



MBV

Tryout Information

Compliance Prior to Tryouts

Please Read through completely!

Online paperwork (Due June 1st) for Rank One needs to be filled out [Online Compliance Paperwork](#) Or go to the MISD Athletics website and you will find the paperwork there. ***THIS LINK WILL NOT BE AVAILABLE UNTIL APRIL 1ST**

DO NOT UPLOAD ANY PAPERWORK TO RANKONE. BIRTH CERTIFICATES AND PROOF OF RESIDENCIES MUST BE UPLOADED BY A COACH

1. **Physicals:** An up to date physical should be completed PRIOR to camps, skills, PC or tryouts. MISD offers physicals at different times & locations through the spring.
*There is a flier attached to the email with specific dates and times. If your daughter can't make one of the MISD dates, she will need to get the physical done through a physician.
The physical needs to be on a colored paper cardstock provided by the MISD coaches/athletic trainers on the athlete's current campus.

2. **Utility bill** with **DATES OF SERVICE (not the billing/due date) that fall within the month of July.** We can not accept any utility bills that have a date of service range that does not include the month July. The date range has to be within **45 days** of the first day of season. **PLEASE DO NOT SEND US A UTILITY BILL UNTIL REQUESTED!**

Proof of Residency Requirements

- **Acceptance based on the DATES OF SERVICE, not the billing or due date.**
- Document CANNOT be a screen shot, it has to be the original form. It can be an electric bill or gas bill.
- Bill must be assigned to your current address which must be zoned for McKinney Boyd High School and must match the enrollment address in RankOne.
- If you recently moved into a new house that is zoned for McKinney Boyd and haven't received a bill yet, we will accept your mortgage or renting paperwork.

Please email the bill to Coach Braddock mbraddock@mckinneyisd.net WHEN REQUESTED!

3. **Copy of Birth Certificate (Due June 1st)** Please email a copy to Coach Braddock mbraddock@mckinneyisd.net

*RETURNING MBV PLAYERS DO NOT need to submit a birth certificate.



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Tryout Information

Incoming Freshman SportsYou Sign Up

You have been invited to 2025-26 MBV Incoming Freshman on sportsYou.

Download the app here:

<https://sportsyou.app>

Your team code is: **6PH6-YDBQ**

MBV Team Camp

July 28th-July 31st

***FLYER ATTACHED TO EMAIL**

Tryout Conditioning Requirements

800 Yard Shuttle Requirements:

Varsity: 7:30 min total

Junior Varsity: 7:45 min total

Freshman A/B: 8:00 min total

Athletes will complete two 800 yard shuttles. The times above are the total times they are required to make for each team.

Example: A Varsity player runs 1st 800 yard shuttle in 3:30 and 2nd 800 yard shuttle in 4:00. Those combined times equal 7:30 min and that player has passed the conditioning portion of tryouts.

Players will need to make these times prior to being allowed to participate in a match. The player can still make a team even if they do not make their 800 yard shuttle times. They will have multiple opportunities during morning tryouts to rerun the 800 yard shuttles until they make the required time.

****Shuttle format is attached to email***