

## 2023 Doniphan-Trumbull Wrestling Club

**SIGN UP: DONIPHAN-TRUMBULL WRESTLING DECK (ABOVE MAIN GYM)**

**Wednesday, DECEMBER 21<sup>st</sup> and Tuesday, January 3<sup>rd</sup> 6:30PM-7:30PM**

**FOR:** All children interested in learning how to wrestle from the grades of 1 through 11. Wrestling provides a great form of exercise and an opportunity to build character, confidence, and to develop friendships. 1<sup>st</sup> practice is **THURSDAY, JANUARY 5<sup>th</sup>**

**DT WRESTLING CLUB** has a great coaching staff with a ton of experience and knowledge in the sport of wrestling. Our goal is to provide our youth with the opportunity to learn valuable life skills through the world's toughest sport.

Wrestling will begin January 5th and end in April. Your wrestler will practice 2 times per week for an hour and then wrestle on Friday/Sat/Sunday at your leisure. Your registration fee of \$50.00 will provide your son a club t-shirt and instruction during the season. You will need to pay the entry fee into tournaments. Calendar of practice schedule and events will be handed out at sign up. You will also need to purchase an insurance card. Information for that will be provided at sign up.

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NAME\_\_\_\_\_ GRADE\_\_\_\_\_ D.O.B\_\_\_\_\_

ADDRESS\_\_\_\_\_ PHONE\_\_\_\_\_

EMAIL ADDRESS\_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

BY SIGNING THIS FORM, I ACKNOWLEDGE THAT THERE IS RISK OF INJURY THAT MAY OCCUR WHILE WRESTLING OR PARTICIPATING AT PRACTICE. MY CHILD HAS PERMISSION TO PARTICIPATE IN THE DONIPHAN-TRUMBULL WRESTLING CLUB ACTIVITIES. I UNDERSTAND THAT BY SIGNING THIS FORM I WILL BE ABSOLVING THE DONIPHAN-TRUMBULL WRESTLING CLUB, ITS COACHES AND WRESTLERS AND DONIPHAN-TRUMBULL PUBLIC SCHOOLS FROM ANY AND ALL LIABILITY IF MY CHILD SHOULD BECOME INJURED WHILE PARTICIPATING AS A MEMBER OF THE DONIPHAN-TRUMBULL WRESTLING CLUB 2019.

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WRESTLER'S SIGNATURE

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PARENT OR GUARDIAN SIGNATURE