



Student-Athlete: Code of Conduct

Being a member of the Carl Albert Middle School **(Cheerleading)** Team is both a privilege and a responsibility. Each athlete is expected to represent themselves, their family, their school, and their team with pride, integrity, and respect at all times. The following expectations will guide behavior on and off the court to ensure success, accountability, and growth for every player.

Expectations of Student Athletes

1. Practice & Game Attendance

- Attendance at all practices, games, and team events is mandatory.
- If an absence is unavoidable, parents must notify the coach in advance.
- Repeated unexcused absences may affect playing time or team status.

2. Academic Responsibility

- Athletes must maintain good grades and be in compliance with CAMS academic eligibility requirements.
- Homework, tests, and classroom responsibilities come first. Athletics should never be used as an excuse for poor academic performance.
- If a student-athlete is on the ineligible list for two (2) consecutive weeks, they will be removed from the **(Cheerleading)** team in order to focus on their schoolwork.

3. Character & Attitude

- Show respect for all teammates, coaches, referees, opponents, and CAMS staff members at all times.
- Demonstrate good sportsmanship in both victory and defeat.
- Maintain a positive attitude, accept coaching, and encourage others.

4. Effort & Commitment

- Give 100% effort during practices, games, and conditioning.
- Come prepared with proper gear and ready to begin on time.
- Strive for personal improvement and contribute to the success of the team.

5. Accountability & Behavior

- Any Out of School Suspension (OSS) will result in automatic removal from the team.
- If a student-athlete receives ISR, Lunch Duty, After School Detention, Teacher Complaint of any kind, etc., there will be consequences.
- Continued behavior issues or repeated disciplinary actions may result in removal from the **(Cheerleading)** Team.
- Follow all CAMS school rules, district athletic policies, and team expectations.
- Be responsible for your actions and accept consequences when necessary.

6. Respect & Team Unity

- Treat teammates with kindness and support. No bullying, gossiping, or negativity will be tolerated.
- Respect coaches' decisions and understand that playing time is earned through effort, discipline, and attitude.
- Put the team's success before personal recognition.

7. Transportation & Parent Pick-Up

- Athletes must be picked up on time after practices, games, or team events.
- Repeated late pick-ups may result in removal from the team.

8. Facilities & Equipment

- Take pride in all facilities we use. Clean up after yourself in the locker room, gym, field, etc. This includes our facilities, as well as our opponents' facilities when we travel.
- All district transportation vehicles used to transport our teams to events will be clean after away games. Every player is responsible for helping. If this is ever an issue, we will no longer use district transportation and parents will be responsible for transporting athletes to events.
- Treat school and team equipment with care.

9. Social Media & Public Conduct

- Athletes are expected to use social media responsibly. Posts that are negative, inappropriate, or harmful to the team, school, or others will not be tolerated.
- Remember: you represent CAMS Girls Basketball in public, online, and at school.

10. Additional Expectations

- Be coachable and willing to learn.
- Communicate respectfully with coaches if you have concerns.
- Display honesty, humility, and integrity on and off the court.
- Always strive to represent Carl Albert Middle School with pride.

Carl Albert Middle School Athletics

Student-Athlete & Parent/Guardian Acknowledgment Form

We, the undersigned, acknowledge that we have received, reviewed, and understand the Carl Albert Middle School Athletic Handbook and the Athlete Code of Conduct. We consent to adhere to the expectations, policies, and procedures established by:

- Carl Albert Middle School Administration
- The Athletic Director
- The Coaching Staff

We understand that participation in athletics at Carl Albert Middle School is a privilege, not a right. As such, we agree to support the values of academics first, accountability, integrity, sportsmanship, and respect as outlined in this handbook.

By signing below, we affirm that we:

- Have read and understand the policies contained in the handbook and Athlete Code of Conduct.
- Accept responsibility for upholding these standards.
- Acknowledge that failure to comply may result in consequences, including loss of athletic privileges.

Student-Athlete

Print Name: _____

Signature: _____

Date: _____

Parent/Guardian

Print Name: _____

Signature: _____

Date: _____