EPDS-Inuktitut is a mobile screening application designed to support healthcare providers and patients in completing a 12-item culturally adapted version of the Edinburgh Postnatal Depression Scale (EPDS) in Inuktitut.

The EPDS-Inuktitut was developed to support the delivery of perinatal mental health screening for Inuit patients from Nunavik where Inuktitut is widely spoken.The application helps facilitate culturally appropriate perinatal mental health screening by providing the EPDS-Inuktitut questionnaire in supported Inuktitut dialects. It allows patients to complete the screening in a language that is familiar and accessible while enabling healthcare providers to review results clearly and efficiently

Key Features

- Dialect selection to present the questionnaire in supported Inuktitut dialects spoken in Nunavik.
- Guided screening process that walks users through each EPDS-Inuktitut question step by step.
- Audio playback support to assist users who prefer listening to questions rather than reading them.
- Automatic scoring of responses based on the original EPDS guidelines.
- Risk level classification to help healthcare providers interpret screening results.
- Clear results summary showing question responses and calculated scores.
- Clinical note option for healthcare providers to document additional information for reviewing screening outcomes.

How the App Is Used

The EPDS-Inuktitut application is typically used in healthcare settings where providers guide patients through the screening process. Patients complete the questionnaire on the device, after which healthcare providers review the results and determine appropriate follow-up steps.

Medical Disclaimer

EPDS-Inuktitut is a screening tool intended to support healthcare professionals in identifying possible signs of perinatal depression. The application does not provide medical diagnosis or treatment and should not be used as a substitute for professional medical advice. Users should consult a qualified healthcare provider for medical evaluation and care.

Support

If you have questions about the application or require technical assistance, please visit our EPDS-Inuktitut application information page:
https://matches.humanecology.wisc.edu/epds-inuktitut/

Privacy Policy

For information about how personal data is handled, please review our Privacy Policy:
https://matches.humanecology.wisc.edu/epds-inuktitut/