Interesting Rides

A selection of interesting rides carried out by club members, individually or in a group, and published in our newsletter or blogs. The most recent rides are at the top.

2022

King Alfred's Way by the book

Ged navigated round the King Alfred's Way gravel trail over five days, using the Cycling UK guide book. (Ged Lawrenson in 2021, published in 2022)

Exploring the Lost Rivers of South London

Visiting hidden rivers which are mostly buried underground, and finding some which were previously unknown. (Simon Lambourn)

Easter Tour to Salisbury

A group of 40+ riders, on-road and off-road, spent a weekend enjoying the roads and trails around Salisbury, venturing to Stonehenge and the New Forest, among other places. (Steve Gordon & Ann Bath; write up by Simon Lambourn)

King Alfred has problems

Martin and his daughter Lara cycled King Alfred's Way but ran into several unexpected difficulties along the way. (Martin Gandy)

Solo tour to Normandy and Brittany

Clive went cycle-camping in France for a week or so in France, trying out Voies Vertes, local campsites and of course, local cuisine. Read Part 1 and Part 2. (Clive Janes)

Hilly 50k annual challenge ride

Every year the Sou'Westers invite cyclists to see some of the well-known Surrey hills up close in a 50km route. There is a <u>blog report</u> with many photos, and <u>The Sou'Wester</u> contains a compilation of different riders' views. (Dave Vine, Christina Berkley and others)

My first 100 mile ride

Diane went from cycling 100 miles a month to 100 miles in a day, riding the Ride London 100 mile Essex event. (Diane Porter)

Cycling with a mixed group in Sicily

Mike took a group of friends with *very* mixed cycling ability on a nine-day tour of Sicily, and they are still friends! (Mike Reynell)

Coastal Adventure in South Wales

A ride round the coast, which started in 2013, continued this year along the hills, valleys, and more hills of South Wales. (Simon Lambourn)

Land's End to John O'Groats

Sue finally got to ride all the way to John o'Groats, having missed out due to injury in 2021. (Sue Foster)

The Shoreham Century

An annual trip to the seaside; some rode back too, to make a 100 mile ride.

Is Norfolk Flat? - A group tour finds out

A group of friends explored Norfolk for a few balmy summer days and pronounced it not flat, but "crinkly round the edges". (Roger Parsley)

Tri-Vets rides 2022

Every three years, riders are invited to ride 100 miles, 100 km or 50 km along the Surrey Cycleways, interspersed with eating cake.

South Wales - the High Level Route 47

A tempting looking gravel route provided excellent cycling for a ride from Pontypridd to Swansea. (Mark Gladwyn)

Dieppe Raid cycling weekend

Every year a large group of Sou'Westers spend a weekend in Dieppe with many other cyclists on the Randonée des Trois Vallées. This was the 2022 event.

Beginners all-day ride to Harmondsworth

A veritable history lesson tour of west London involving some off-road tracks along canals and rivers, to see the massive Tithe Barn at Harmondsworth together with many other interesting sights. (Steph Wyatt)

A Pilgrimage to Canterbury

Following the cycle tracks of mediaeval pilgrims, to re-visit the Pilgrims' Way to Canterbury. (Mark Gladwyn)

<u>London-Edinburgh-London - nearly</u>

The most challenging Audax ride: ride 1,500km in about five days, trading riding time versus sleeping and eating time. Neil loved it so much the first time, he did it again. (Neil Crocker)

Beginners all-day ride to Greenwich

A group of beginners and not-so-beginners rode from near Croydon to Greenwich, back through Brixton and Merton Abbey Mills for a day full of sightseeing and (mostly) quiet roads. (Paul James)

A first 200k Audax ride

Gill and Sue wanted to try an Audax ride, (a self-supported ride with a time limit), so they rode the "Brace of Bramleys" ride, accompanied at times by several other people with previous Audax experience. Surbiton to Surrey, Hampshire and Berkshire, 209 km in a day of cycling. (Sue Foster & Gill Holder)

Penny-farthing racing

Tony led a regular Sunday ride (on regular bikes) to Hillingdon cycle track, to watch a fascinating event of Ordinary (i.e. Penny Farthing) Racing. In addition to several photos in the ride report (linked above), there's also a <u>video here</u>. (Tony Hopkins)

