Supporting Student Success through Social Emotional Learning

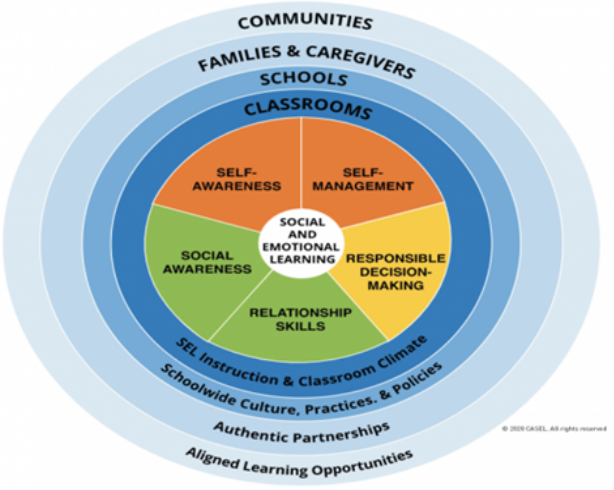
Caring School Community in Elementary Schools

NNPS is providing instruction in elementary grades K-5 to improve social and emotional skills that will in turn improve academic success. Social emotional learning (SEL) is the direct teaching of responsibility, empathy, and cooperation. Students become intrinsically motivated to contribute productively to a community they feel invested in, and where they know they matter. Research has shown that through quality SEL instruction, students' academic success is improved and discipline issues are reduced.

Caring School Community is a research-based social emotional learning curriculum and is a CASEL SELect curriculum. The Collaborative for Academic, Social, and Emotional Learning is a trusted source for knowledge about social emotional learning and quality instruction. The instruction will take place during morning meetings, with the language embedded throughout the day, some weekly class meetings, and closing remarks at end of the day.

Caring School Community utilizes various classroom structures through which students develop the five SEL competencies. Those competencies are as follows: self-awareness, self-regulation, social awareness, relationship skills, and responsible decision making.

- **Self-Awareness:** Ability to recognize emotions, describe interests and values, and accurately assess strengths.
- **Self-Regulation:** Ability to manage stress, control impulses, and persevere in overcoming obstacles. Set personal and academic goals, while being able to express emotions appropriately in a wide range of situations.
- **Social Awareness:** Ability to take the perspective of and empathize with others and recognize and appreciate individual and group similarities and differences. Ability to seek out family and community resources.



Adopted from Caring School Community Brochure and CASEL:
https://www.collaborativeclassroom.org/ & https://casel.org/

- **Relationship Skills:** Ability to establish and maintain healthy relationships. They resist inappropriate social pressure; resolve interpersonal conflict; and seek and provide help when needed.

  Responsible Decision Making: Ability at school, at home, and in the community. In making decisions to consider ethical standards, safety concerns, appropriate social norms, respect for others, and the likely consequences of various courses of action. They apply these decision-making skills in academic and social situations.

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