

PROHUMAN CURRICULUM - KINDERGARTEN

OVERVIEW OF UNITS:

Unit 1	September	Optimism
Unit 2	October	Grit
Unit 3	November	Gratitude
Unit 4	December	Curiosity
Unit 5	January	Courage
Unit 6	February	Compassion
Unit 7	March	Fairness
Unit 8	April	Understanding
Unit 9	May	Humanity

UNIT 5: COURAGE

LESSON 4: WRITING ABOUT COURAGE

SUMMARY:

The Prohuman Kindergarten curriculum is aligned to two sets of standards: [Common Core State Standards for English Language Arts](#) and [Character and Social Emotional Development \(CSED\) National Guidelines](#). The full collection of units introduces all nine of the prohuman character strengths: optimism, grit, gratitude, curiosity, courage, compassion, fairness, understanding, and humanity.

In Unit 5, Lesson 4, “Writing About Courage,” students will practice writing sentence dictations from the teacher. Then students will work with a partner to read their sentences aloud.

SUGGESTED TIME: 20 minutes

RELATED SUBJECT: English Language Arts

LEARNING OUTCOMES:

- Write 3 sentence dictations using phonetically spelled words
- Demonstrate understanding of standard English sentence structure and grammar in writing and speaking
- Practice reading and conversation skills by sharing sentences with classmates

REQUIRED MATERIALS:

- Prohuman Kindergarten Unit 5 Worksheet 4: Writing About Courage

VOCABULARY:

Courage: I do what I think is right even when I am afraid.

ELA COMMON CORE STANDARDS MET

CCSS.ELA-LITERACY.RI.K.10	Actively engage in group reading activities with purpose and understanding.	✓
CCSS.ELA-LITERACY.SL.K.1	Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.	✓
CCSS.ELA-LITERACY.SL.K.1.A	Follow agreed-upon rules for discussions (e.g., listening to others and taking turns speaking about the topics and texts under discussion).	✓
CCSS.ELA-LITERACY.SL.K.6	Speak audibly and express thoughts, feelings, and ideas clearly.	✓
CCSS.ELA-LITERACY.L.K.1	Demonstrate command of the conventions of standard English grammar and usage when writing	✓

	or speaking.	
CCSS.ELA-LITERACY.L.K.1.A	Print many upper- and lowercase letters.	✓
CCSS.ELA-LITERACY.L.K.1.B	Use frequently occurring nouns and verbs.	✓
CCSS.ELA-LITERACY.L.K.2.A	Capitalize the first word in a sentence and the pronoun I	✓
CCSS.ELA-LITERACY.L.K.2.B	Recognize and name end punctuation.	✓
CCSS.ELA-LITERACY.L.K.2.C	Write a letter or letters for most consonant and short-vowel sounds (phonemes).	✓
CCSS.ELA-LITERACY.L.K.2.D	Spell simple words phonetically, drawing on knowledge of sound-letter relationships	✓
CCSS.ELA-LITERACY.L.K.1.E	Use the most frequently occurring prepositions (e.g., <i>to, from, in, out, on, off, for, of, by, with</i>).	✓

CHARACTER AND SOCIAL EMOTIONAL (CSED) NATIONAL STANDARDS MET

Moral Character A	Know, understand, and practice the character strengths of honesty and integrity, caring and compassion, gratitude, and the courage to take initiative	✓
Performance Character A	Know, understand, and practice the character strengths of self-discipline, responsibility, goal setting and grit	✓
Self-Awareness A2	Identify personal strengths (e.g., honesty, curiosity, listening)	✓

Self-Management A3	Explain the different ways people respond to problems and challenges (e.g., ask for help, try harder, learn from mistakes)	✓
Social-Awareness A3	Demonstrate the ability to listen carefully and intentionally to others	✓
Interpersonal/ Relationship Skills 1	Initiate and engage in conversation and social interactions with classmates, peers, and adults	✓
Interpersonal/ Relationship Skills 7	Play games and appropriately participate in small group classroom activities	✓
Responsible and Ethical Decision-Making 1	Describe a rule or principle that everyone should strive to live by (e.g., be kind, be honest, try your best)	✓

LESSON PROCEDURE

- 1.) Explain the worksheet to the students: Today on your worksheet, I will read you three sentences. You will write each word you hear on your worksheet.
- 2.) Write on your worksheet beside number 1: I have courage.
- 3.) Write on your worksheet beside number 2: She has courage.
- 4.) Write on your worksheet beside number 3: He is afraid to go in the basement, but he goes.

KINDERGARTEN UNIT 5 WORKSHEET 4: WRITING ABOUT COURAGE

Courage: I do what I think is right even when I am afraid.

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