

Let's Organize a Party Without Stress!

Organizing a party can be tough, especially if you're throwing one for your best friend who is getting married soon, or if you're the one who is getting married and would like to keep everything under control. From ordering food and drinks and picking out the perfect party outfits to decorating the house and [planning out the activities](#) – hen parties take a lot of time and effort to organize, and you'll probably need some help if you're going to plan the whole thing on your own.



First, let's start by explaining the notion of hen parties and when and why have they become so popular. The beginning of hen parties can be traced back to 1800s, but it wasn't until 1960s that the phrase *hen parties* started to gain more prominence and began to have a context. Many experts put this down to the fact that 1960s was a period of a sexual revolution, so it's safe to say that hen parties are a pretty recent phenomenon. Similar to bridal showers, hen parties are all about the bride-to-be and her friends having fun and celebrating the fact that she's getting married.

However, hen showers tend to be more classy and PG-rated, while hen parties are more on the wild side, including all kinds of fun activities for the most memorable night with the girls. While bridal showers are usually cheaper to organize, with the bride's family is expected to pay for the event, hen parties are all

about joining forces with the girls in order to organize the party and have a blast. Also, when it comes to a hen party, there's no need to bring any presents for the bride, but instead, hens are gifted goodie bags to remind them of this fun-filled night.

Of course, there are a number of ways you can organize a hen party. You could pick a destination you'll all go to, you can throw a party out in the open, or you can throw it at your own home to keep down the costs and spend that extra money elsewhere, say, accessories! Sashes, tees, tiaras, and veils are [all accessories that usually accompany a hen party](#), alongside plates and cups that were specially designed for the event. You can also bring some photo booth and take some of the most hilarious photographs of you and your friends and use them as a way to celebrate the night.



If you've decided you want to throw your hen party at home, there is a wide range of activities you can go for to ensure your friends and you have a great time. Pamper party could be just what you need after weeks of planning it out, while a makeover night will make you feel glamorous and ensure you have a fun time with your bridesmaids. You can also play some popular hen party games, such as [Never Have I Ever](#) to get the naughtiest, most hilarious responses your friends probably wouldn't admit to when they're sober, or make a Bra Pong board and play beer pong the girly way.

Now, if you do decide to celebrate at home, you'll need to consider all the major and minor details, and that includes food and drinks! You can make your own hors d'oeuvre by using easy canapés and cocktail recipes you can find online.



Easy Bites

Whisk in the snow 5 egg whites with a little bit of salt. Add 5 egg yolks, continue with a light shake. Mix 2 tablespoons flour with baking powder. Whisk it all together. This is a single crust measure.

To get the GREEN crust, whisk in the cooked, finely chopped spinach.

For the RED one add a bit of red paprika.

For the FILLING mix cream cheese with some salt and parmesan. Spice it up with pinch of basil or oregano.

Fill each bark separately and place on top of each other. Cut into cubes and decorate as desired.

Sustainable parties are becoming a thing, and a popular way to serve your drinks and snacks is by using eco-friendly products. In order to avoid unnecessary stress, you could also hire [an event catering company](#) to take a significant amount of work off your chest while you focus on other aspects of organizing a party. They will deliver great-tasting food, make sure the food is presented in an appealing way, while also taking a bulk of work on their shoulders, saving you time (and nerves!).



Hen parties are becoming more and more popular, and different brides-to-be want different things for their bachelorette nights, so we thought we'd throw in a couple of hen party trends that we can anticipate in the following year. Themed hen parties are gaining a significant amount of attention – from Bollywood nights to roller disco, these hen parties are sure to be remembered. We're also seeing a rise in destination hen parties, with Barcelona, Amsterdam, and Magaluf being some of the top hen party destinations. Hiring a buff butler for a hen party is a sure way to spice up the girls' night, while a gin masterclass or a day of wine tasting is sure to teach you how to appreciate your drinks and widen your drinking horizon (getting tipsy is an added bonus!). These are all great hen party ideas we can see happening in the next year, and now, all you've got to do is roll up your sleeves, start writing down all you want and need for your hen party. After all, you've only got one shot, so make it fun, make it memorable, and definitely make it count!

Author bio:

Sophie is a blogger from Australia. She spends a lot of time in kitchen, exploring new recipes. She also enjoys decorating food and home. At the end of the day, she loves to sit down, write and share her everyday experience.