



## News Not Noise

**Hint: \*Use CTRL-F to search for a certain location\***

You can also open the navigation on the right-hand side of the screen to navigate through headers (by category and state).

### By Category

Nationwide:

#### [Too Good To Go](#)

They help users rescue good food from going to waste at local stores, cafes, and restaurants.

#### [GoPuff's SNAP Subsidy Program](#)

Gopuff offering SNAP recipients \$50 off groceries

#### [Lasagna Love](#)

Sign up to get one free home cooked meal a month (typically a lasagna). You can also sign up to volunteer to cook for others.

#### [Meals on Wheels](#)

Meal delivery for seniors (60+) with mobility challenges. (And some local chapters deliver to any age with mobility challenges.)

Resources to find your local food bank, pantry, or fridge:

- [feedingamerica.org/find-your-local-foodbank](https://feedingamerica.org/find-your-local-foodbank)
- Fridgefinder.app

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- [foodfinder.us](https://foodfinder.us)

Food, housing, financial assistance, health care resources: (free or reduced-cost)

<https://findhelp.org/>

Free breakfast for SNAP cardholders:

- [Heretic Coffee](#) - Portland, Oregon
- [Toasted](#) - Seattle, WA

Children get a free meal when you show your SNAP card:

- [Tony & Alba's](#) Pizza and Pasta - San Jose, CA
- [Monster Pho](#) - Oakland, CA

Free meals with SNAP card:

- [Al Pastor Papi burritos](#) - San Francisco CA
- [Love Bite Dumplings](#) - Phoenix, AZ

Feeding Fed workers:

- [World Central Kitchen](#) - Washington, DC
- [Moby Dick House of Kabob](#) - multiple locations, Washington, DC
- [EKIBEN](#) Baltimore, Maryland
- [Capital Area Food Bank](#) - Washington DC metro area (we also feed *everyone* and have many distributions open to all, no ID or eligibility. Find the nearest one [here](#).)

## By State

*Different resources than categories above*

**\*Use CTRL-F to search for a certain location or scroll through the menu of headers on the left\***

### California

#### **New York, NY and Hollywood, CA**

Fountain House will start offering free meals (breakfast, lunch, dinner) daily to all members.

Fountain House is a national mental health nonprofit fighting to improve health, increase opportunity, and end social and economic isolation for people living with serious mental illness.

[Donate](#) | More information: [https://www.instagram.com/p/DQaEKABASDM/?img\\_index=1](https://www.instagram.com/p/DQaEKABASDM/?img_index=1)

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**Second Harvest Food Bank Santa Cruz County**

800 Ohlone Pkwy, Watsonville, CA

<https://www.thefoodbank.org/>

**Grey Bears On-site Food Distribution Market**

For seniors (age 55 & older)

Daily from 11 to 11:30 a.m. and lunch served at 11:30 a.m. each weekday, Monday-Friday

2710 Chanticleer Avenue

Santa Cruz, CA

[greybears.org](http://greybears.org)

**Alameda County Community Food Bank**

<https://www.accfb.org/>

**SOS/Meals on Wheels (Alameda County, CA)**

<https://www.sosmow.org/>

**Colorado****Care and Share Food Bank for Southern Colorado (Colorado Springs, CO)**

<https://careandshare.org/>

**Food Bank for Larimer County (Loveland, CO + Fort Collins, CO)**

<https://foodbanklarimer.org/>

**Food Bank of the Rockies (Denver, CO)**

<https://www.foodbankrockies.org/find-food/>

**We Don't Waste (Denver, CO)**

<https://www.wedontwaste.org/what-we-do/mobile-markets/>

**Weld Food Bank (Greeley, CO)**

<https://weldfoodbank.org/>

**Connecticut**

<https://thecornerfoodpantry.org/>

Lakeville, CT

<https://friendlyhandsfoodbanknwct.org/>

Torrington, CT

## Georgia

### [Hunger No More](#)

Rock Church of Atlanta  
4815 Courtney Drive  
Forest Park, GA 30297

This is a small black church with a congregation <100 members. It is feeding 3,000 people a month and really could use some help.

