

# Bucket List – Turning Dreams into Done

30 Dreams in 30 Years – no Pressure,  
no Real

## *Bucket List Dreams*

Instructions: Here is a chance for you to just have fun and just play with your partner. It is a chance to allow you both to dream together playfully with no consequences. Each partner takes a turn expressing a dream. You write down and keep track of your partner's dreams. Don't have one partner do all 30 dreams in one turn. Go back and forth from one dream to the other until you get to 30. The dreams don't have to even be real or feasible. Don't argue with your partner about his/her dream. Embrace whatever feelings come up for your partner – Joy, Sadness, Regret, Excitement. Have fun with this Bucket List.

Name of Partner who is Sharing Dreams Aloud: \_\_\_\_\_

Name of Partner who is Recording his/her partner's Dreams: \_\_\_\_\_

***Date:***

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