

LA CoDA Agenda
July 12 2025, 9:00 AM - 10:45 AM

Zoom Link ID: 844 7471 9301 Passcode: lacoda22 Dial in +1 669 900 6833 Passcode: 57942162

OPENING

Appendix A sections are to be read aloud to group

SERENITY PRAYER

MEETING CONDUCT & GUIDELINES

Appendix A: We've "elected to conduct meetings according to Robert's Rules of Order, as interpreted by [our] group conscience vote. We do this because it allows us to make decisions with a minimum of confusion, and allows a fair representation of opinion from CoDA members. [This] meeting has 5 basic business segments:" The Opening, Reports, Old Business, New Business, & Open Discussion. In the opening, we have the "prayer, 12 Traditions, approval of minutes, newcomer greeter, & Guidelines." Appendix A in the Guidelines "shall be made available at each monthly meeting."

READ The 12 Traditions

FELLOWSHIP Days without events, we have hybrid Fellowship after the meeting for 5 minutes. Then the Zoom room can stay on, but In-Person goes onto the patio (we need to be out by 11am).

ANNOUNCE Next meeting date is: 5/10, 6/14 Who will open the room and go in person next month to welcome folks? (if no one knows yet, ask later in the meeting again)

SECRETARY Is the Secretary audio-recording the meeting for note-accuracy? Not mandatory. Recording deleted after minutes completed.

NO CROSSTALK For safety, please use "I" statements. No unsolicited advice/ governing. Please ask how a person or the group feels instead of deciding for them.

INTRODUCTIONS & VOTING MEMBER COUNT OFF Currently we have 28 meetings, 10% or 2.8 GSRs, Officers, or Chairs in attendance = quorum (enough voters to have a meeting)

NEWCOMER GREETERS Duties & Docs (Ruth & Austin) greeter@lacoda.org - 3 min

We welcome newcomers, give them the Guidelines, help them find answers to questions, & respond to emails during the month. We bring meeting snacks (if we want to).

- Share NEWCOMER WELCOME (**READ ALOUD if there are newcomers**)
- Share GUIDELINES- Meeting Rules + duty definitions. Appendix A (p. 19) = Meeting Conduct. Article 7 Section D = the Conduct of Guidelines given to each newcomer.

Appendix A: **AT ANY TIME DURING THE MEETING...**

- **QUESTIONS** You may interrupt to ask a question by saying, **“I have a question”** or **“Point of Information.”** Your question must be answered before the meeting continues.
- **POINT OF ORDER** You may interrupt if you think the meeting is being conducted improperly by saying, **“Point of Order,”** and stating your complaint. The Chair must address your complaint and take appropriate action before the meeting continues.
- **OVERRIDE THE CHAIR** You may challenge a decision made by the Chair (ie a time limit, ruling, other decisions) by saying, **“I move to override the Chair's decision.”** An immediate vote is taken without discussion, & a two-thirds majority overrides.
- **30 SECONDS** If a member(s) engages in unsafe behavior by not respecting the boundaries of others, or someone perceives that to happen, any member may call for a **“Time out”** or **“Thirty seconds.”** Everyone ceases talking and spends time seeking guidance from Higher Power. After 30 seconds, someone calls “time,” and members may choose to say the Serenity Prayer before resuming the meeting.

If we have elections during any meeting,

- *Do them at them time we reach the report for that position*
- *Read the duties aloud first*
- *Guidelines “At least one month prior to the elections, notice of same shall be extended to all CoDA Group Reps within the scope of LA CoDA”*
- *Once GSRs have known for a month that the elections will happen, ask who wants to step up*
- *The person(s) stepping up leave the room before the vote*

SECRETARY Duties & Docs (Katherine) secretary@lacoda.org

APPROVAL OF LAST MONTH'S MEETING MINUTES

By Michelle:

https://docs.google.com/document/d/1N_3B84hspFv_CfyRSMErOa5Y1zFYLIInijOWCrUP1_Nw/edit?usp=sharing (Minutes were approved as amended)

Ruth and Anna took April minutes and gave them to Katherine, I think, intergroup still needs to approve April along with May

Sept & Oct 2023 minutes: *Dawn volunteered* / Nov & Dec 2023 minutes: *Sharon volunteered*

Jan 2024 minutes: *Ruth recorded, does anyone want to transcribe these?*

REPORTS

(3 min each)

Appendix A: Reports are designed to give info to GSRs, which they may then take back to the CoDA meeting they represent.