### [Share the Harvest](#)

Clarkston, GA

A collective of Georgia farmers that set up highly subsidized fresh produce markets for refugee and immigrant communities in Clarkston (the most diverse square mile in America)

## Idaho

### [Teton Valley Food Pantry - rural Eastern Idaho](#)

[Community Resource Center of Teton Valley](#) - rural Eastern Idaho

## Illinois

### <https://www.chicagosfoodbank.org>

The food bank distribution center for Cook County, IL, including Chicago. Their website lists food distribution centers throughout Cook County.

## Indiana

### [Gleaners Food Bank \(Indiana\)](#)

### [Second Helpings \(Greater Indianapolis Metro\)](#)

### [The Window \(Goshen/Central Northern Indiana\)](#)

<https://www.tristatefoodbank.org/>

## Kentucky

### **Food Pantries and Soup Kitchens in Greater Cincinnati/Northern Kentucky**

<https://thevoiceofblackcincinnati.com/food-pantries-and-soup-kitchens>

## Maryland

[Manna Food Center](#) (for Montgomery County residents)

[Capital Area Food Bank](#) (serves the larger DC region - MD, VA, DC)

Volunteer-maintained outdoor pantry in front of [St. John's Episcopal Church, Olney, MD](#)  
(seeking non-perishable food and monetary donations to keep the pantry stocked, and  
welcoming those in need to use the pantry's resources)

3427 Olney-Laytonsville Rd.

Olney, MD 20832

## Massachusetts

### [Massachusetts Healthy Incentives Program \(HIP\)](#)

If you have even \$.01 left on your SNAP card you can access fresh produce for free at the following locations:

- Farmers' markets (where some or all vendors may participate in HIP)
- Farm stands
- Mobile markets
- Community supported agriculture (CSA) farm share programs

### [Rescuing Leftover Cuisine in Massachusetts](#)

Feed people, not landfills!

### [Neighborhood Food Action Collaborative](#)

Emergency food locations and meal sites

### [Project Bread's Foodsource Hotline](#)

Project Bread's FoodSource Hotline is the food assistance line for all of Massachusetts.

1-800-645-8333

## DONATE FOOD

[Boston Community Fridges](#)

**DONATE MONEY** (these are vetted and reliable non-profits doing amazing work):

[Community Cooks](#)

[The Boston Foundation - Meeting the Moment](#)

## VOLUNTEER

[Thanksgiving Grocery Distribution](#)

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### [Greater Boston Food Bank](#)

70 South Bay Ave | Boston, MA

### [Boston's Community Fridges](#)

Where to Find Community Fridges in and Around Boston

Take what you need, give what you can

### [City of Boston Community Aid Resources](#)

For City of Boston residents

### [City of Boston Double Up Food Bucks](#)

You can get 50 percent off fresh fruits and vegetables at participating stores with your EBT card.

### [Hearty Meals For All](#)

Somerville, MA

Community meal and food pantry on the second Friday of the month

### [Feed The Hood](#)

Weekly deliveries of food, clothing, and essential items in Greater Boston.

### [Fresh Truck](#)

Weekly mobile fresh food market in locations across Boston, part of HIP.

### [Free Farmers Market - Jamaica Plain, Boston](#)

Allandale Farm is offering a free farmers market of fresh produce and Iggy's Bread to those who lose SNAP benefits on three upcoming Thursdays (Nov. 6, 13, and 20) from 11 am to 1 pm at the Loring Greenough House.

### [YMCA Mobile Market](#)

The Mobile Market provides free produce and shelf stable items. We will be bringing the truck to sites all around the Greater Boston area. We are open to the public and all are welcome to come make a grocery bag completely free of cost!

## Michigan

*Free breakfast and lunch are available to all public school children in Michigan.*

### [Food Bank Council of Michigan](#)

Links to regional and local banks across the state

### **Food Gatherers**

1 Carrot Way  
Ann Arbor, MI 48105

### **Upper Peninsula Commission for Area Progress**

Food bank resources by county in the UP

## Minnesota

**Second Harvest Heartland-** Brooklyn Park, MN

<https://www.2harvest.org/>

**The Open Door Pantry-** Eagan, MN

<https://theopendoorpantry.org/>

## Missouri

**Ozark Food Harvest**

Southwest Missouri - provides 1.7 million meals per month. They lost \$3 million in funding from the federal government when DOGE. cut federal funding