Discovering Wild Camping

A series of short trips and mini-tours through the year to work out how to do wild camping without the worry; visiting a few nearby places and also discovering new delights in Wiltshire, Oxfordshire, Bedfordshire, Sussex and Kent. A <u>Sou'Wester article</u> describes why: the individual trip reports are <u>here</u>. (Simon Lambourn)

A CTC trip to Nepal

Kathmandu, Lhasa, and Everest Base Camp while immersed in local culture, food, traffic and gorgeous views - worth a read. (Ken and Paul Day; ridden in 2006 but written up in 2022)

A tale of two Stanes

A river bank quest to find <u>The London Stone</u> marking the eastern boundary of London on the Thames made for an interesting ride. Then Mark discovered there was <u>another one</u>... (Mark Gladwyn)

2021

Cycling Hadrian's Wall

Clive and two sons ride the cycleway from Ravenglass to Newcastle, with tents: Part 1 and Part 2. (Clive Janes)

Cycling in Mallorca

Blue skies, empty roads, spectacular views, hills ... (Dave Vine)

The Leith Hill Greenway

Mark went to find the new Leith Hill Greenway, and discovered it goes to Leith Hill ... and beyond. (More here) (Mark Gladwyn)

Tour to Melton Mowbray

Was it the undulating Leicester countryside, or was it the pork pies that attracted 25 riders to have a few days away? (Pam Jones)

Ride Across Britain

Sue attempted to ride from Lands End to John o'Groats in just nine days. Was she mad? (Sue Foster)

Riding the Welsh Borders

Brian headed north, roughly following Offa's Dyke enjoying the Welsh scenery and weather. (Brian Greenwood)

A few days in Norfolk

A few days away, following quiet roads and cafe signs. (Janice Dawes)

Drove Roads to Shaftesbury

Following ancient trails from Salisbury in search of the Hovis Hill. (Mark Gladwyn)

Chasing the Sun

Janice and friends rode across southern England between sunrise and sunset, because they could. (Janice Dawes)

King Alfred's Way

Exploring parts of the new off-road route, and parts of the military areas of Salisbury plain. (Mark Gladwyn)

King Alfred's Other Way

A different take on King Alfred's Way, along the Test valley and down a Bunny hole: back in time for Evensong at Winchester Cathedral. (Brian Greenwood)

All-day ride along the Wandle and Thames

Helen led the Beginners on an outing to Fulham Palace, where there was a scandal. (Helen Tovey)

Coast to Coast - the conclusion in Wales

Mark's Coast to Coast trip was rudely interrupted by Covid at the Severn Bridge in 2019. This is the conclusion of his scenic trip through south Wales. (Mark Gladwyn)

Lord of the Rings ride

Visiting some ancient hill forts in Surrey and Sussex. (Mark Gladwyn)

All-day ride to Greenwich and Battersea

Paul's intricate, scenic and historic Beginners ride. (Paul James)

Audax riding

Dave rides a 200k Audax to Newhaven and Brighton, and explains what it is and why he does it (Dave Vine)

Ireland 1962

A look back at a family cycling holiday and a comparison with a return trip in 2010 (Brian Greenwood)

Biking the Bounds - Merton

Dave stayed local (and sane) during lockdown by riding the bounds of Merton, discovering some less-well known parts of the borough and also some improvements in cycling provision since a similar trip in 2010 (Dave Vine)

Biking the Bounds - Wandsworth

Beating the Bounds used to be a thing, but since corporal punishment is now forbidden, Ged discovered a better alternative. (Ged Lawrenson)

Seven Tiers of Desperation, sorry, that should read Football

What to do in Lockdown? Ged's solution involved Football ... (Ged Lawrenson)

The Source of the Wandle?

Inspired by <u>Tony's ride</u> to the commonly-accepted source of the Wandle, Mark did a bit of digging, and then a bit of riding, to discover some other sources. (Mark Gladwyn)

Cycling in North-West Wales

It was Covid, everything was closed, but it was summer and Arwyn felt the urge to cycle south to north through Wales Part 1 and Part 2 (Arwyn Morgan)

2020

Elm Farm and the Russian Winter

Czar Paul leads the B-group proletariat on an adventure in the Surrey Gulag. (Paul James)

The Northern Heights Expedition

A duo London ride with two riders and two palaces (Dave Vine)

Downs Link to Shoreham

Steve's Solo Sycle ride to the Seaside (Steve Duffin)

Cycling in Italy

Pick a gap in lockdown, and cycle from San Gimignano to Rome. (Mike Reynell)

Beginners' All-Day ride to Greenwich

Following green threads through London along disused railways and riverside parks, from South London to Greenwich and back via Brixton and along the river Wandle. (Paul James)

Touring the Western Highlands

A much-replanned trip to the wild side of Scotland finally happened. (Dave Bartholomew and Simon Lambourn) Blog articles here. Sou'Wester article here.