- | |
|--|
| <ul style="list-style-type: none">a. Anyone attending the meeting may ask questions during any report.b. No motions or votes are taken during the Report segment. |
|--|

OFFICER REPORTS

We start with Officer reports followed by committee reports and GSR reports.

Committee business can't take place during reports.

2 minutes for questions after 3 minute reports

CHAIR [Duties & Docs](#) (Ruth) chair@lacoda.org

- We have 2 motions today: 0 Old Business, 2 New
- If you have open discussion items during the meeting, share them at any time.
- **GSRs**, take back to your meeting any info you hear today that resonates. But no pressure to share any of it. Please share with your meeting at your own pace, putting your recovery first.

Updates:

- If you're in any meetings that don't have a GSR, maybe say people can come check out intergroup to see if they want to be a GSR?
- If you want to make a motion at intergroup, be sure to turn it in to the chair (me) in writing (during the month up until the start of the intergroup meeting) via lacc@lacoda.org or chair@lacoda.org

Corresponded in June with NorCal CoDA after SoCal CoDA sent them our way:

On Wed, Jun 11, 2025 at 2:04 PM, [redacted] from NorCal CoDA wrote:

Hello!

My name is ____ and I am part of the NorCal CoDA Hospitals and Institutions Group.

I am one member of a 4-5 person team (another member is cc'd here), and we have been discussing getting in contact with others throughout California who are also working on H&I stuff in their regions.

Intention is to reduce a sense of being siloed and having to reinvent the wheel, while also growing connections, reducing duplicating efforts, building from established connections, etc.

Does the SoCal VE have a functioning H&I group? If so, how might I get in touch with them?

If not, do you know of any Intergroups within SoCal that may have H&I groups?

Thanks for any and all of your help!

June 16th 5:35pm response from Southern California CoDA (cced info@lacoda.org):

Hi Casey,

Great to hear from you! I appreciate the impulse to not "reinvent the wheel."

SoCal CoDA no longer has an H&I position because we didn't think that the VE was the right place for that position, anymore.

LA CoDA does have an H&I position. info@lacoda.org

I'm not sure if San Diego does, but I've included Tony, here, who is the Rep to SoCalCoDA.

June 17th 3:04pm, my response:

Hi _____, thanks for your email.

I am a part of Los Angeles CoDA, and we do still have a hospitals and institutions committee listed in our guidelines, but we don't have anyone on the committee or chairing it right now.

Before the pandemic we had people on the committee with no chair there was one woman hosting a panel weekly at a detox center in West Hollywood for a few years.

There was another woman hosting a CoDA meeting at a sober house for women for many many years. I think that was monthly, but I can't remember.

Both women would ask the local community for CoDA members who would wanna come be speakers either at the detox center or the sober house so the community was helping the two women help those places.

But during the pandemic, those two women couldn't do it anymore because the facilities didn't allow it and once things opened up again, the women didn't start it up again.

Right when things opened back up, a few people tried to form a committee for hospitals and institutions, but they realized that what they were really wanting to do was the outreach committee. So they switched to that committee, and even then ultimately switched to the events committee.

In my opinion, Los Angeles CoDA has had a hard time getting back to where we were before the pandemic And even that was a place we were hoping to build from.

So we haven't had enough volunteers to build up to having hospitals and institutions again.

I've been in our intergroup about 7-8 years and have seen it over time. But that's still just my perspective.

If you want to talk on the phone, feel free to call me at _____. If you want your VE to talk to our intergroup maybe we can set something up (if our intergroup has a group conscience about it and wants to- I don't want to speak for everyone).

