

# Spence Guidance Lessons 2020/2021

This is a live document that is updated throughout the year. General topics are listed, and then more detail is provided after collaborative planning is done to ensure a connection to the current Unit of Inquiry.

3rd Grade	4th Grade	5th Grade
<p>8/10 &amp; 8/17</p> <p>Introduction to New Counselor: Group Norms &amp; understand how to reach me, what I offer</p> <p>Theme: How We Express Ourselves</p> <p>ATL: Self-Management LP: Knowledge</p>	<p>8/10 &amp; 8/17</p> <p>Introduction to New Counselor: Group Norms &amp; understanding how to reach me, what I offer</p> <p>Theme: How We Express Ourselves</p> <p>ATL: Self-Management LP: Knowledge</p>	<p>8/10 &amp; 8/17</p> <p>Introduction to New Counselor: Group Norms &amp; understanding how to reach me, and what I have to offer.</p> <p>Theme: Who We Are</p> <p>ATL: Self-Management LP: Knowledge</p>
<p>8/24 &amp; 8/31</p> <p>Interacting for fun online. How can we have playdates that aren't just video games? It can be awkward to be online for social interaction. Find creative ways to have fun and be authentic together.</p> <p>Theme: How We Express Ourselves</p> <p>ATL: Communication LP: Risk Taker (take the risk to reach out and practice these games with others!)</p>	<p>8/24 &amp; 8/31</p> <p>Interacting for fun online. How can we have playdates that aren't just video games? It can be awkward to be online for social interaction. Find creative ways to have fun and be authentic together.</p> <p>Theme: How We Express Ourselves</p> <p>ATL: Communication LP: Risk Taker (take the risk to reach out and practice these games with others!)</p>	<p>8/24 &amp; 8/31)</p> <p>Interacting for fun online. How can we have playdates that aren't just video games? It can be awkward to be online for social interaction. Find creative ways to have fun and be authentic together.</p> <p>Theme: Who We Are</p> <p>ATL: Communication LP: Risk Taker (take the risk to reach out and practice these games with others!)</p>
<p>Sept 7th/14th Chicken Brain: How to calm our crazy chicken brains (fun activities to help us stay in the green zone)</p>	<p>Sept 7th/14th Chicken brain: How to Slow the inner Chicken. (fun activities to help us stay in the green zone)</p>	<p>Sept 7th/14th Chicken Brain: How to Calm our Crazy chicken. (fun activities to help us stay in the green zone)</p>

<p>Theme: How We Express Ourselves ATL: Self-Management LP: balanced</p>	<p>Theme: How We Express Ourselves ATL: Self-Management LP: balanced</p>	<p>Theme: Who We Are (understanding what soothes us) ATL: Self-Management LP: balanced</p>
<p>Sept 21st-25th</p> <p>Book:Let's Talk about Race by Julius Lester (Part 1) Everybody has a story. Race can be part of that story. What is YOUR story in images. What makes you YOU?</p> <p>Theme: How We Express Ourselves ATL: communication LP: reflective, open minded</p>	<p>Sept 21st-25th</p> <p>Book:Let's Talk about Race by Julius Lester (Part 1) Everybody has a story. Race can be part of that story. What is YOUR story in images. What makes you YOU?</p> <p>Theme: How We Express Ourselves ATL: communication LP: reflective, open minded</p>	<p>Sept 21st-25th</p> <p>Book:Let's Talk about Race by Julius Lester (Part 1) Everybody has a story. Race can be part of that story. What is YOUR story in images. What makes you YOU?</p> <p>Theme: Understanding Who We Are ATL: communication LP: reflective, open minded</p>
<p>Sept 28-Oct 6th</p> <p>Book:Let's Talk about Race by Julius Lester (Part 2) Let's listen again. This time tell &amp; share our story on what events or actions influenced our story? Cause &amp; Effect. Written and Oral sharing of our stories.</p> <p>Theme: How the World Works ATL: communication LP: thinker</p>	<p>Sept 28th-Oct 6th</p> <p>Book:Let's Talk about Race by Julius Lester (Part 2) Let's listen again. This time tell &amp; share our story on what events or actions influenced our story?Cause/Effect Mapping</p> <p>Theme: How We Express Ourselves ATL: communication LP: thinker</p>	<p>Sept 28th-Oct 6th</p> <p>Book:Let's Talk about Race by Julius Lester (Part 2)</p> <p>Theme: Understanding Who We Are</p> <p>Let's listen again. This time tell &amp; share our story on what events or actions influenced our story. Cause/Effect Mapping</p> <p>ATL: communication LP: thinker</p>
<p>FALL BREAK (Oct 12th-16th)--it is in the middle of our 5 day cycle)</p>	<p>FALL Break (Oct 12-16th) (it is in the middle of our 5 day cycle)</p>	<p>FALL Break (Oct 12th -16th) It is in the middle of our 5 day cycle)</p>
<p>Oct 8th-Oct 22</p> <p>Inclusivity/Diversity:(words can include or they can exclude)</p> <p>Connections How the words</p>	<p>Oct 8th-22th</p> <p>Inclusivity/Diversity(Greenie Meanie Activity followed by "Intersection Allies"</p> <p>Theme: Where we are in</p>	<p>Oct 8th-22th</p> <p>Inclusivity/Diversity: "Intersection Allies"</p> <p>Interviewing a classmate about which character they most related to, how they</p>

