use this critical, caring, productive energy to focus on refining your practices and general organization. This sign is DEDICATED to service of others, and virgo reminds us that to serve at the highest level we need to take good care of ourselves as well. Virgo is an earth sign which means it's a material principle and attached to all things physical the earthly body, abundance, money time, sexual energy etc. Virgo is an interpersonal sign that helps us share with

another person to improve life and share those earthy improvements with others thru acts of services. Virgo is a mutable sign and adaptive energy. It helps you refine, improve, and adjust. It is an excellent time to take stock fo things that are truly necessary in your life. Throughout this lunar cycle and season ask yourself?

- What are your self care practices
- How do you feel called to assist and serve others
- What habits and routines in your life could be improved
- How does general organization help you succeed and meet your own personal goals
- What health habits do you already have that needs to be refined and what do you need to add

Correspondences:

- Theme: put in the work/ health/ balance between emotion and intellect
- Plants: fennel, mil oat, rosemary, poppy, chrysanthemum
- Element: earth
- Chakra: root/ throat
- Ruling planet: mercurary
- Allies: Capricorn/ Taurus
- Tarot: hermit
- Crystals: opal, lapis lazuli, smokey quarts, moss agate
- Deites: Persephone, demeter, pan, gaia
- Season: autumn/ harvest
- Symbol: maiden/ virgin
- Rituals: clean home, sweep the past out of your home, sharpen details, purification
- Spells: career, improve health, decision making, personal development

Mantras:

- I work proactively towards my goals knowing that everything is working out best case scenario
- I take the time to rest my body so I can gain clarity
- I will not worry about things I can not control
- Everything is always working out in my highest good
- I am in tune with my body

Rituals to do Alone:

- New moon water
- Sweep away past
- Clean and cleanse your home (2nd spring cleaning)
- Salt bath
- Cleanse/ smudge
- Sit in sacred space
- Shadow work
- Create manifestation list

Ceremony/ritual:

- Call in 4 corners/ directions
- Call down the moon

Mother moon I call to you

Tonight your energy is new

Under this new

Give me your power this faithful night

I invoke you into my being and souls

Fill up my vessel and make me whole

I heal and cleanse myself

This new moon my spirit is renewed

Under your silvery light I stand before you in awe and in love

I cherish the gifts sent from above

I welcome growth

I welcome transformation

So mote it be

Amen

Aho

<u>New moon invocation:</u>

I am restored by sacred cosmic vibration. I am divinely protected.I relinquish the weight of that which no longer serves me. My spirit is awake my path is revealed.

I am open to receive.

Tonight I let go of all the which is blocking me to invite abundance into my life.

I welcome transformation. I welcome growth. I welcome abundance.I know what I need and I am ready for it.

Under the darkness of this new moon I allow myself to be reborn and my intention to take root. I believe in my being, my vision and my worth.

I set my focus now on my intentions and honour the nurturing process as I let go and allow the abundant creative energy to provide for me.

I own my magick and it will guide me this lunar cycle.

Spell jar:


HEALTH SPELL JAR
+ green or white wax
rose petals
health sigil
cinnamon
green avenurite
pink salt
bay leaves
rosemary
thyme
lavender
cloves

Mantra for your sign:

