# **My Research Paper Outline**

# 1. Topic Question

(Write down your main research question or topic here.) Example: How has social media influenced teen mental health?
2. Ideas
(List all relevant keywords, including synonyms, to assist with your database searches. Be sure to enclose phrases in quotation marks.)
<ul> <li>Examples:</li> <li>The impact of social media on self-esteem</li> <li>How online interactions affect social skills</li> <li>Differences in mental health outcomes across platforms (Instagram vs. Twitter vs. TikTok)</li> <li>Studies on anxiety, depression, and social comparison among teens on social media</li> <li>Positive and negative effects of social media use</li> </ul>

### 3. Keywords

(List all possible keywords, including synonyms, to help with your database searches.)

Keywords combo 1 Ex: "social media" AND "mental health"	Keywords combo 2 Ex: "teenagers" OR "adolescents" AND "self-esteem"	Keywords combo 3 Ex: "social comparison" AND "depression"

#### 4. Sources

(Add links or citations to your sources as you gather them. This could be academic articles, books, websites, etc.)

- Source 1: [insert link to article or book here]
- Source 2: [insert link to article or book here]
- Source 3: [insert link to article or book here]
- Source 4: [insert link to article or book here]

#### 5. Notes/Quotes

(Write down important notes or quotes from your sources that you'll want to include in your paper.)

#### **Example:**

- "Social media has become a platform for self-expression, but also a breeding ground for comparison and unrealistic standards." — Author Name, Year
- "Studies show that teens who spend more than 3 hours a day on social media are more likely to report feelings of anxiety and depression." — Source Name, Year

## 6. Outline

(As you gather your ideas,	start to organize them is	nto a structure for you	ur paper. 1	This outline w	ill help guid
your writing process.)					

1.	ntroduction	
	<ul> <li>Hook (an interesting fact, question, or quote)</li> </ul>	
	<ul> <li>Background information on social media and teen mental health</li> </ul>	
	<ul> <li>Thesis statement (your argument or main point)</li> </ul>	
2.	Body Paragraph 1	
	<ul> <li>Topic sentence</li> </ul>	
	Evidence and examples	
	<ul> <li>Analysis or explanation</li> </ul>	
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0	Topic sentence
0	Evidence and examples
0	Analysis or explanation
4 Body	Paragraph 3
	Paragraph 3 Tonic sentence
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3. Body Paragraph 2

0	Final thoughts or call to action

#### 7. Draft and Revise

5. Conclusion

o Summarize the key points

(Once you have your outline, begin drafting your paper. Don't forget to revise for clarity, coherence, and accuracy before submitting.)