## Nevada

### **Food Bank of Northern Nevada**

Reno, NV

### **Three Square**

Las Vegas, NV

**Food Bank of Northern Nevada:** [fbnn.org](http://fbnn.org)

## New Jersey

**Interfaith Food Pantry Network**

2 Executive Drive  
Morris Plains, NJ 07950  
973-538-8049  
[mcifp.org](http://mcifp.org)

**Community Food Bank of New Jersey**

31 Evans Terminal  
Hillside, NJ 07205  
(908) 355-3663  
[cfbnj.org](http://cfbnj.org)

**Monmouth County, NJ food bank**  
[fulfillnj.org](http://fulfillnj.org)

New Mexico

[Interactive Food Resource Map](#) to locate free meal sites, food banks, and community partners.

Restaurants offering free meals for kids or seniors starting November 1. As well as additional food banks: [Download the Free Food Resources PDF here](#)

[Roadrunner Foodbank](#)

New York

**Foodbank NYC**  
<https://www.foodbanknyc.org/find-food/>

**NYC.Gov Food Pantries by Borough**  
[https://www.nyc.gov/site/dycd/services/food\\_pantries.page](https://www.nyc.gov/site/dycd/services/food_pantries.page)

**New York, NY and Hollywood, CA**  
Fountain House will start offering free meals (breakfast, lunch, dinner) daily to all members. Fountain House is a national mental health nonprofit fighting to improve health, increase opportunity, and end social and economic isolation for people living with serious mental illness.  
[Donate](#) | More information: [https://www.instagram.com/p/DQaEKABASDM/?img\\_index=1](https://www.instagram.com/p/DQaEKABASDM/?img_index=1)

**Astoria Food Pantry**  
More Info: <https://www.astoriafoodpantry.com/> | **How to get help here:**  
<https://www.astoriafoodpantry.com/get-help.html>

A group of neighbors working together to support each other through COVID-19 and beyond. We are a grassroots group of volunteers who came together out of a belief that our community is safer when we take care of each other.

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**NYC Queers for Food Justice**

<https://www.instagram.com/nycqueers4foodjustice>

Brooklyn, NY

**Long Island Cares**

<https://www.licares.org/>

**Feeding Westchester**

<https://feedingwestchester.org/find-help/agency-locator/>

**Westchester Community Opportunity Program**

Food banks (among other things) in several locations across Westchester County through the [Community Action Partnership \(CAP\) program](#)

**[Regional Food Bank of Northeastern NY](#)**

Glens Falls NY

**North Carolina****Western, North Carolina: MANNA Food Bank**

To get resources, call the Food Helpline: 828-290-9749

MANNA distributes food to 220+ partner agencies, including food pantries and meal sites, across our 16-county service region in WNC. To locate one near you, use our [Food Finder Map](#) to search by zip code or availability.

**Asheville, North Carolina:**

[Beloved Street Pantries Locations](#)

<https://www.belovedasheville.com>

**Loving Food**

<https://www.lovingfood.org/our-work/#street-pantry>

Every Thursday, hot meals are served at the Kenilworth Center. Anyone can come and select a meat or vegetarian entrée. Typically a meal includes protein and vegetables.

**Asheville, North Carolina Food Connection:** <https://food-connection.org/>

**Tuesdays in FAIRVIEW: 3:00 EST**

Fairview Food Lion

1350 Charlotte Hwy

Fairview, NC 28730

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**Wednesdays in LEICESTER: 5:00 EST**

Bell United Methodist Church  
17 Mayrand Rd  
Leicester, NC 28748

**Bounty and Soul**

Asheville, NC

<https://bountyandsoul.org/>

**Fresh Produce Markets**

Bounty & Soul provides fresh, nutritious food to thousands of people every month across 12 locations in Buncombe County.

Our no-cost markets offer more than just produce— we share plant-based recipes, hands-on cooking demonstrations, healthy samples, children's activities, well-being resources, nutrition tips, and access to local resources.

