

Saint Joseph's University

BS Health Sciences Major Curriculum Requirements

Name _____

ID #

General Education Program (GEP) Signature Courses

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| 1. | First Year Seminar (XXX 150) | |
| 2. | PHL 154 Moral Foundations | |
| 3. | Theology Signature Core (THE 153, THE 154, or THE 155 will fulfill the req.) | |
| 4. | ENG 102 Texts and Contexts | |
| 5. | HIS 154 Forging the Modern World | |
| 6. | Faith and Reason Course (pre-reqs: THE 154 and PHL 154) | |
| | INT 151 Inequality in American Society
(Required for students entering Fall 2023 and later) | |

GEP Variable Courses

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|-----|--|-------------------------------------------------------------|--|
| 7. | | Art, Music/Theatre/Film, or Lit | |
| 8. | | Math (Beauty) | |
| 9. | | CHM 125/125L Gen Chemistry II
(Natural Science GEP) | |
| 10. | | Non-native Language | |
| 11. | | Non-native Language | |
| 12. | | Social/Behavioral Science | |
| 13. | | PHL 250 Phil of Death (PHL
Anthropology Pre-req: PHL154) | |
| 14. | | Religious Difference (THE or REL) | |
| 15. | | English 101: Craft of Language | |

Integrative Learning Courses

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|-----|----------------------------------------|
| 16. | CHM 120/120L General Chemistry I w/Lab |
| 17. | BIO 101/101L Biology I: Cells w/Lab |
| 18. | MAT 118 Intro to Statistics |

GEP Overlays (All students must complete the W-I, E-I, and DGNW overlay. The Class of 2025 forward must also complete the additional Diversity overlay.)

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| | Writing-Intensive (Pre-req: ENG 101)
<i>IHS331 meets this overlay</i> | |
| | Ethics-Intensive (pre-req: PHL 154) | |
| | Diversity/Global/Non-Western
<i>IHS323 meets this overlay</i> | |
| | Diversity (Class of 2025 forward only) <i>IHS323 meets this overlay or the DGNW, but not both</i> | |

Major Requirements

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|-----|--|----------------------------------------------------------------------------------------------|
| 19. | | HSC 110 Intro Health Professions & Professional Practice |
| 20. | | HSC 211 Health Care Systems |
| 21. | | HSC 323 Health and Society. <i>(Note: also fulfills Diversity overlay)</i> |
| 22. | | HSC 331 Statistics & Research Methods <i>(Note: also fulfills Writing intensive overlay)</i> |
| 23. | | HSC 495 Senior Seminar in Health Studies |
| 24. | | BIO 102/102L Biology II: Genetics and Lab |

Please see the reverse side for a list of approved Area Studies Courses. At least two courses must be from the Health Studies Course area.

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|-----|--|-----------------------------------|--|
| 25. | | Area Studies (must be HSC course) | |
| 26. | | Area Studies (Must be HSC course) | |
| 27. | | Area Studies | |
| 28. | | Area Studies | |
| 29. | | Area Studies | |

Electives

Minimum 6 electives are required. Complete the number of electives needed to reach the 120 credits required for graduation.

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Department Contact Information:

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Area Studies Course Options

At least two courses must be from the Health Studies Course area

Health Studies Courses:

HSC 216 Alcohol, Drugs, and Society
HSC 217 Mental Health and Society
HSC 244 Health Care Administration
HSC 248 Health and the School-aged Child
HSC 251 Healthcare Law and Ethics (*Ethics-Intensive*)
HSC 252 Health Care Policy
HCS 253 Nutrition: Health and Disease
HSC 256 HIV/AIDS (*Ethics-Intensive*)
HSC 276 The Continuum of Adult Health
HSC 285 Medical Terminology and Health Communications
HSC 325 Theories of Disease Prevention and Management
HSC 345 Dying Well: The Hospice Movement
HSC 348 Foundations of Kinesiology
HSC 354 Diversity Leadership in Healthcare
HSC 359 Planning and Eval. Public Health Promotion Programs
HSC 360 Therapeutic Role of Animals in Healthcare
HSC 368 Just Healthcare in Developing Nations
HSC 370 Special Topic in Health Services
HSC 441 Alternative Medicine and Non-traditional Therapies
HSC 458 Public Health and Epidemiology
HSC 490 Internship in Interdisciplinary Health Services
HSC 493-494 Independent Study in IHS

Exercise Physiology Courses:

EPH 120 Foundations of Exercise Science
EPH 210 Athletic Injuries & Sports Rehab
EPH 270 Motor Learning
EPH 300 Exercise Testing & Prescription
EPH 340 Exercise Psychology
EPH 370 Exercise Pharmacology

Social Sciences Courses:

ECON 390 Economics of Health Care
PSY 122 Psychological Disorders
PSY 222 Neuropsychology
PSY 223 Health Psychology
PSY 224 Drugs, Brain, and Human Behavior
SOC 217 Mental Health & Society

Natural Sciences Courses:

BIO 201 Organismic Biology
BIO 260 Anatomy & Physiology for Nursing/ Allied Health I
BIO 261 Anatomy & Physiology for Nursing/ Allied Health II
BIO 270 Microbiology for Nursing/Allied Health
BIO 404 Biochemistry
BIO 406 Comparative Anatomy
BIO 416 Microbiology
BIO 417 Systemic Physiology
CHM 210/210L Organic Chemistry I with Laboratory
CHM 215/215L Organic Chemistry II with Laboratory

Humanities Courses:

COM 473 Special Topics/Communication & Digital Media
ENG 450 Hospital Stories
LIN 270 Topics in Linguistics
LIN 320 Phonetics
THE 349 Theology of Disability

IHS/HSC Major Typical Course Sequence – This is to be used for example purposes only

FIRST-YEAR	Fall	Spring
	HSC 110: Psych Aspects Illness and Disab	HIS 154: Forging the Modern World
	First Year Seminar (XXX ###)	Theology Signature Core (THE 153, 154, or 155)
	CHM 120/120L: General Chemistry (ILC)	CHM 125/125L: General Chemistry II
	ENG 101: Craft of Language	ENG 102: Texts and Contexts
	Foreign Language	Foreign Language
SOPHOMORE YEAR	Fall	Spring
	HSC 211: Hlth Care System/Responsibility	MAT 118: Intro to Statistics (ILC)
	BIO 101/101L: Biology I: Cells (ILC)	BIO 102/102L: Biology II: Genetics
	PHL 154: Moral Foundations	PHL: Philosophy of Death (Philo. Anthro)
	MAT Beauty	Fine Arts or Literature
	THE Religious Difference	Social/Behavioral Science
JUNIOR YEAR	Fall	Spring
	HSC 323: Health and Society	HSC 331: Statistics and Research Methods
	HSC Area Studies	HSC Area Studies
	HSC Area Studies	Elective
	Faith and Reason	Elective
	Elective	Elective
SENIOR YEAR	Fall	Spring
	HSC Area Studies	HSC 495: Seminar in Health Services
	HSC Area Studies	Elective
	Elective	Elective
	Elective	Elective
	Elective	Elective

****PLEASE NOTE: When reviewing the “example” course sequence above it is imperative that you identify the semester when each course is offered (Fall vs Spring semester) in order to fulfill your requirements for on-time graduation. **Many courses are only offered once a year.**

NOTE: Students planning graduate study in allied health are strongly encouraged to minor in biology or Chemistry.