

CLOZE TESTS

1- Read the text and complete each gap with the best word from the box. There are four words you don't need. Please write your answers in the boxes. Gap 0 is an example. (That's b1 -2)

vitamins spoonful foods check out reliable popularity slice fish
harmful number improve vegetables healthy check in
average

Good food and health

Nowadays, most people would agree that eating well and doing some type of exercise are important if we want to maintain a 0 **healthy** lifestyle. It's always a good idea to carry out some research into different food options if you want to 1 ... your health, so here are two choices you might want to consider.

The vegan diet

Vegans don't eat food which comes from animals, so if you choose to become one, you can't have meat or 2 ... or dairy products, such as cheese and milk or other things like honey. You need to 3 ... trustworthy information about how you can get all the right 4 ... to stay healthy.

If you include a wide variety of food such as beans, soya, green 5 ... and nuts, you'll get enough nutrients. Getting an 6 ... of five portions of fruit and vegetables a day is important for anyone's health. For those of you who love comfort food or enjoy a big 7 ... of roast beef,

the vegan option might sound difficult. But remember, it's a good idea if you want to reduce the risk of heart disease or high cholesterol.

The paleo diet

In recent years, there has been an increase in the 8 ... of the paleo diet, which follows the type of food that our human ancestors used to eat. They were hunters and they also collected food, so research suggests that they were more active than many of us today. Paleolithic humans probably ate what they could find at the time, a mixture of unprocessed animal 9 ... and plants. So, if you want to try this diet, eat organic or whole food products: meat, fish, vegetables and fruit. If you want to lose weight or reduce typical lifestyle diseases, there is evidence to show that this diet is 10....

2- Read the text and complete each gap with the best word from the box. There are four words you don't need. Please write your answers in the boxes. Gap 0 is an example. (That's b1 -3)

Battery locks cooker decisions e-mail efficient gets
healthier matters message morning temperature that to
trying

SMART HOMES

We're all familiar with the concept of smart devices. But we're not only talking about mobile phones, tablets or televisions here. Anything that can be connected 0 to the Internet, in fact, can become smart. Including our homes.

Imagine this. It's 7am and you wake up in your smart house. Everything is ready for your pre-programmed 11 ... routine: the water in the shower is at the perfect temperature, the right music is playing in the background and your coffee and toast are waiting for you in the kitchen. Then you leave and the house just takes care of itself: the front door automatically 12 ... , the alarm turns on and the cooking robot 13 ... ready to prepare your dinner for tonight when you come back home.

Well, it's not only comfort that 14 ... here. A smart house can indeed mean a safer house, too. It can detect motion or fire while you're away and, if it's not your pet walking around or your teenage son 15 ... to fry an egg, it will automatically warn the police or the fire department.

What's more, smart houses are very energy-16 If you're not using an electrical device, for example, it will understand this and will automatically turn it off. It can even recognise where you are in the house and it will adjust the 17 ... so that you are not too hot or too cold.

Best of all, however, living in a smart house can mean a 18 ... lifestyle. Some smart devices allow you to meet your nurse or doctor virtually. As well, these gadgets can also make their own 19 ... and diagnoses. They can scan your body and recognise if you have a cold or other illness, for example. Then, if necessary, they'll tell the house, which will finally decide whether to buy the medicines you need or send a 20 ... to the national healthcare system. And, sure, it can also suggest that you just go for a run instead... Smart!

3- GAP FILL From <https://breakingnewsenglish.com/2509/250901-shark-teeth.html>

The climate crisis may be posing an existential (1) _____ to many species of shark. A new study has revealed that the (2) _____ of the world's oceans is causing sharks' teeth to (3) _____. It is well known in the scientific community that increasing ocean acidity is damaging calcified species like (4) _____, molluscs, and sea urchins. This led marine biologists to research whether shark teeth are at similar (5) _____. Lead author of the study, Maximilian Baum, investigated whether "sharks that swim with their (6) _____ open to ventilate their gills and have constant seawater (7) _____ might also be vulnerable". He concluded

that "even the teeth of apex (8) _____ show visible damage under acidified conditions". Baum and his colleagues analyzed 42 teeth from 10 blacktip reef sharks at an (9) _____ in Germany. They placed the teeth in two separate water (10) _____ for eight weeks. The salt water in one tank had a pH level of 8.2, which is similar to current ocean (11) _____. The water in the other tank was more acidic, with a pH level of 7.3. Baum found that the teeth in the more (12) _____ water had "visible surface damage". This included cracks and (13) _____, increased root decay, and structural deterioration. He said (14) _____ damage could impact how sharks feed in the future. Such damage could potentially (15) _____ "domino effects" across the health of many (16) _____ ecosystems.

Decay risk threat predators corals exposure acidification mouths averages marine acidic ongoing tanks cavities aquarium trigger

4- Read the text and complete each gap with the best word from the box. There are four words you don't need. Please write your answers in the boxes. Gap 0 is an example. (That's b21)

released climate saga responsibility blockbuster subtitled outrageous
 low-budget came up with effective brought up imaginative
 responsible

Science Fiction - the greatest film genre?