I feel like communication is the best thing to keep things strung together when things can feel confusing for so many folks in life in general right now. Thanks for reaching out.

Ruth

PS I voice texted a lot of this so I hope it makes sense!

VICE CHAIR Duties (Anna F) vicechair@lacoda.org -

Email sent June 22, 2025:

Hi Lloyd,

I filled in for Ruth at last Saturday's Inter-Group meeting. We had a few updates and questions for you. I can't remember if someone else volunteered to email you. I'm pretty sure I said I would, but apologies if you got two emails about this!

The \$108 for the 2024 Marathon meetings that was turned in in January 2025. People were confused as to why that didn't or couldn't come out of last year's budget. Was there money left over in the Marathon Meeting budget for 2024?

- ***Lloyd: Regarding the \$108.00 for 2024 Marathon meetings. In finalizing the budget there were some 2024 marathon meeting costs that I missed and had to put into this years budget. The \$108 is listed in the March minutes for February. This is my bad. We could do a GC to put aside another \$100 or so.***

In May, we GC'ed about the literature the committee bought and the potential for a total literature budget of \$3,600 for 2025. After discussing, we voted to reimburse Austin the ~\$1,800, but did not approve more funds for literature at this time.

- ***Lloyd: I assumed that the \$3600.00 went through so I added this to the budget. I will have to read the minutes after the meetings to get the GC and not assume. I can make the update for \$1800.00 and resend a new Treasurer's Report.***

There was a note in the agenda about potentially printing newsletters. Is there money budgeted to print newsletters this year?

- ***Lloyd: There is \$200 set aside for the newsletter see Budget snip below. Just a reminder, per LACC guidelines newsletter hard copies are given as requested. We can't just print them out.***

You can email back (cc'ing Ruth because I might not be there for the July Inter-Group meeting) or put the answers in your report for July!

Thanks,
Anna

LA CoDA 2025 Budget	
02/08/2025 (January)	
Income	2025 Budget Final
7th Tradition	2500.00
Literature	650.00
Event Committee	10.00
Scholarship	
Marathon Meetings	
Other Events	
Misc-Literature Shlvg inStor	
SoCal CoDA Conf (%0% of Profit)	
Total Planned Income	3160.00
Total Planned Income Less Lit	2510.00
Expenses	
Meeting List	120.00
St Bedes Rent	300.00
St Bedes Storage	100.00
Literature	250.00
Event Committee	
Marathon Meetings	150.00
Other Events	350.00
Intergroup Meeting Agendas	50.00
Greeter Copies	
Historian	
H&I & Public Information	
Newsletter	200.00
Google voice in 2021	
Website	900.00
PO Box	200.00
Meeting Snacks	200.00
Stamps	
Filing Fee	
Replacement Debit Card	
Sales Tax	150.00
Sales Tax Ad Hoc committee	
Supplies	
Donation- SoCal CoDA Conference	
SoCal Rep Expenses	
Speaker List Committee	
Zoom renews 12-11-24	175.00
Total Planned Expenses	3145.00
(Less Literature Income)	2495.00
Planned Leftover Income	5.00

TREASURER Duties (Lloyd) treasurer@lacoda.org

See attached June 2025 Treasurer's Report. Thanks, Lloyd

June 2025 LACC Treasurer Report (presented at the July 12th, 2025 LA CoDA Business Meeting)

- **Expenses for June: \$19.09**

- o Notes: None

Total Expenses	
God Box Event (Materials)	\$19.09

- **Income for May: \$80.00**

Meeting 7th Tradition Donations			
Meeting No. & Day of Week	Meeting Location and Time	Amount	Submitted
CA0299 Sunday	Santa Monica 9:30AM	\$80	Zelle

- o Total Meeting 7th tradition donations = \$80.00
- o Literature = \$0.00
- o Events Income = \$0.00
- o Total Revenue = \$60.91

- Bank Balance on 07/01/2025 was \$14,453.04

- Notes

- Total cash on hand (literature cash box) is \$212.50 so banking plus cash total is \$14,665.54

- May 2025 bank balance was \$14,392.13

- \$9249.77 is prudent reserve for 2025.