Train-assisted to Silchester

One canal, one castle, one Roman city, four fords, all in 37 lumpy miles. (Graham Hill)

Beginners' All-Day ride to Walton

Fourteen riders in three groups rode from Cheam to Walton and back (Paul James)

All-day ride to Osterley Park

A hot day's ride via Richmond Hill, the Isleworth Plague pit, and the Grand Union Canal to Osterley Park. (Tony Hooker)

Ridgeway Ride

A solo ride in the rolling hills of Wiltshire. (Mark Gladwyn)

A Lockdown Century

Re-living the Tri-Vets 100 mile route, plus a bit. (Janice Dawes)

Shoreham Century

Our annual group ride wasn't possible this year, so Mark Gladwyn did it as a solo ride.

Blue Plaque rides

Where to go for a lockdown ride? Ged's inspiration was blue plaques, and this led to a series of rides celebrating <u>nursing</u>, <u>sport</u> and <u>literature</u>. (Ged Lawrenson)

Hilly 50k

Annual event to ride many of the big hills in Surrey. This year reported on by Ged Lawrenson and Paul James in the Sou'Wester. Also a <u>post-event report</u> by the late Mike Morley, and some <u>photos</u> from Ged

Cape Town Argus ride

A rare tour in South Africa for Stephen Hickey, reported in the Sou'Wester

Bicycle Ramble

An unguided ride around the commons of Wisley, Ockham, Fairmile and Littleworth (Simon Lambourn)

Westhumble & Ranmore Byways

The hot dry weather encouraged Terry Lowe to try some of the old unpaved roads.

North Pembokeshire ride

Empty roads in the sunshine made for enjoyable, if hilly, cycling. (Ged Lawrenson)

Chobham Common

Another sunny solo ride, this time off road near Chobham (Simon Lambourn)

West from Dorking

Daily exercise and beautiful scenery for Terry Lowe.

Janice's Mystery Tour

A gentle ride with an unco-operative Garmin turns into a hilly ride (Janice Dawes)

North Downs Way

A local loop including plenty of off-road on a sunny day (Mark Gladwyn)

Cycling in Sri Lanka

Ken Day's two-week tour in Sri Lanka

Coast-to-Coast in Devon

A wet and windy weekend for Ged Lawrenson

Coast-to-Coast in the other direction

A longer route, Kent to Wales, that takes more than a weekend. This year Mark completed two sections, Reading to Marlborough and Marlborough to the Severn. (Mark Gladwyn)

2019

Hilly 50k challenge ride 2018

(Sept 2018): Only seven riders turned out to the rescheduled event, which was postponed from March to September due to bad weather (Paul James)

CTC Birthday Rides 2018

(Aug 2018): Cycling UK's annual get-together, this year in Stafford drew a dozen Sou'Westers as part of 300 riders who shared a varied programme of rides over several days (Steph Wyatt)

Venice to Croatia

Part 1 A self-guided tour through northern Italy with a less-keen cycling partner; Part 2 Coastal roads to Trieste, and then through Slovenia to Croatia, with an unexpected end (Janice Dawes)

Getting into Audax rides: "Cor, Blimey!"

(2016-2018) Continuous riding for 100km, 200..300...600km??? (Neil Crocker)

Cycling in India

A two-week ride through Kerala and Tamil Nadu. (Mike Barrett)

Vietnam tour

Twenty riders, mostly Sou'Westers, embark on an unforgettable trip with water buffalo, paddy fields, tropical winter warmth and friendly locals. Photos. (Terry Lowe & Gill Finlay)

Hilly 50k challenge ride 2019

68 riders took on the best of the Surrey Hills: 2700 feet of climbing in around 33 miles, and raised £650 for charity. (photo) (Mike Morley)

London Ride

Through many interesting points and parks in South London, with connections to Jurassic Britain, the Kray twins and the Mayflower, to Rotherhithe (Ged Lawrenson)

Beginners All-Day ride to Osterley Park

Following rivers and canals from Nonsuch Park (Tony Hooker)

Cheam & Morden Easter Tour 2019

<u>Steve Gordon's two-day ride to Canterbury</u>: Apple blossom, Crab & Winkle for the pilgrims on the way to Canterbury, <u>Pete Beyer's Saturday ride to Hythe</u>: deserted Kent lanes, a micro-brewery, oh, and a lot of hills, and <u>Steve's Sunday ride to Herne Bay</u>: a sandwich in Sandwich but avoiding a hernia in Herne Bay.