Sci-fi...it's the film genre of futuristic societies, invasions by aliens who want to take over our planet and incredible robotic technologies. Not everyone is attracted to this (0) **imaginative** and highly visual medium that many filmmakers have turned into a (1) ... , but it has been one of my favourite genres since I was young. For most film fans, sci-fi offers you the chance to be transported into a fantasy world full of thrilling and dramatic special effects, as well as enjoy some powerful acting performances.

Have you ever considered that a lot of sci-fi plots seem to use the future to examine issues that we are dealing with today? Some of the most (2) ... sci-fi narratives include societies or states that are tyrannical or have some type of dictatorship. These usually symbolise darkness and entail actions that may accelerate (3) ... change or destroy economic and social values. From Terminator to the timeless Blade Runner, or the idealistic future of Star Trek, we are invited to question whether the human race has the ability to come together and take (4) ... for some of the major problems of our times. Can we reconcile our differences and find solutions to world poverty, hunger, disease, or war? Will we be able to create a future where scientific development takes into account ethical considerations?

Another reason why I love sci-fi is that it has inspired a lot of the present-day technology that is so important in our lives. If it hadn't been for Star Trek's 'communicator', we might never have had the first mobile phones. The director of research and development at Motorola said he (5) ... the early designs of 1970s mobile phones based on the 'communicator'. This converted fantasy into a reality we could hardly imagine being without nowadays. After reading an 1898 newspaper series of H.G. Wells's novel about an alien invasion, War of the Worlds, Robert. H. Goddard, a US scientist, went on to build the first liquid-fuelled rocket, which was launched into space in 1926. Wells's ideas may have seemed (6) ... at the time, but Goddard claimed they had encouraged him to think more about the possibilities of interplanetary flight.

From androids and 3D chessboards in a fantasy-sci-fi (7) ... like Star Wars, to driverless cars in Total Recall, there are many examples of creations that have influenced some of our most innovative technology today. Sci-fi is also my favourite film genre because of its imaginative possibilities, but it is also quite subversive. Less known filmmakers have made (8) ... productions that reflect on issues which were almost 'taboo' or sensitive subjects in the past, such as racism, colonialism or slavery. That is what makes the sci-fi genre great.

5- GAP FILL From <https://breakingnewsenglish.com/2508/250825-school-discipline.html>

El Salvador is cracking down on school discipline. President Nayib Bukele has appointed a (1) _____ army captain, Karla Trigueros, as education minister. She has started (2) _____ schools wearing army fatigues. Ms Trigueros is also a physician and was head of the country's vaccination (3) _____ during the coronavirus pandemic. One of her first (4) _____ was to require all school principals to become role models. School heads will be required to greet students as they come (5) _____ the school gates each morning. They will also scrutinize pupils' haircuts and (6) _____. Trigueros warned schools that: "Failure to (7) _____ with these provisions...will be considered a serious (8) _____ of administrative responsibility." The main (9) _____ of El Salvador's new education initiative is on appearance and conduct. In particular, boys are required to have closely-(10) _____, military-style haircuts, while all students must wear (11) _____ uniforms and greet all teachers respectfully. There has been mixed (12) _____ to the new policy. A leading teachers' union called it a "regrettable militarization" of schools. It was (13) _____ that the country was veering back to the days of military dictatorship. It said: "We are concerned that the already [endemic] abuses of (14) _____ against students will increase." However, many parents are (15) _____ of the new rules. One said: "That's how you (16) _____ children out from a young age."

Uniforms former breach logistics inspecting through comply edicts
 cropped straighten focus power reaction supportive tidy
 concerned

6- GAP FILL From <https://breakingnewsenglish.com/2508/250818-data-centres-water.html>

The National Drought Group (NDG), an environmental organization in the UK, has warned that data centres are putting a (1) _____ on the country's water supplies. This is also a (2) _____ in many other countries. The group did not indicate to what degree these facilities are contributing to drought (3) _____ in many parts of the UK. It is (4) _____ that the centres use up to 10 billion litres of water per year to (5) _____ their giant facilities. One water company reported that a large data centre can use as much water as 50,000 (6) _____. Despite concerns from environmentalists, the UK is (7) _____ ahead to build many more data centres. Deputy Prime Minister Angela Rayner said they were (8) _____ for economic growth. The NDG has urged Britons to take (9) _____ to cut back on their water consumption. One such measure is to (10) _____ unwanted emails and large images. The group claims this will (11) _____ the demand for water. A government website suggested deleting old emails and pictures "as data centres require (12) _____ amounts of water to cool their systems". NDG chairperson Helen Wakeham said a simple everyday action such as (13) _____ up one's inbox and spam and trash folders will "really help the collective (14) _____ to reduce demand and help (15) _____ the health of our rivers and wildlife". However, it is likely that the water saved from people deleting files stored in the cloud is merely a (16) _____ in the ocean.

Estimated strain essential cool pushing conditions concern
 households lessen effort vast drop trash preserve measures
 tidying