- Literature cost GC correction from May Treasurer Report. \$1812.63 (Not \$3600) Literature request yields \$2592.36

remaining after all expenditures including 2025 prudent reserve. We are still in the black.

o \$16,154.76 (5/3/25 Bank Balance) - \$1812.63 (Lit Request GC) - \$2500 (2025 Budget) - \$9249.77 (Prudent Reserve)
= \$2592.36 remaining.

- I forgot \$108.00 worth of Marathon Meeting Expenses and put then in for February so they hit this years 2025 Marathon Meeting budget. This is my mistake.

- Mail box was checked on 7/01/2025:

o Mail box contained Pipeline Safety Resources Questionnaire which was shredded and recycled.

- Use the following to cut and paste into your Zoom meetings: Follow this link to donate to LACoDA directly through Zelle:

<https://sites.google.com/view/lacoda/donate>

Respectfully submitted, Lloyd A, LACoDA Treasurer

(From Intergroup Chair)

LA CoDA Treasury 2025 Budget & History

Anyone can reference this anytime for transparency:

<https://sites.google.com/view/lacoda/intergroup/treasury>

SOCAL CODA REP [Duties](#) (Dawn) / **ALTERNATE REP** (Anna F.) socal@lacoda.org -

- Treasury is at \$25,775.67
- Open position for Historian
- **SoCal Conference**
- Robert, SoCal Liaison for the SoCal Conference announced they are looking for volunteers and speakers. His contact is codasocalconference@gmail.com.
- **CoDA Service Conference Meeting**
- Delegates have had a few special meetings - there be some changes to the CSC "Healthy Meetings" procedures. By-laws and FSM will change to reflect these new changes/procedures. CSC will be online this year. CoDA Conference will be hybrid. A former delegate shared that the 2024 CSC felt unsafe. There were concerns about disruptions including overuse of "30 seconds" and "point of order". Some people online felt their voices were unheard. There were complaints about the Board and the Facilitator - it was felt by some that threats were made. Communication had its challenges. The Board is having meetings to address these things.
-Dawn

CODA COMMUNITIES LIAISON [Duties](#) (Chair: **Dawn - temporary**, Deborah)
communities@lacoda.org

- TVCC - they are preparing for the upcoming SoCal Conference to be held August 15 x 17 in San Diego. All to be announced.
- No other community events announced at this time.

COMMITTEE REPORTS

Committees can be joined by any CoDA members & left at any time. If you have interest or questions, let us know when we discuss that committee or during Open Discussion. If you join a committee that's empty, we suggest asking 1 to 2 CoDA fellows to join with you to make group conscious decisions together. But there is no pressure to do more than the service you're already doing. Your presence & recovery are valued.

INFO LINE [Duties & Documents](#) (Chair: Randy) callback@lacoda.org -

- For after hours phones we had four phone calls last month. We missed 2. I'll try to get two more people, to give us better chances of calls being answered.

MEETING & SPEAKER LIST [Duties & Documents](#) (Chair: Dawn) meetings@lacoda.org

For a list of people willing to be lead speakers at home meetings, email speakers@lacoda.org

- **MEETINGS**
- Two meetings asked to have changes made
- I did get an email from an unnamed law firm that said our name was an infringement. It was completely nonspecific and had an attachment to be clicked on. It is, more than likely, a scam.
- **SPEAKER LIST**
- No one requested the list this month.

