

AT OSWEGO

VS. PLAINFIELD EAST AND OSWEGO

APRIL 9

60 degrees, sunny with extreme cross-wind ... 28 mph sustained, gusts of 42

Varsity Team Scores

Plainfield North 74

Oswego 58

Plainfield East 30

F/S Team Scores

Plainfield North 80

Oswego 49

Plainfield East 36

100

Young 11.1 (1st)

Anderle 11.4

Jones 11.5

M. Covington 11.6 (1st FS)

Quaid 11.9 (4th FS)

Hyder 12.0

Reed 12.0

Porter 12.1

Lee 12.2

J. Covington 12.2

Dunning 12.2

Guzaldo 12.4

Marcucilli 12.5

Rosales 12.5

Vasquez 13.1

Choi 14.1

200

Young 22.5 (1st)

Harris 24.3 (1st FS)

Hoosman 24.7 (2nd FS)

M. Covington 25.5 (4th FS)

Bussell 25.5

Quaid 25.8

J. Covington 26.1

Dunning 26.9

400

Flagg 53.9 (1st)

Hyder 57.1 (4th)

Porter 58.1

Rosado 58.7

Guzaldo 60.9

Vasquez 62.7

Reed 64.3

800

Wooldridge 2:15.7

A. Bruyere 2:24.9 (4th FS)

Sanders 2:26.5

J. Villanueva 2:39.0

Chase 2:42.9

Zurita 2:44.1

Mena 2:50.7

Mikolajewski 2:56.2

1600

Rysiewicz 4:59.2

Delaney 5:00.9 (1st FS)

DeVaux 5:22.0

Malec 5:22.7

Jung 5:25.8

Wolendowski 5:26. 6

Faggett 5:38.1

S. Bruyere 5:46.3

Oudin 5:54.4

Arif 6:03.0

Copp 6:27.2

3200

DeFrancisco 11:39.4 (2nd FS)

Schrank 11:50.7 (4th FS)

Thurman 11:56.8

Martinez 12:02.2

Goshert 12:07.2

Chan 13:16.0

Gaeta 15:42.4

110 HH

Johnson 14.9* (1st) NSR

Mason 15.2* (2nd)

Boffah 15.5* (1st FS)

300 INT

Johnson 43.7 (1st)

Lee 45.3 (2nd)

Mason 45.6 (3rd)

Bofah 45.5 (1st FS)

Samms 46.0 (2nd FS)

Ratini 48.9 (4th FS)

Copp 58.0

4x1

Plainfield North 44.0 (1st)

Flowers-Young-Gerber-Ivey

Plainfield North 46.3 (1st FS)
Hoosman-Harris-Samms-Ruscitti

4x2

Plainfield North 1:34.5 (1st)
Ivey-Jones-Anderle-Mason

Plainfield North 1:37.5 (1st FS)
Hoosman-Harris-Samms-Ruscitti

4x4

Plainfield North 3:43.4 (2nd)
Jones 60.7
Delaney 56.2
Funk 56.2
Young 50.3

Plainfield North 4:12.6
M. Covington 66.7
Ruscitti 59.9
J. Covington 61.6
Vazquez 64.4

4x8

Plainfield North 9:18.6 (2nd)
Wooldridge 2:10.9
Rysiewicz 2:11.1
Oudin 2:34.5
DeVaux 2:22.3

Plainfield North 9:54.8 (2nd)
J. Villanueva 2:31.2
A. Bruyere 2:21.3
Sanders 2:22.2
Richards 2:35.7

Shot Put

Donaldson 48-2 (1st)
Bergstrom 44-5 (2nd)
Bruns 41-3 (1st FS)
Marsuglio 40-5 (3rd)
Chaidez 40-2 (4th)
McGaha 37-9 (2nd FS)
Russo 34-6 (3rd FS)
Johnson 35-0
Carcionne 33-10

Discus

Donaldson 132-10 (1st)
Bergstrom 107-0 (3rd)
Bruns 98-2 (2nd)

Marsuglio 95-9 (4th)
McGaha 92-1
Russo 91-9
Carcionne 82-6
Johnson 72-0
Chaidez NM

High Jump
Ivey 6-0* (1st)
Flagg 5-8 (4th)
Bofah 5-8 (1st FS)
Ruscitti 5-6* (2nd FS)
Samms 5-4 (3rd FS)
Porter 5-2

Long Jump
Ivey 21-11.5 (1st)

Triple Jump
Hoosman 37-10 (1st FS)
Bofah 35-9 (2nd FS)
Ratini 33-11 (4th FS)

Pole Vault
canceled due to wind

+++

HEADLINES

IVEY WINS FOUR

21-11 LJ ... PR 6-0 in HJ ... 4x1 ... 4x2



FLIGHT

FLAGG WINS 400

RUNS 53.9 IN 40 MPH WINDS



Evan's first 400 ever ... this guy doesn't just run ... he races.
Unlike most inexperienced 400 runners, Evan finished strong.

THROWERS DOMINATE

OUTSCORE EAST & OSWEGO 31-11



Nick Bergstrom placed 2nd in the Shot and 3rd in the Disc

QUEST YOUNG HAS ANOTHER BIG DAY

Wins 100 at 11.1, Wins 200 at 22.5, Wins 4x1, Runs 50.3 split in 4x4



Quest Young to Jayden Gerber in the 4x1

HURDLERS DOMINATE

Corey runs 14.9*, Zion 15.2*, Manny 15.5*



Johnson far right, Bofah middle, and Mason far left.
But how about the unique form in lane 6 ???

+++

NOTES AND COMMENTS

We won by more points indicated above.

The discus was not included in the total score.
We also would have done very well in the Pole Vault but it was canceled due to ferocious winds.
Our historical conference record is now 29-4 varsity, and 28-5 fresh/soph.

Like many of these meets, timing is not very accurate.
Quest Young was given credit for 10.5 in the 100, 22.3 in the 200.
We had him at 11.1 and 22.5 ... so that is official.

Caleb Ivey had jumps of 21-4, 21-6, 21-7, and 21-11 jumping in a cross-wind.
Caleb high jumped for only the second time and won with a 6-0 jump.

Congrats Caleb Donaldson ... he won both the shot and the discus.
More significant, he has committed to throw at Illinois State University next season.

Jacob Clayton continues to rehab his strained hamstring.
Derick Suss felt tight and will probably return Thursday.
Marquis Flowers tweaked his quad running the 100.
Quinn Holler continues to suffer from hamstring soreness.

We go to Lane Tech Thursday.
Lane Tech is on Addison one mile west of Wrigley Field.

Don't miss page two ...

[MORE PICTURES](#)

JOHNS' RIB HOUSE

Coach John Singleton ... johnsribhouse.com

Also ... Coach Singleton is now street vending in downtown Naperville (late night and weekends).



Former PNHS Coach, Eric Ott ... www.genevarunningoutfitters.com



Best pick of them all

 **PWA Heating & Cooling, Inc.**

Fast Emergency Service 24/7 • Installation & Replacement • Preventative Maintenance

24 hour phone: 815.768.6655

+++

NewLifeForHaiti.org

+++

RBD APPRAISAL SERVICES

REAL ESTATE APPRAISALS & CONSULTING

RICHARD B. DUFFNER

Certified Residential Appraiser

office: (708) 361-3323

Palos Heights, IL 60463



www.ctwministry.com

"Turn Empathy into Action" \$1.00 can change an Orphan's life