



PLEASE KEEP YOUR CHILD HOME DURING THE COURSE OF A FEVER/ILLNESS AND FOR AN ADDITIONAL 24 HOURS AFTER THE FEVER/ILLNESS HAS PASSED WITHOUT USE OF TYLENOL, IBUPROFEN, MOTRIN, ETC.

Students with any of the following symptoms/illnesses should not be in school or in contact with other children. Students should receive clearance from a medical provider prior to returning to school.

Runny nose	Cloudy or yellow/green nasal discharge with congestion and fever
Cough	Frequent or uncontrollable cough with or without fever, especially if your child is unable to consistently cover their cough and wash their hands
Fever	Temperature over 100° F
Vomiting or diarrhea	Must stay home until 24 hours after last episode of vomiting or diarrhea
Strep throat	Sore throat, headache, nausea, fever. Must stay home until 12 hours after first dose of antibiotic and no fever for 24 hours.
Rash/skin infection	Rash or skin infection must be examined by a medical professional. Upon return to school, rash must be covered during school hours as much as possible.
Chicken pox	Pink/red spots with blister-like center, fever.
Influenza/COVID	Temperature of 100° F or more with sore throat, cough, runny nose, congestion, body aches, extreme tiredness, vomiting or diarrhea, loss of taste or smell.

The following do not require exclusion from school

Pink eye	Eye is red with complaint of burning or itching. White or yellow discharge/crust in present. PLEASE KEEP HOME IF YOUR CHILD IS UNABLE TO KEEP THEIR FINGERS OUT OF THEIR EYES AND WASH THEIR HANDS CONSISTENTLY.
Lice	Itching of the head and neck. Crawling lice in the hair, usually there aren't very many; eggs (nits) glued to the hair, often found behind the ears and at the back of the neck; and scratch marks on the head or back of the neck at the hairline. PLEASE TREAT YOUR CHILD AS SOON AS POSSIBLE. All family members should be checked for lice. Avoid head-to-head contact and sharing personal items.

Please feel free to call with any questions.

Cover your cough, wash your hands, and stay healthy!

Nurse Nicole

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