Exmoor Audax

Mark's account of a sightseeing tour of Exmoor, in the mist and cold wind. (Mark Gladwyn)

Beginners All-Day ride to Greenwich

From Nonsuch Park via Beddington Park, South Norwood Park, Greenwich Park and returning via the Waterlink Way (Harry Cole)

CTC Holidays tour in Costa Blanca

A spring trip in southern Spain with several days of beautiful but challenging cycling (Karen Cochrane)

Day trip to Goring-by-sea

A ride to the seaside and back (Janice Dawes)

Simon's Coastal Adventure, continued

The seventh year of this trip around the coast, this time starting from Warrington(!) and visiting the Isle of Man before tackling the north and west coasts of Wales. (Simon Lambourn)

Tri-Vets: the Triennial Veterans' ride

Three ride lengths: three reports: <u>100 miles in the fast lane</u> by Janice Dawes; <u>100km</u>: a more leisurely ride with time to relax and chat over lunch from Sue Bellamy, and the <u>50km</u>

ride, more like a regular Wednesday ride, with elevenses, lunch and tea as usual! (Paul James). Plus some photos.

Dieppe Raid cycling weekend

<u>Simon Lambourn</u>'s account of a warm welcome in Dieppe with a hot ride on quiet roads along the coast before the 140km ride on Sunday, while <u>Paul James</u> and ten other Sou'Westers rode the 100km route through the lovely Normandy countryside, and for <u>Pip Mott</u>, on holiday from New Zealand it was "Come and join us for a ride in Dieppe".

Lands' End to John o'Groats

David & Jennie's "Notes from a Large Island" as they cycled the length of it.

Shoreham Century

The annual ride to the seaside and back, this time with added rain (Neil Crocker)

Beginners All-Day ride to Brighton

Via Shoreham and a bit of the new DownsLink, and returning by train (Tony Hooker)

The South Downs Way

Mark's ride along the South Downs, in the heat of summer.

Beginners All-Day ride to Harmondsworth

Nonsuch Park to Harmondsworth via Kingston, the river Crane path, Pevensey Nature Reserve and Hounslow Heath (Steph Wyatt)

Prudential Ride London

<u>Christina Berkley</u> and <u>Sue Bellamy</u> rode the 100 mile event, both for the first time, while <u>Roger Parsley</u> with three other Sou'Westers rode the 19 mile course on his Yellow Peril bike with knobbly tyres and "quite good" brakes.

CTC Birthday Rides 2019

About a dozen Sou'Westers joined 400 riders for several days of organised rides and socialising near St Neots (Mike Morley)

Paris-Brest-Paris Audax ride

Legendary ride: 1300km in 4 days and nights (Neil Crocker)

The Kennet & Avon Canal

Riding from Bristol to Reading along the canal (Ray Youlden)

Beginners All-Day ride to Godstone

Via Kenley Aerodrome, with an extension to Redhill before returning to Banstead (Tony Hooker)

Annual Freewheel Competition

Not a ride to the coast, but a coast-to-ride. (reports from the <u>A group</u> - Janice Dawes and <u>B</u> group - John Austin)

Coast to Coast

Margate to St Davids, in stages: <u>Margate-Carshalton</u>. <u>Carshalton-Reading</u> .. more to follow in 2019 (Mark Gladwyn)

2018

Cheam & Morden Easter Tour

40 cyclists spend Easter in the Isle of Wight (Mike Morley)

Cycling along the Mosel

Three cyclists on a group tour in Germany, after googling "Cycling for Oldies" (Roger Parsley)

Prudential Free Cycle ride

"London is Open" to cycling one day a year (Roy Flowers & Karen Cochrane)

Prudential Ride London 100

At least 11 club members entered this famous group ride, or the shorter variant. Four of them report on their experience: (Ged Lawrenson, Mike Morley, John Austin and Janice Dawes)

Beginners' All-Day Ride to Limehouse Basin

A ride from along the Regents' Canal to Limehouse Basin, returning to the Imperial War Museum for tea (Tony Hooker)