<p>we use affects others. Read Chrysanthemum.</p> <p>What is an Ally? And how can we be one of those?</p> <p><b>Theme: How the World Works</b></p> <p><b>ATL: Social</b> <b>LP: Principled, caring, open minded</b></p>	<p><b>space and Time</b> (evaluating multiple perspectives, identifying and responding to challenges)</p> <p>What is an Ally and what are ways we can be one? What are the challenges?</p> <p><b>AtL: Social</b> <b>LP: Principled, Caring, open minded</b></p>	<p>are the same, how they are different. Then write a quick poem (like the book THAT expresses that classmates's vision of themselves.</p> <p><b>Theme: How We Express Ourselves.</b> Articulation of beliefs and values can prompt a reaction.</p> <p><b>ATL: Research</b> (formulating questions &amp; collecting data)</p> <p><b>LP: Inquirer, Principled, open minded</b></p>
<p>Oct 23-30th RED RIBBON Healthy CHoices (Kahoot)</p>	<p>Oct 23-30th RED RIBBON: Healthy Choices (Kahoot)</p>	<p>Oct 23-30th RED RIBBON: Healthy Choices (Kahoot)</p>
<p>Nov 2-9 Kelso's Choices A Using FairyTales: Positive choices=Positive change.</p> <p><b>Theme: How the World Works</b></p> <p>Using Kelso's Choices to revisit Conflict Resolution.</p> <p><b>ATL: Social</b> <b>LP: Communicator</b></p>	<p>Nov 2-9 Kelso's Choices: Explore Challenging Choices. 2nd Year of Fairy Tales . . Let's go a step deeper.</p> <p><b>Theme: Where we are in Place &amp; Time</b></p> <p>Exploration brings challenges &amp; opportunities. What are the challenges &amp; Opportunities in Conflict Resolution? Considering the challenges &amp; Opportunities when using Kelso's Choices</p> <p><b>ATL: Social</b> <b>LP: Communicator</b></p>	<p>Nov 2-9 Kelso's Choices</p> <p><b>Theme: How We Express Ourselves</b></p> <p>Articulation of beliefs &amp; values can prompt a reaction</p> <p>Fairy Tales: Year Three</p> <p>Conflict Resolution: Creating a Flow Chart of REsponses for Critical Conversations.</p> <p>Courtroom mediation Activity.</p> <p><b>ATL: Social</b> <b>LP: Communicator</b></p>
<p>Nov 10-17 Kelso's Communication Kahoot (review)</p>	<p>Nov 10-17 Kelso's Communication Kahoot (review)</p>	<p>Nov 10th-17th Kelso's Communication Kahoot(review)</p>
<p>Nov 18-Dec 5 Thanksgiving break Splits the days)</p> <p>Peace Mat Walk the Walk (Practice Scenarios) How to have a fair Fight in 5 easy steps.</p> <p><b>Theme: Awareness of self and other can lead to Action</b></p> <p><b>ATL: Social</b></p>	<p>Nov 18-Dec 5 (Thanksgiving Break Splits the days)</p> <p>What is conflict? What are the STEPS we take BEFORE we even consider our "Kelso's Choices?" This is a lesson on listening to the other person and stating your needs. (Practice Scenarios). How to have a fair fight,</p>	<p>Nov18-Dec 5 (Thanksgiving Break in between)</p> <p>(Practice Scenarios) How to state your needs. What steps need to be taken to relax a tense situation and make it easier to communicate?</p> <p><b>Theme: Action Facilitates</b></p>

