



Athletics Sportsmanship and Team Responsibilities Packet

**Supplemental handbook to d.tech athletics
handbook**

Dragon Athlete Expectations

We are very excited for our season of Design Tech Dragon Athletics. We have been working hard to build teams that can support players who started when they were six years old and players who have never participated before. To do that we have two simple expectations for the team.

1. **Commit to getting better every day:** No matter your level of experience, you will get the most out of the season if you commit to getting better every practice and every game. Each time we do a drill or play a game/meet/match, think of something that you will focus on improving. You are putting in the time, so get the most out of it. We are not going to talk about wins or losses, those will happen on their own based on whether we are improving. So don't commit to being perfect, commit to continuous improvement.
2. **Be a good teammate:** When the season is over, you are going to remember the people you played with more than any specific game, meet or match. It's a long season and **how you behave as a teammate will shape your enjoyment of the game/meet/match.**
 - a. Being a good teammate means the following:
 - i. **Support** your teammates at all times, this means in the classroom and on the field. You will never talk bad about a teammate or complain about a teammate. If you have a concern, you will bring it to the coaches, not to other teammates or friends at school.
 - ii. If you notice a teammate doing something positive, don't keep it to yourself - tell them good job! High five each other in the hallway, help each other study for a test, cheer for each other's success!
3. Bring your **POSITIVE energy** to the games/meets/matches and practices! Show up on time, even early! Your participation extends beyond just being a player. You must at every event:
 - a. Help set up
 - b. Help clean up
 - c. Volunteer to carry equipment

Dragon Athletics: The basics

Where to find info:

www.dtechathletics.com: All of the paperwork: medical releases, driver forms, merch, athletics handbook etc... You and your parents need to complete the following:

- uniform responsibility **(mandatory)**
- medical clearance **(mandatory)**
- code of conduct form at the end of this handbook **(mandatory)**
- [Athletics handbook](#) for additional information, rules, etc. **(MUST read)**
- volunteer driving form **(optional, but encouraged)**

www.maxpreps.com: Schedule of Games, **please visit the master schedule on dtechathletics.com often as times and locations may change.**

Gamechanger: An app you can download to watch the game; you can also watch on your desktop

Equipment

- ★ New: The Athletics Department is requesting a \$160 donation per player, per team, which is due when receiving your uniform. Cash or checks only please (written to Design Tech High School).
 - The money will go to player t-shirts, end-of-season banquets, player awards, player recognition, Senior night, and other player equipment.
 - Note - This is a DONATION and not a requirement to participate on any of the sports teams here at d.tech!
 - If your family is unable to donate, please inform Bobby as the coaches will not be tracking this.
 - ALL participants will receive a shirt, donation or not!
 - Additional team shirts may be purchased while supplies last.



- Dri-fit practice jersey: provided to all players
- Uniform: provided to all players

Uniform donation QR code —>



Dragon Students and Parents

OPERATIONAL SUPPORT EXPECTATIONS

It is essential that families support the team so that the coaches can focus on helping the players be the best that they can be. Families are expected to help in several different ways for the entire season. Here are specific positions we need and a brief overview of the job. More information can be found [here](#) for court sports.

All the roles are for the entire season. Some roles should have multiple sign ups to ensure smooth execution throughout the season:

1. Head of Operations/Team Parent (1 person): It's not as big of a job as it sounds. This person will work with the head coach in keeping Teamsnap and Max preps up to date and ensuring that positions below are filled. We also will need d.tech sport specific team apparel (as decided, individually funded) and support for senior night activities.
2. Student Operations Lead (1 person): Help Head of Operations, coaching staff on ensuring that positions below are filled and anything related to home game needs.
3. Official Scorekeeper/Game Changer (as required by sport) (3-5 people): This person will keep score on the Gamechanger app and officially sync to MaxPrep. This will also allow others who cannot attend the game the ability to follow along. We will be livestreaming the games through this app as well. This role will also support the livestreaming set up.
 - a. If a separate scorekeeper is required through manual bookkeeping: This person will keep the paper book for the game for some sports. When we are the home team, this is the official book. The scorekeeper will need to get the lineup from both coaches and enter it into the book. The team will provide the book, but it would be great if you could bring your own pencil.
4. Scoreboard manager (as required by sport) (3-5 people): This person will update and manage the main scoreboard for all home games. These can be practice players, student operations managers, parents. Signups are for the entire season. Need 3-5 for the season to allow for absences.

5. Shot clock manager (as required by sport) (3-5 people): This person will update and manage the main scoreboard for all home games. These can be practice players, student operations managers, parents. Signups are for the entire season. Need 3-5 for the season to allow for absences.
6. Set up (as required by sport) (3-5 people): Help prep the fields/courts for our home games. The duties will vary based on volunteer support and location of the game. For example, turf fields will need less prep. You should plan on showing up 45 minutes before the start of the game to set up. Need 3-5 for the season to allow for absences.
7. Clean up (as required by sport) (3-5 people): Help clean up the fields/courts for our home games. The duties will vary based on volunteer support and location of the game. For example, turf fields will need less prep. You should plan on staying up to 45 minutes after the start of the game to clean up. Need 3-5 for the season to allow for absences.
8. Drivers: We will always need help transporting the team to and from games.

PARENT EXPECTATIONS

1. Parents - Please do not go anywhere near the team at any time during a game. Do not pass drinks to your players during the game/meet/match – they should have their own drinks with them.
2. Parents – the only time you would be allowed near/in the team is when a coach calls you to tend to your player for an injury or during breaks in between meet times/matches. Otherwise, the coaches/players will be able to handle most situations.
3. Parents – we only Cheer with positive cheers or positive comments.
4. Parents – do not question why a certain player is playing more than your player, the coaches know what they are doing and why they are doing it.
5. Parents – if at any time you have questions, please contact your Head Coach.



