

Heart Desires

Instructions: Go through each section (1-6) in turn and for each:

- i) Read all four statements a), b), c) and d)
- ii) Opposite each of them, put a circle round the number which most accurately describes you, if:
1 = This statement is not true of me
5 = This statement is definitely true of me

NB. The statements are totally “independent” of each other. Answer quickly and spontaneously.

Statements:

1 I get excited about....

- | | | | | | |
|-------------------------------------|---|---|---|---|---|
| a) making something practical | 1 | 2 | 3 | 4 | 5 |
| b) making a new friend | 1 | 2 | 3 | 4 | 5 |
| c) advancing a cause | 1 | 2 | 3 | 4 | 5 |
| d) discovering some new information | 1 | 2 | 3 | 4 | 5 |

2 I think I'm best at serving people by...

- | | | | | | |
|---|---|---|---|---|---|
| a) doing things for them | 1 | 2 | 3 | 4 | 5 |
| b) being with them | 1 | 2 | 3 | 4 | 5 |
| c) giving them advice, ideas and hope | 1 | 2 | 3 | 4 | 5 |
| d) providing them with useful facts and information | 1 | 2 | 3 | 4 | 5 |

3 When I'm asked to do a task, my main concern is...

- | | | | | | |
|--|---|---|---|---|---|
| a) getting together all the equipment I need | 1 | 2 | 3 | 4 | 5 |
| b) ensuring that other people are happy about it | 1 | 2 | 3 | 4 | 5 |
| c) making sure I know the best way of doing it | 1 | 2 | 3 | 4 | 5 |
| d) making sure I've got all the information I need | 1 | 2 | 3 | 4 | 5 |

4 When I invite new acquaintances to a meal at my house, I worry about whether...

- | | | | | | |
|---|---|---|---|---|---|
| a) the cooking will be successful | 1 | 2 | 3 | 4 | 5 |
| b) the guests will get on well together | 1 | 2 | 3 | 4 | 5 |
| c) the conversation will be interesting | 1 | 2 | 3 | 4 | 5 |
| d) they are vegetarian or have allergies, and haven't told me | 1 | 2 | 3 | 4 | 5 |



- 5 When I'm tired (emotionally and mentally) I find it refreshes me to...
- | | | | | | |
|--|---|---|---|---|---|
| a) do something hands-on | 1 | 2 | 3 | 4 | 5 |
| b) go out to a meal with friends | 1 | 2 | 3 | 4 | 5 |
| c) day-dream, surf the web or read | 1 | 2 | 3 | 4 | 5 |
| d) sort out arrangements for my next holiday | 1 | 2 | 3 | 4 | 5 |
- 6 When I read or watch TV, I would choose something like...
- | | | | | | |
|---|---|---|---|---|---|
| a) a DIY manual or a nature programme | 1 | 2 | 3 | 4 | 5 |
| b) a biography, the gossip columns or an interview with a famous person | 1 | 2 | 3 | 4 | 5 |
| c) a novel, poetry, a discussion or a debate | 1 | 2 | 3 | 4 | 5 |
| d) The Guinness Book of records, a detective story, a documentary or a quiz programme | 1 | 2 | 3 | 4 | 5 |

Add up all the numbers you've circled for the six "a)" statements and write the total in the box marked "THINGS". Then do the same with the other statements, putting the total for "b)" into the PEOPLE box, "c)" into IDEAS and "d)" into INFORMATION:

- Total of the a) statements = THINGS
- Total of the b) statements = PEOPLE
- Total of the c) statements = IDEAS
- Total of the d) statements = INFORMATION

This shows what energises you the most - God's Kingdom needs all of them!

What does this mean for the future?

Note that these are not necessarily the things that you are best at in terms of skills (yet!), but you will do them in a more enthusiastic, motivated, committed and creative way. If you have two that are fairly equally strong, seek to combine them.

For example, if you are strongly energised by:

- Ideas and People: join a planning group;
- Things and People: join with other people in a practical task;
- Information and People: work with other people on researching or using facts and figures;

- Information and Things: find out information and apply it to doing a hands-on task on your own.



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