SAFETY EXPLORATION AD HOC (Chair: Ruth, committee of 7) codasafetyexploration@gmail.com

- We will meet on Zoom Friday July 11 to welcome a new member and talk about meeting again

PUBLICATIONS [Duties & Documents](#) (Chair: **Open**, Ruth, Megan) publications@lacoda.org

Creates newsletter & new CoDA literature

- From Ruth: Our two committee members (Megan and I) GCed Aug 16 2024 to publish one newsletter only onto the website and then to print, over the course of a few seasons, in BW, 100 copies of the three other newsletters that are ready. (Was going to be Sept or Oct for Fall 2024, Nov or Dec for 2024, March for Spring 2025, but we're just getting started now!)
- I published the first one on the website this week and sent an announcement email about it
- It has a history about intergroup from 2016-2020. Seems higher-power led that it's right when Dawn motioned to have a group inventory about intergroup. Feel free to read it for ideas of ways things can work/ to see we can make it up however works for us
- Read it here: <https://sites.google.com/view/lacoda/resources/newsletter> (Click **2020**)
- I emailed Rise Again printing in Downey, where we printed in 2019, that had the lowest prices I could find in 2019 and asked their current printing prices. It's \$90 for 100 BW copies of 11 x 17 four page booklets (one 11 x 17 double-sided paper, folded in half- .90 cents each)
- The cheapest online printing is \$123 for the same thing, plus additional shipping.
- Lloyd, the Treasurer, pointed out that the guidelines say the Publications committee duty is to: *"i. **Publish and distribute online and by hard copy as requested, a newsletter that includes:...**"*
- Lloyd interprets this to mean we publish as requested and I interpret it to mean we distribute as requested. In the past, we published however many copies that our committee group conscientized to print (within the budget) and gave them to meeting GSRs that wanted them. Do we need to ask every group to take a group conscience for each newsletter before printing?

- If so, I motion that we print 100 copies (This would mean 5-7 in-person meetings can take 14-20 copies to hand out over 2-3 months. Or it can be divvied up differently.) The issues aren't time-specific and can be used indefinitely.
- The meetings I'm thinking might want copies are (there may be more that want them):
 1. Tues Cedars
 2. Wed Silverlake Hybrid
 3. Thurs SHARE
 4. Thurs Palm Court
 5. Sat Joyous & Free
 6. Sun Beach
 7. Sun Atwater

EVENTS [Duties & Documents](#) (Chair: Sharon, has a committee) events@lacoda.org -

The next Event is our monthly Karaoke on Friday July 18th at 8pm. Full information is on the website and I have attached the flyer.

We do not have any other events scheduled at this time. I have put out a request to the events committee for volunteers to lead either a fellowship event or workshop as many ideas were talked about during our events meeting back in January.

GSR's. - Feel free to announce at your meetings:

If anyone is interested in creating an event or workshop for LACODA to send an e-mail to: events@lacoda.org for support.

Look forward to seeing everyone on Saturday!



VIRTUAL OFFICE [Duties & Documents](#) (Chair: Ruth, Lloyd, KL, Sharon) virtualoffice@lacoda.org

- To update meetings on LACoDA.org, email meetings@lacoda.org. The Meetings List committee sends us the updates. Updates are made within a month of the webmaster receiving them. (To update [CoDA.org](http://lacoda.org), go to the site, Click Meetings, find your meeting, click Update Meeting and fill out the form)
- To join the Internal Intergroup Mailing List or the Contact List, write virtualoffice@lacoda.org
- Announcements mailing list link:
TO PRINT: [QR CODE](#) for in-person meetings- pass it around the circle
FOR CHAT: http://lacoda.org/mailman/listinfo/announcements_lacoda.org
 - **Met this month, Sunday 7/6/25 4pm Zoom, Lloyd, KL** (webmaster), **Sharon, Ruth**
 - Re-trained Sharon and KL how to archive Events, updated How To Google Doc
 - Sharon will still add local Events, KL will now archive them
 - Sharon will send flyer pdfs to KL and webmasterlacoda@gmail.com, KL will add link to site
 - Ruth will retrain KL on how to add minutes & agenda, train for adding treasury reports
 - Lloyd noticed old 2020 link still active at base of Lit page for old ordering system, removed
 - **Announcement Email was sent out re: Publications committee's new newsletter pdf:**

Hi Los Angeles CoDA community,

We at intergroup (the monthly meeting where codependents from around LA gather to make the local website and events) are getting our old LA CoDA Newsletter up and running again.

