

AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- Are you going to let Dad go into work again?
- I am Grayson, a Romney, a Man, A Girardot.
- Do I want my children begging?
- Imagine the looks on their faces when you prove them wrong.

Core Values (2-3)

- Bravery
- Strength
- Endurance
- Respect
- Outperforming cowards

Daily Non-Negotiables (2-3)

- CW Checklist
- Train
- Visit with those I love and cherish

Goals Achieved

- Steady Income to live on alone, and more to give to parents and those I love.
- Bought a 1921 cadillac for Grandpa
- Bench 2x, Squat 2.5x, Clean 2x.

Rewards Earned

- Steady income for self and extra for those who took care of me as a child.

- Friends who build myself up and that I build them up.
- New Vehicle(one that's fast)
- NO more Blue collar labor.

Appearance And How Others Perceive Him

- Do not disrespect me
- Look at me as a role model
- Question on how I am so successful
- See me as someone that is Knowledgeable and Articulate
- A Good Man.

Day In The Life Stories.

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

- I just finished my schedule for the next day.
- After setting my alarm for 8 hours I get into bed
- I awake to the noise of my beeping alarm, I turn on a red light to walk to my alarm.
- I kneel and say a prayer to God for allowing me to wake this morning.
- I get dressed and prepare for my day by looking and smelling good(styling hair, cleaning teeth, eating
- I drive to school and arrive ready for a day filled with busy work, and matrix muck.
 - Any Free time is spent on CW or HW assigned in class.
- School is over and I wait in the parking lot and watch the PUC.
- I drive home and stop at the gym on the way home to train
- While in the gym I focus Focus Focus so I can be as useful with my time as I can be.
- After I feel my muscles fatigue and wear I go to a mirror to look at what I can become.
- I leave the gym and get home, after I visit with my mother and sibling I get focused in on the task at hand
- WORK- with the DCtC(Daily Checklist to Conquer) as my guide I see what must be done to level up and explore the map.
- I use the live Domination Call Index to waste as little time as possible on discovering project ideas and using trial and error.
- I take a deep breath and thank God and this opportunity to conquer.

- I open my eyes to my desk and the infinite amount of success that can be found at my litterale finger tips
- I see what my clients need through analysis of their ads and insights as well as top player analysis.
- After a fantastic DOG FOCUSED TO A BONE attitude I take a break I get my bones, joints, blood, and mind moving in ways that it hasn't in a moment.
- I get my needs fixed(water, food, piss, fresh air, etc.) 15 minutes TOPS!
- I go to my office and start getting work moving once again.
 - Major focus is writing, analyzing, and discovering new prospects or projects.
- Through the process of using resources in TRW, and saved/bookmarked items I CONQUER.
 - Help others on the campus that might need guidance.
- I am called to dinner by my mother.
- Tues, Thursday– I help with dishes.
- GWS- with specific insights from the two prior GWS I do what must be done to conquer the client projects, outreach, agency, building, or whatever is going to help me get to my dream state.
- After successfully finishing that task/s I prepare myself for bed,
 - Shower
 - Teeth
 - Bodily functions
- I finish the night with an hourly plan for the next day, an analysis of the day, roadblocks that I hit and either destroyed or will in the day to come, I also post my task in #agoge-competitions-01 (analysis of day, roadblocks faced, how I am going to solve them tomorrow). I continue my streak of days conquered.

I have Either

Failed and pissed all over my dream state

- - - - OR - - - -

I have succeeded and gotten closer to my goal

The choice is mine.