Dragon Team Rules

1. All of the games will be entered in maxpreps. You are expected to attend all practices and games. If you cannot attend any event, please mark yourself as unavailable in the app for your team. Practices for each season overlap with the end of the previous season. So we understand that some players are playing winter sports and have other commitments due to intercession.
2. Game day. On game days you should wear d.tech gear, uniform and expected to be with your team unless otherwise notified.
3. Players make sure **YOU** have everything **YOU** need for your game equipment– drinks, Kleenex, medicine, etc.
4. Players make sure you HUSTLE (10 seconds or less) on and off the field/court.
5. Players make sure you have your equipment ready when warming up.
6. Players make sure you “High 5” your teammates and show LOTS OF ENERGY!!
7. Players make sure you CHEER throughout the game/meet/match and you are standing up and engaged in the game/meet/match throughout the event. We do not sit down until we score!
8. Remember...you are representing Design Tech High School
9. HYDRATE!!!
10. If you are running late or will not be attending a practice, game, team function, you will notify your Head Coach via the app chat/mobile text/phone call. If you are giving 48 hr. notice, you may send an email.
11. You will **always** be ready to start practice on time. Please help set up the field/court when you arrive. Ask the coaches, volunteers on what needs to be done and pitch in!
12. You will line up your equipment on the field when needed for official ref/umpiring inspection.

13. If you have an injury, you will notify the coaches ASAP!
14. You will try your best at each and every practice, at each and every game/meet/match.
15. You will do your best at school. Remember **ACADEMICS COME FIRST!!!** If you have more than one incomplete at the time of grade checks, you will not be eligible for games,
16. You will **not** conduct yourself in behavior that is detrimental to the team and yourself. (i.e. **ABSOLUTELY NO** smoking, vaping, alcohol, foul language, poor sportsmanship, throwing equipment, etc....)
17. You will check your team app to get information on practices, games, fields, etc.
12. 12. You will respect your parents and family on and off the field, **NO EXCEPTIONS.**
18. You will respect your coaches, officiants, and school administrators on and off the field.



Design Tech Player Code of Conduct Agreement

I, _____, as a member of Design Tech Athletics,
hereby agree to the following Player Code of Conduct:

1. I will be willing to train hard to achieve my full potential.
2. I will respect and accept the decisions of the coaches.
3. I will treat players, officials, and coaches with respect and courtesy.
4. I will maintain a good attitude no matter what position I play.
5. I will maintain a good attitude regardless of how I am playing or not.
6. If I am not playing the position that I want to play, I will work harder and with the coaches to try and reach those goals.
7. Although I will always play aggressively, I will display **good sportsmanship**, and value my personal integrity.
8. I will put myself on the line. I will not be satisfied with my current abilities. I will continue to work hard and work smart to become a better athlete.
9. I will not be afraid to succeed. I welcome all the extra responsibilities that come with success.
10. I will quickly recover from a loss, an error, or a mistake. I will learn from it and avoid doing it again.
11. I welcome challenges and tough situations. I will always want to play the best opponents at the most crucial times, because great challenges produce great opportunities!
13. I will be supportive and loyal to my teammates, coaches.
14. I will excel in my schoolwork. School work comes before athletics. *It is also important that our athletes excel in the classroom, and we promote the precedent of schoolwork at all times.
15. I will respect my parent(s)/guardian(s), and their decisions while participating on a Design Tech Team.

Signed:

Name (Print): _____ Date: _____



Dragons

Parents Code of Conduct Agreement

1. I will support all of the players on the team and refrain from any negative comments to other parents on the team directed at any players, coaches, other parents or to the team in general.
2. I understand and accept the fact there will be times in friendlies/tournaments that my daughter will not be in the starting lineup or may not be playing the position of her/our choice. There are going to be times that due to certain match-ups or difficult scheduling, the coaches may decide to substitute for players that are normally in the starting lineup. I will not panic nor jump to conclusions over said coach's decision. Over the course of the season, our team will work to schedule numerous games, which will present every player the opportunity to get playing time.
3. I will respect and accept all of the decisions of the coaches.
4. If I disagree with the philosophy or a decision of the head coach, I will set up a meeting to talk with them in private.
5. I understand I am a representative of Design Tech High School and will conduct myself in a manner that would never harm the image of Design Tech.
6. I will never speak negatively about the coaches/other players in the presence of my daughter, even if I disagree with their philosophy.
7. During a game/practice, I will communicate with my daughter with words of encouragement only. I will not coach from the stands, as I understand that the team may be implementing a different strategy than I am aware of.
8. I will not yell instruction or uncomplimentary statements to the coaching staff during a game as this may publicly suggest a lack of faith and confidence in the coaching staff. If I feel that I see something that the coaches may have missed and would help the team, I will get the attention of the dugout coach.
9. I agree not to ask my daughter to leave the dugout during the game, as this may be grounds for the umpire to eject her from the game.
10. I understand that coaches and players are the only individuals who are allowed in and around the dugout area. If my daughter is sick or injured, I may tend to her while she is in the dugout.
11. I understand that the coaches will need my help with carrying equipment to and from the field at games and practices.
13. I agree to take my daughter to all practices and games as needed so that she arrives on time, dressed in the correct uniform, with all of her equipment and with a positive attitude.
16. There will be no use of the Design Tech name or logo on clothing or accessories without prior consent of the Athletic Director

Child's Name: _____

Father Signature: _____ Date: _____

Father Name (printed): _____

Mother Signature: _____ Date: _____

Mother Name (printed):

Guardian Signature: _____ Date: _____

Guardian Name (printed):