<p>LP: Communicator, open minded</p>	<p>Theme: A balance of interrelated factors contributes to growth</p> <p>ATL: Social LP: Communicator, open minded</p>	<p>change in structure and organization</p> <p>ATL: Social LP: Communicator, open minded</p>
<p>Nov 23-27 Thanksgiving Break</p>	<p>ThanksGiving Break</p>	<p>ThanksGiving Break</p>
<p>Dec 4-14th Bullying: Defining, recognizing, and best practices on how to step in and be an UpStander (movie clip mania)</p> <p>Theme: Awareness of self and other can lead to Action</p> <p>ATL: Communication LP: Caring, Risk-Taker, principled</p>	<p>Dec 4-14th Bullying: Defining, recognizing, and best practices on how to step in and be an UpStander (movie clip mania). (review)</p> <p>Theme: A balance of interrelated factors contributes to growth</p> <p>ATL: Communication LP: Caring, Risk-Taker, principled</p>	<p>Dec 4-4th Bullying: Defining, recognizing, and best practices on how to step in and be an UpStander (movie clip mania) (review)</p> <p>Theme: Action Facilitates change in structure and organization</p> <p>ATL: Communication LP: Caring, Risk-Taker, principled</p>
<p>Dec 14-17th Let's Have FUN! Ways to Promote Happiness and Wellbeing. Revisiting the Zones through movement, drawing, &amp; comedy.</p> <p>ATL: Thinking LP: Balanced</p>	<p>Dec 14-17th Let's Have FUN! Exploring ways to promote Happiness and Wellbeing. Revisiting the Zones through movement, drawing, &amp; comedy.</p> <p>ATL: Thinking LP: Balanced</p>	<p>Dec 14-17th Let's Have FUN! Exploring ways to promote Happiness and Wellbeing. Revisiting the Zones through movement, drawing &amp; comedy.</p> <p>ATL: Thinking LP: Balanced</p>
<p>Jan 7-14th Balanced Living: Can We have fun ALL day? Identifying Work, leisure, Hobbies &amp; Interests. Analyzing what we find fun. Answering the question: <i>What did I learn about myself in terms of how I define fun and how I define work?</i></p> <p>Theme: Awareness of self and other can lead to Action</p> <p>ATL: Self-Management</p>	<p>Jan 7-14th Balanced Living: Can We have fun ALL day? Identifying Work, leisure, hobbies, &amp; Interests. Analyzing what we find fun. Answering the question: <i>How does balancing work and play contribute to my growth?</i></p> <p>Theme: A balance of interrelated factors contributes to growth</p> <p>ATL: Self-Management LP: Reflective, Balanced</p>	<p>Jan 7-14th Balanced Living: Can We have fun ALL day? Identifying Work, leisure, hobbies, &amp; Interests. Analyzing what we find fun. Answering the question: <i>What action can I take this week to structure work and play into my life so there is balance?</i></p> <p>Theme: Action Facilitates change in structure and organization</p> <p>ATL: Self-Management</p>

LP: Reflective, Balanced		LP: Reflective, Balanced
<p>January 19th-26th</p> <p>How to T.H.I.N.K. before we speak. (ties into December's What is a Bully and How to be an Upstander Lesson)t</p> <p>Theme: Where we are in place and Time</p> <p>ATL: Self-Management</p> <p>LP: Communicator</p>	<p>January 19th-26th</p> <p>How to T.H.I.N.K. before we speak. (ties into December's What is a Bully and How to be an Upstander Lesson)t</p> <p>Theme: How we organize ourselves</p> <p>ATL: Self-Management</p> <p>LP: Communicator</p>	<p>January 19th-26th</p> <p>How to THINK before you speak. Discussions on the Power of our words. <u>Defining hate speech, intolerance &amp; recognizing our own verbal missteps.</u></p> <p>Theme: How we organize ourselves</p> <p>ATL: Self-Management</p> <p>LP: Communicator</p>
<p>January 28th-Feb.5th</p> <p>RESPECTFUL COMMUNICATION:Time to use your Assertive Voice. Standing up for Myself &amp; Others.</p> <p>Theme: Where we are in place and Time</p> <p>ATL: Social</p> <p>LP: Principled, Communicator</p>	<p>January 28th-Feb.5th</p> <p>RESPECTFUL COMMUNICATION:Time to use your Assertive Voice. Standing up for Myself &amp; Others.</p> <p>Theme: How we organize ourselves</p> <p>ATL: Social</p> <p>LP: Principled, Communicator</p>	<p>January 28th-Feb.5th</p> <p>RESPECTFUL COMMUNICATION:How can MY voice join others to peacefully move towards change?</p> <p>Theme: How we organize ourselves</p> <p>ATL: Social</p> <p>LP Principled, Communicator</p>
<p>February 8th-Feb 18</p> <p>Better World/Better Me:You and three space buddies land on an isolated planet to set up a community. What do you need to make it a safe, welcoming place for all who will visit or live there</p> <p>Theme: Where we are in place and Time</p> <p>ATL:Thinker</p> <p>LP: Caring, Open Minded</p>	<p>February 8th-Feb 18</p> <p>Better World/Better Me:You and three space buddies land on an isolated planet to set up a community. What do you need to make it a safe, welcoming place for all who will visit or live there</p> <p>Theme: How we organize ourselves</p> <p>ATL: Self-Management</p> <p>LP: Communicator</p>	<p>February 8th-Feb 18</p> <p>Bill of Rights: Creating a safe space for all in your imaginary country.</p> <p>Theme: How we organize ourselves</p> <p>ATL: Self-Management</p> <p>LP: Communicator</p>
February 25-March 4th	February 25-March 4th	February 25-March 4th

