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- [1] Kusnanto, K. A. J. Widyanata, Suprajitno, and H. Arifin, "DM-calendar app as a diabetes self-management education on adult type 2 diabetes mellitus: a randomized controlled trial," *J. Diabetes Metab. Disord.*, vol. 18, no. 2, pp. 557–563, Dec. 2019, doi: 10.1007/s40200-019-00468-1.
- [2] M. R. Alligood, *Nursing Theorists and Their Work*, 8th ed. St. Louis, Missouri: Elsevier Inc., 2014.