Before the pandemic, we had started it up again in 2019. We released a newsletter in winter, spring, summer and fall of 2019. A team of 5 of us reached out to folks in our meetings and ask for people to share stories about their CoDA experiences (working the steps and traditions, etc) and we put them together in a colorful newsletter.

NEWSLETTERS

If you'd like to read them, they're on www.LACoDA.org under the Resources tab- Newsletters.
Or just click [here](#) to see them.

There are only 2 of us still on the committee, so if you'd like to explore using the 12 Traditions to make an LA CoDA Newsletter or ask questions about what it entails to be on the committee, we'd love to chat!
Email publications@lacoda.org for more info.

NEWEST NEWSLETTER

The newsletter we published today is actually an old one too! We started it during the pandemic and for self-care reasons, we pressed pause, for a few years.

But it ended up being a wealth of history, a gathering of memories. So we are still excited to share it with you! Please grab a little shovel and dig up this old time capsule to learn about the behind-the-scenes of Los Angeles CoDA...

Click [HERE](#) to read it

This issue teaches a lot about intergroup and the ways our members from our home meetings/ groups have interacted over the years to support codependents (aka ourselves and others).

LA CoDA INTERGROUP

CoDA is the opposite of the Wizard of Oz- we want to "pay attention to the man behind the curtain" and share transparency, for safety, and for inclusion of everyone's voices. If you'd like to add another layer to your recovery, or want to sniff around and see what resonates at intergroup, you are welcome to come see what's cooking in the kitchen.

Service can be a way to practice recovery.

The monthly Intergroup meeting is a business/ group conscience meeting where groups who work on the local website, events, literature, treasury, info line and the newsletter share their progress. The last 20 minutes are an open discussion. Anyone can come and ask questions.

2nd Sat of each month
9-10:45am Hybrid
Zoom Meeting ID: 844 7471 9301 // Passcode: lacoda22
Address: St Bede's Episcopal Church /Parish Hall
3590 Grand View Blvd, Los Angeles, CA 90066
Free parking
[More info](#)

Being in program is an act of service in itself- Thank you for your service.

With warmth,
LA CoDA Intergroup

www.LACoDA.org

LITERATURE [Duties & Docs](#) (Chair: TBD, Ruth, Anna F, Austin, Cerris) - literature@lacoda.org

- **No report**

PUBLIC INFO & OUTREACH [Duties & Documents](#) (Chair: **Open**, Deborah, Ruth) - outreach@lacoda.org

- **We hope to meet again - Deborah's back in town.**

HISTORIAN [Duties & Documents](#) (Chair: Deborah, Ruth) - outreach@lacoda.org

- **Might meet with Virtual Office committee soon.**

OPEN COMMITTEE CHAIR POSITIONS

To volunteer to be Chair of any of these committees or to ask questions, write chair@lacoda.org or info@lacoda.org

- **Hospitals & Institutions** (Chair Open) - h-i@lacoda.org // - hosts panels at detox centers, etc, more info: [H&I](#)
- **Road to Recovery** (Chair Open) - retreat@lacoda.org // Plans yearly weekend retreat, more info: [Retreat](#)
- **Publications** (Chair Open, committee of 2) - publications@lacoda.org // creates monthly newsletter & new CoDA literature, more info: [Publications](#)

GSR & MEETING NEWS (1 min each)

Sunday

Monday

Tuesday

Wednesday

Thursday-

Friday

Saturday

Who will open the room?

OLD BUSINESS (5 min for each motion)

Appendix A: Old Business is made up of motions tabled from previous intergroup meetings.

- a. Chair restates the motion at hand to be sure it is understood.
- b. Chair conducts pro and con discussion (approx. 1 min arguments).

- c. Chair may extend discussion time, or any member may request an extension of time from the Chair.
- d. Anyone may move to end discussion at any time by saying, "I call the question." A vote whether to end is taken immediately, & 2/3 majority rules.
- e. When discussion has ended, either by a call for the question vote or automatically by expiration of allotted time, the Chair calls for 30 seconds of silence, then conducts a vote on the motion at hand.