<p>Taking Inventory on how school is going so far: Beginning Lessons on Goal Setting &amp; SEL Skills to master for life success</p> <p>Theme: How we share the Planet ATL: Self-Management LP: Thinker</p>	<p>Taking Inventory on how school is going so far: Beginning Lessons on Goal Setting &amp; SEL Skills to master for life success</p> <p>Theme: How the World Works ATL: Self-Management LP: Thinker</p>	<p>Taking Inventory on how school is going so far: Beginning Lessons on Goal Setting &amp; SEL Skills to master for life success</p> <p>Theme: Where we are in place &amp; Time ATL: Self-Management LP: Thinker</p>
<p>March 8th -March 12th</p> <p>SMART GOALS: Breakfast of Champions Theme: How we share the Planet ATL: Self-Management LP: Thinker</p>	<p>March 8th -March 22nd</p> <p>SMART GOALS: Breakfast of Champions Theme: How the World Works ATL: Self-Management LP: Thinker</p>	<p>March 8th -March 22nd</p> <p>SMART GOALS: Breakfast of Champions Theme: Where we are in place &amp; Time ATL: Self-Management LP: Thinker</p>
<p>SPRING BREAK (March 15th-March 19th)</p>	<p>SPRING BREAK (March 15th-March 19th)</p>	<p>SPRING BREAK (March 15th-March 19th)</p>
<p>March 22th-March 29th</p> <p>Career Inventory: What do I want to be when I grow up? Theme: How we share the Planet ATL: Self-Management LP: Thinker</p>	<p>March 22nd-March 29th</p> <p>Career Inventory: What do I want to be when I grow up? Theme: How the World Works ATL: Self-Management LP: Thinker</p>	<p>March 22-March 29th</p> <p>Career Inventory: What do I want to be when I grow up? Theme: Where we are in place and time ATL: Self-Management LP: Thinker</p>
<p>March 30-April 9th</p> <p>Career Trivia Game Board</p>	<p>March 30th-April 9th</p> <p>Career Trivia Game Board</p>	<p>March 30th -April 9th</p> <p>Career Trivia Game Board</p>
<p>April 12th-April 19th</p> <p>Zombie Escape Room (Friendship Intro)</p>	<p>April 12th-April 19th</p> <p>Zombie Escape Room (Friendship Intro)</p>	<p>April 12th-April 19th</p> <p>Zombie Escape Room (Friendship Intro)</p>
<p>April 20th-April 27th</p> <p>Healthy Friendships Part One (friendship Soup: Boundaries)</p>	<p>April 20th-April 27th</p> <p>Healthy Friendships Part One (Friendship Soup: Boundaries)</p>	<p>April 20th-April 27th</p> <p>Healthy Friendships Part One (Friendship Soup: Boundaries)</p>

April 29th-May 5th KAHOOT	April 29th-May 5th KAHOOT	April 29th-May 5th KAHOOT!
WELLNESS STATIONS: BROUGHT TO YOU BY THE WORD COMPROMISE AND IB TRAIT THINKER	WELLNESS STATIONS	WELLNESS STATIONS