

Adult Books on Composting

Composting for Dummies (2010)

Author: National Gardening Association and Cathy Cromell

What Amazon.com has to say about the book:

Back-to-basics gardening that will benefit the earth and your wallet!

Want to use ordinary waste to create an extraordinary garden? Composting lets you turn household food waste, yard clippings, and more into free compost and mulch that's chock-full of nutrients. From building and working with traditional compost bins to starting an indoor worm-composting operation, *Composting For Dummies* makes these often intimidating projects easy, fun, and accessible for anyone!

- Digging into compost basics — get a handle on the benefits of composting and the tools you'll need to get started
- Choosing the best method and location — find the best composting method and location that's right for you, whether it's above ground, in a hole, in a container or bin, or even right in your kitchen
- Building your pile — learn which ingredients can go into your compost pile, what stays out, and how to mix it all up in the right proportions
- Stepping beyond traditional composting — get the lowdown on vermicomposting (letting worms eat your garbage), growing green manures to compost later, and sheet composting in the same spot you plan to plant

Open the book and find:

- A step-by-step guide to composting
- The right gear and tools for the job
- Tips on constructing your own composting containers and bins
- Materials you can safely compost (and those to avoid)
- Cover crops to improve your soil now and compost later
- Recommendations for using your finished compost
- What worms contribute to your compost
- Troubleshooting advice if your compost pile isn't cooperating

Learn to:

- Turn household food waste, yard clippings, and more into nutrient-rich compost
- Build and maintain your own compost bin
- Use worms to aid in composting, both indoors and out
- Give your vegetable and flower gardens a boost of energy

How to Build, Maintain, and Use a Compost System: Secrets You Need to Know to Grow the Best Vegetables

(2011)

Author: Kelly Smith

What Amazon.com has to say about the book:

Some of the best fertilizer on the planet can be made with your very own garbage. Starting with something as simple as coffee grounds a top composting product and including all of your old banana peels, bread crusts, and leftover meals, you can start creating a garden with your food waste from scratch, using the age old secret of composting to build a healthy, happy garden. Knowing the necessary steps to building and cultivating a compost bin will help anyone with a garden no matter its size cut down on waste, save money on fertilizer, and have fun learning more about the cycle all biodegradable matter goes through.

This book provides a detailed outline of how anyone with a little extra space and a garden can start composting today to build their garden from scratch into a thriving jungle of roots, herbs, and vegetables. You will learn about all of the different ways that composting can be helpful to you, as well as the different reasons why people choose to compost and what you and your vegetables might best benefit from when you decide to make the leap and start composting yourself. You will learn how decomposition works and what the ideal conditions are for decomposition. You will learn which compostable materials are around you right now, from the coffee grounds in your coffee maker to the old fruit in your crisper. Learn about the different kinds of activators and how they get the process started as well as the different composting materials used by home gardeners and professional composters alike dozens of which have been interviewed for this book.

You will be walked through the process of recognizing and using the end product as effectively as possible. You will be walked through how you can effectively take your end product and start using it for various different vegetable types in your garden. Finally, you will be walked through the process of recognizing and using the end product as effectively as possible. For anyone who has ever considered composting as a viable means by which to feed their gardens, this book is for you.

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The Mini Farming Guide to Composting: Self-Sufficiency from Your Kitchen to Your Backyard (2013)

Author: Brett L. Markham

What Amazon.com has to say about the book:

Composting has never been easier—learn how to incorporate Brett Markham's amazing composting techniques to maximize your vegetable output, increase your self-sufficiency, and be kind to the ecosystem.

Compost City: Practical Composting Know-How for Small-Space Living (2015)

Author: Rebecca Louie

What Amazon.com has to say about the book:

These days, *everyone's* talking about compost. Along with backyard chickeners, balcony beekeepers, rooftop farmers, and community gardeners, urban composters are part of a bumper crop of pioneers who are redefining the green space of crowded towns and cities.

You may think you need a big yard to compost. Think again. *Compost City* teaches you how to easily choose and care for a compost system that fits perfectly into your (tiny) space, (busy) schedule, and (multifaceted) lifestyle.

Whether you live in a cramped apartment or a sprawling town house, or you dream of composting in a shared space with a group of friends or colleagues, *Compost City* provides simple and effective indoor and outdoor composting options.

Packed with research, expert testimonies, and a healthy dose of humor, *Compost City* will help you:

- Compost your food scraps and yard waste with ease
- Ease your fears of backbreaking labor, obnoxious odors, big messes, and creepy crawlies (hint: you can compost successfully without any of the above!)
- Convince compost-wary family, friends, neighbors, and community leaders to green-light your compost dreams

Compost City serves all eco-curious citizens from casual hobbyists to staunch activists.

Put your compost cap on. Whether you compost one tea bag or whole honking barreelfuls of

scraps at a time, you're about to have a whole lot of *fun*.

Composting (2015)

Author: Dwayne Hicks

What Amazon.com has to say about the book:

Good gardeners know how to grow healthy plants. Great gardeners know the secret may be composting, a practice that has skyrocketed in popularity in recent years. Young gardeners will learn the basics of composing with this text, whose hands-on approach to classroom science concepts makes learning fun. This science-rich text covers the basics of decomposition and the impact recycling organic material can have on our world. Readers will also learn about soil makeup, nutrients, humus, and more. Informative diagrams and fact boxes supplement learning.