PAST MOTIONS:

To see a list of past motions and their outcomes, click [HERE](#)

NEW BUSINESS (5 minutes for each motion)

Appendix A: New Business is made up of new motions about proposed sub-committees, activities, events, expenses, items for the monthly mailing, new policy or procedures, changes to existing policy or procedures, etc. **NEW BUSINESS MUST BE PRESENTED IN WRITING TO THE CHAIR BEFORE THE START OF THE MEETING. INCLUDE YOUR NAME. [lacc@lacoda.org or chair@lacoda.org]**

- a. All new business must be presented in the form of a motion, which is a yes-or-no proposition beginning with the words, "I move that..." or "Motion, that..." If preliminary discussion is needed to clarify a motion, it should take place outside the meeting, not during the limited meeting time.
- b. The Chair and Treasurer may immediately kill the motion if it is determined to be invalid, or if the funds or means needed are not available.
- c. Every motion must be seconded before discussion begins, to ensure that at least one other member wants to discuss it.
- d. When a motion is seconded, the Chair restates the motion.
- e. The Chair opens discussion by asking for an opening argument (1 minute).
- f. The Chair conducts pro and con discussion (~ 1 min arguments).
- g. The Chair may extend discussion time, or any member may request an extension of time from the Chair.
- h. Any voting member may move to table the motion at any time. A vote whether to table is taken immediately and majority rules.

i. Any member may move to end discussion at any time by saying, "I call the question." A vote whether to end discussion is taken immediately, and two-thirds majority rules.

j. When discussion has ended, either by a call for the question vote or automatically by expiration of allotted time, the Chairperson calls for 30 seconds of silence, then conducts a vote on the motion at hand.

The meeting will end at 10:45 am, and all Old and/or New Business not addressed by that time will be added to the next LACC Agenda as Old Business.

Motion 1

Rationale: At last week's meeting the subject came up of attracting people to do service at LA area meetings and the LA Intergroup meeting. There is some info in meeting resources and in the FSM, but the meeting members felt a separate motion for discussion was needed to further explore this challenge. The following is a motion to discuss this for the Intergroup meeting.

Motion: In the spirit of Tradition Five, "carrying the message to other co-dependents who still suffer" this motion is for LA Intergroup conduct a group inventory meeting to explore ideas and pathways for recommended guidelines in order to attract more members to service positions within LA area Intergroup. AMENDMENT: + use the coda.org inventory and Michelle will be in charge of putting together the first gathering. -Dawn M.

Motion 2

I motion we stay after the meeting this Saturday from 11-12pm to have the first group inventory discussion (if Dawn's motion passes). And to take a 15 minute break from 10:45-11am. AMENDED TO: + extend until 11am next Saturday's intergroup meeting August 9th to use just for the defining boundaries process

We can always modify it to a half hour or a different day or whatever during the group conscience. Just wanted to have it as an option if possible! -Ruth

Motion 3

I motion that we print 100 copies of the newsletter #2 (issue 6) (This would mean 5-7 in-person meetings can take 14-20 copies to hand out over 2-3 months. Or it can be divvied up differently.) The issues aren't time-specific and can be used indefinitely. -Ruth AMENDMENT: to print 50 copies 3 of 5 yes, 1 no AMENDMENT- We request that the committee includes a print version that stays within budget 5 of 5 , one abstain (austin came back) (overrides the 1st amended version)

OPEN DISCUSSION

Appendix A: The final ten minutes of each meeting allows any CoDA member to voice a complaint, grievance, confusion, question, answer, hope, dream, etc.

FELLOWSHIP

We have 5 minutes of Fellowship after meeting. Since we need to be out of the room by 11am, after 5 minutes, we can split into Zoom and in-person to continue Fellowship, where the in-person folks chat outside on the patio. If you have questions or feelings coming up while doing intergroup service, feel free to share during Fellowship to receive support.

ADJOURN WITH SERENITY PRAYER 10:45 AM