Beginners' ride to Worthing

All-day ride, accompanied by harmonica (Tony Hooker)

Beginners' ride to Greenwich & Crystal Palace

Another all-day ride, on a wet day (photos here) (Tony Hooker)

Cheam & Morden ride to the Olympic Park

A tour of some of Joseph Bazalgette's great works in London including the "Cathedral of Sewage" at Abbey Mills pumping station. Photos here. (Graham Hill)

A tour of Kerala and Tamil Nadu

A family outing to India, on a CTC tour, with a slideshow and video! (Paul Day)

Trip to Iran

A CTC tour to Iran (photos) (Ken & Paul Day)

Night ride

An overnight ride along the North Downs Way. Off-road. In the dark. (Mark Gladwyn)

A Blustery Day

Winnie-the-Pooh and friends and relations go for a bike ride.

Freewheel competition

A ride without pedalling (photos, more info) (Terry Lowe, or should it be Ed Sharp)

Mallorca in October

Autumn sunshine. And hills. (Mark Gladwyn)

Off-road along the North Downs

Winders Hill, near Godstone, Wray Hill, Box Hill, Ranmore, White Down, mostly off road. (Mark Gladwyn)

A Group ride to Chichester

Train assisted ride, into a gale. (map) (Hans Formella)

Wayfarers ride the Scotland North Coast 500

A journey of 500 miles, told in about 30 instalments (Mike Barrett, Ged Lawrenson, Simon Lambourn, Dave Bartholomew)

Hilly 50k

Postponed due to bad weather in March, the event was run in September (Mike Morley)

Cambridge to King's Lynn

On folding bikes.. (Mark Gladwyn)

Picnic ride

A ride with a picnic for about 40 (Gill Finlay)

Cycling round the world in 774 days

Admittedly by a Victorian explorer, not one of our members (Mark Gladwyn)

Off-road along the South Downs

Brighton to Eastbourne. Another similar off-road ride here (Mark Gladwyn)

Youth Hostel trip to Swanage

Five go to the seaside (photos) (Terry Lowe)

Gravel Friday

An extra-curricular Wayfarers ride along the South Downs Way (Mark Gladwyn)

Dieppe Raid

30+ Wayfarers joined another several hundred British and French riders for a cycling weekend around Dieppe (photos, photos, photos, photos, photos, photos, photos, photos, photos, photos) (Paul James)

Eight in a Gite

Wayfarers abroad in Normandy (Terry Lowe)

A Group ride to Winchester

Out to Winchester, and train back (<u>photos</u>, and a variation of the route by Mark Gladwyn) (Mike Reynell)

Shoreham Century ride

That's 100 miles, more or less depending on where you start from (map+relive) (David Vine)

Riding in Mallorca

A newcomer to Mallorca (and another outing here) (Mark Gladwyn)

Off-road in Wiltshire

Even more Gravel, this time from Bath to Salisbury (Mark Gladwyn)

Simon's Coastal Adventure

Continuation of a ride round the coast, this time from Glasgow to Warrington (Simon Lambourn)

Varsity Ride

Wayfarers London to Cambridge ride, via the Essex Alps (Mark Gladwyn)

Perfect Day

An ode to the B Group (Tim Court)

The Hilly Over Fifty

A variation of the Hilly 50k challenge ride (Mark Gladwyn)

London Ride

A ride into London, via Crystal Palace and Greenwich back to Clapham Common (Simon Lambourn)

2017

Cheam and Morden Easter Tour to Falfield, nr Bristol

A description of the C&M's annual Easter Tour, with a group of about 30 on- and off-road cyclists. Two days touring in the Cotswolds and Gwent, plus another four days to cycle there and back. (Mike Morley) (also here)

Taiwan Round Island Cycle Trip

Cycling round Route No.1 in Taiwan: 1150 km in 11 days. (Robert Tolley)

Lynda and Sonia's cycling holiday in Denmark

A week cycling round the Danish countryside, including a trip to Sweden. (Lynda Barrow or Sonia Broome?)

Dieppe to Paris

A group of three didn't quite follow the Avenue Verte route from Dieppe to Paris (David (or Jennie?) Jackson) [also on the blog here]

All-day ride up the Thames Estuary

A Beginners group ride from Ware (where?) along the bank of the Thames into London. (Tony Hooker)

Other Beginners All-day rides in more traditional territory are described on the Beginners blog.