Additionally, our Spanish-speaking staff are available to connect participants with local resources. [Market Schedule](#)

**Farmers Market Truck Schedule**

**Blunt Pretzels** (120 Alexander Pl, Swannanoa) Mondays @12pm-1:30pm.

**UNETE** (55 Adams Hill Rd, Asheville) @3:30pm-5pm.

**Covenant Community Church** (11 Rocket Dr, Asheville) Wednesdays @3:30pm-5pm.

**Rock Hill Baptist Church** (486 Caribou Rd, Asheville) Fridays @10:30am-12pm.

**ArtSpace** (2030 US 70, Swannanoa) Saturdays @10am-11:30am.

**Thursdays in CANDLER: 3:00 EST**

Francis Asbury Methodist Church  
725 Asbury Rd  
Candler, NC 28715

**Fridays in WEAVERVILLE: 11:00am EST**

Victory Fellowship Worship Center  
450 Aiken Road  
Weaverville, NC 28787

**Saturdays in SWANNANOVA: 10:00am EST**

Art Space Charter School  
2030 US Hwy 70  
Swannanoa, NC 28778

## Ohio

<https://www.ourcommunityresources.org/food-pantries>

### **Freestore Food Bank**

Cincinnati, OH

<https://freestorefoodbank.org>

### **Food Pantries and Soup Kitchens in Greater Cincinnati/Northern Kentucky**

<https://thevoiceofblackcincinnati.com/food-pantries-and-soup-kitchens>

## Oregon

[\*\*Equitable Giving Circle\*\*](#) - Portland

Black women founded and led an organization

Serving 400+ Black and Brown households a week with two food programs

### [\*\*Oregon Food Bank\*\*](#)

Main food bank - distributes food to a network of local and regional food banks and food pantries.

Marion Polk Food Share

Supports and distributes to more than 70 local partners in Marion and Polk counties.

<https://marionpolkfoodshare.org/ways-to-give/give-food/>

## Pennsylvania

### **Greater Pittsburgh Community Food Bank**

<http://pittsburghfoodbank.org>

Pittsburgh, PA

## South Carolina

### **Harvest Hope Food Bank in South Carolina**

<https://www.harvesthope.org/>

## Tennessee

[Second Harvest Food Bank of Middle Tennessee](#)

## Virginia

[Capital Area Food Bank](#) (serves the larger DC region - MD, VA, DC)

## Washington (state)

<https://www.helplinehouse.org/>

Bainbridge Island, WA

Food Bank, social services

<https://www.rvfb.org/>

Seattle, WA

Rainier Valley Food Bank

<https://fishvancouver.org/>

Friends in Service of Humanity (FISH)

Vancouver, WA

## Washington DC

[Capital Area Food Bank](#) (serves the larger DC region - MD, VA, DC)

## Wisconsin

[Hunger Task Force](#)

Milwaukee, WI

Milwaukee's Free & Local Food Bank

[Second Harvest Food Bank of Southern Wisconsin](#)

Serves 16 counties, including Madison, WI (and it's largest food pantries)

### **Badger Prairie Needs Network**

Serves Dane County, WI (located in Verona, WI)

We are more than just a food pantry, which is entirely led and run by volunteers. We offer a grocery-style pantry where guests can make their own selections based on what their family can use. By addressing poverty, we can end hunger. We offer a Saturday community meal, legal advocacy, career development opportunities, nutrition education, and on-site social workers from Joining Forces for Families.

### **WayForward Resources**

Serves Dane County, WI (located in Middleton, WI)

### **Fox Valley Food Pantry**

1200 W. Kimberly Ave  
Kimberly, WI 54136

#### **Distributions:**

1st Tuesday of every month: 6:00pm – 8:00pm  
3rd Tuesday of every month: 10:00am – 12:00pm

#### **Who's Eligible:**

We are open to anyone living within the Fox Valley Community. All you need to bring is proof of current residency. No financial information is needed!

**For any additional questions, please call or text the direct line to the pantry below.**

**Phone: (920)-572-5329**

**<https://www.nourishbpt.org/> Bridgeport, CT**

**<https://friendlyhandsfoodbanknwct.org/> Torrington, CT**

**<https://thecornerfoodpantry.org/> Lakeville, CT**

Wyoming

**[Wyoming Food Bank](#)**

**[One22 Jackson Cupboard](#)**

**[Hole Food Rescue](#)**