Greenwich all-day ride

Another Beginners group all-day ride, this time to Greenwich. (Tony Hooker)

Golden Beeches

An autumn weekend cycling in and around Burnham beeches. (Brian Greenwood)

Freewheel Competition

The annual downhill no-pedalling competition. (Terry Lowe)

Famous Five in Brittany

A group spent a week and a bit cycling and sampling the food in Brittany. (Francoise Humphrey)

CTC Birthday Rides 2017

Pictures and a short report from a group that joined this event in the Cotswolds (Steph Wyatt & Tony Hooker)

Streat Bostal ride

A short ride exploring an alternative to Ditchling Beacon, which seems to be even steeper. (Mark Gladwyn)

Ride London 100

Several of our members rode this event, and this is Mike Morley's account of his day out. (Mike Morley)

A week in Normandy

Seven people, seven days in a gite before joining the Dieppe Raid cycling weekend. (Terry Lowe)

Ghost Rider

A cautionary tale of a night-time audax ride in Dartmoor. (Mark Gladwyn)

A Group ride to Oxford

A one-way ride to Oxford, catching the train back. (Simon Lambourn)

Shoreham Century

A regular favourite - a pilgrimage to the coast and back, 100 miles in a day. (Dave Vine)

Lee Valley ride

An exploration of the Lee Valley cycle route (Tony Hopkins)

London to Paris

Sort of, in sort of 24 hours ... (Mark Gladwyn)

Simon's Coastal Adventure continues

...from Oban to Glasgow, via several islands, plenty of cafes and a lot of hills. (Simon Lambourn)

Hostel trip to the Isle of Wight

Six riders spent a few days on the island. (Terry Lowe and Tim Court) More pictures here and here and here.

A Pilgrim's ride to Canterbury

The A group rode the Pilgrim's Way from Caterham to Canterbury. (Mark Gladwyn) More pictures here.

London Ride

The annual London Ride, which was sadly overshadowed by the Westminster terror attack on the same day, and very close to where we were. (Hans Formella)

Hilly 50k

This annual challenge event covers many of the climbs in the Surrey Hills within 50k of cycling. (Mike Morley)

One of the most adventurous rides, Neil Crocker's London-Edinburgh-London audax attempt, is not included as there's no write-up, but it is worth mentioning this amazing effort.

2016

Picos de Europa

A group of nine toured the mountainous region near Santander in Spain. (Tim Court)

The Pilgrims' Way

Mark Gladwyn re-discovered and rode the centuries-old Pilgrim's Way, or at least part of it, from Titsey to Canterbury, (and subsequently led a <u>Wayfarers ride</u> along a shorter section)

Simon's Coastal Adventure

In the glorious summer of 2012, Simon Lambourn left London to ride up the East coast for two weeks. It became an annual event and he's now somewhere in the west of Scotland.

Old Gites in France

Eight cyclists spent a week staying in a gite and touring Normandy prior to the Dieppe Raid (Terry Lowe)

Dieppe Raid

About twenty club members travelled to Dieppe for a ride in glorious French countryside with several hundred other cyclists. (Geoff Gregory)

Tri-Vets ride

SW London staged an event as part of the CTC's series of Triennial Veterans rides, with rides of 50k, 100k, or 100 miles, against a common enemy of torrential rain and cold (Mark Gladwyn & Simon Lambourn)

Cambodia & Laos

Paul & Maggie James braved the excitement of local roads, and local guides who didn't expect them to cycle much. Part 2 Part 3 Part 4

Tour of Flanders

Mark Gladwyn entered the sportive along the route of (and the day before) the professional ride. Hills and cobbles: great fun.

The Octopus

Mark Gladwyn discovered a way to multiply the hilliness of the biggest hill in Surrey, as part of a regular Wednesday A group ride. (more here)

London Ride

Dave Vine led a large group of riders into the heart of the city on a wide-ranging scenic tour (more here and here)

Costa Blanca training camp

Ten riders mostly from the Wayfarers B group organised a cycling trip southern Spain with hills, sunshine and ice cream (Francoise Humphrey)

Cycling South Africa

Ged Lawrenson and Mike Barrett joined a 600 mile CTC tour in South Africa. (More <u>here</u> and <u>here</u>)

Hilly 50k

An annual event, made more adventurous than usual by a snow storm (Mike Morley). (more photos are also available - see the links on the right of the article)