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# AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

## Power Phrases (2-3)

- I am Pavan and I get my shit done no matter how I feel and I don't give importance to feelings
- I am Pavan and I would NEVER EVER settle for a Normie life.
- I am Pavan and I ACT EVERYDAY towards the goal that I want to achieve no matter what external influences are stopping me from getting that.

## Core Values (2-3)

- Bravery
- Self Awareness/Perspiscacity
- Calmness
- Acts

## Daily Non-Negotiables (2-3)

- ACTION towards plan( website, ad, finding products, learning )
- Exercise
- Think about your future self
- Evening push ups

## Goals Achieved

- A Good Physique
- Change in Perspective towards my environment.
- Skill of Persuasion( Online and Offline )
- Good at Communication
- Good health

## Rewards Earned

- Product has been purchased from my website.
- Earned money for the first time using my skills and scaled it for a higher profit.

## Appearance And How Others Perceive Him

- Broad chest, Big Arms.
- Confidence in face when he talks to someone.
- well dressed.

How other's Perceive him.

- Why does he react so less?
- Why doesn't he enjoy with us?
- How does he look so confident?
- God! He has a good body.
- I want to talk to him
- Who is this guy and why does he look special/different than others.
- He is a gentleman and he is decent.
- He is boring.
- He looks so confident as if he could achieve whatever he wants.

## Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

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As I wake up in the morning, I don't feel sad or any depressed emotion instead I feel an emotion that tells me " There are things that i must achieve and I can't be sleeping here like a lazy bitch or feel depressed, those are things which a brokie feels and i don't wanna be a brokie!" So I go to washroom to get freshed and when I am freshening up, i am planning things to do for the day and when I look into the mirror, I see a MAN who has a good physique and who has confidence in his face that he is going to achieve something different and big in the future and that's when I feel the goosebumps.

So I leave for college, when I am observed by people around me in the college, they see a guy who looks muscular, attractive, silent and confident which makes them feel that this guy is going to be something else in the future and they are curious about what's going on in my brain.

I used to have spotlight effect everyday in the college, scared of being the one to have attention of others so I used to stay behind people, let it be seminar or case discussion( I do medical ), I used to stay behind because of that fear, but the guy I have become now is completely different, i could go and stand confidently in the front because I think that I'm going to become something big and I will be grabbing people's attention, so if at all I'm scared to get attention of a bunch of NPC's now then how the heck am I going to handle that big of an attention in the future...

So I started standing in front and kept standing in front even though the nervousness used to creep in and slowly confidence started to fill in and with that I was able to stay confident in other matters too.

Most of the time in college I would stay in BOT MODE( in which my brain doesn't stay in reality but it keeps thinking of some garbage or makes me do garbage things of which I won't even be aware of ). And now I have overcome that also, I'm completely aware of what's going on around me and what are the influences that are making me do the things that I'm doing right now.

And after college, I'm back to hostel with the anger that I wasted so much of time in college and with eager that I have things to complete, so I get to work when my roommates are wasting their time in doing some garbage shit. I don't give a heck about movies, songs or any other popular stuff they talk about, I'm just on my own world of attaining skills and getting rich.

I started making money online recently, the product worked, the copy was absolutely persuasive because of which i could sell it online and I'm on phone communicating with suppliers of product making deals with them and trying to persuade them too so that I could get a discount. My way of thinking about business levelled up and i got good at Communication with people to make business and it's evening, i started my evening push ups for a bit of power up and after that I get back to work. And yeah I got rid off my leg pain too, the pain which didn't let me sit for even a minute peacefully because of which I used to stand or lie in the bed and used to do my work, which was absolutely irritating and hard but now I got rid off of it and I can sit peacefully and I'm able to think and do my work with absolute focus. The pain was really a hell back then and now I'm free and life has taught me a lesson that Health should be your priority and you have to take care of it and never to neglect it.

It's night and I go to food and comeback, the laziness creeps in since I had food and it's night but I have work to do, so I make myself to become active without distractions in my surroundings. The thought of making money, getting rich, surrounded by like minded people and the skills that I would have earned in the future and the man I would become, all these things are making me work towards my goal and i absolutely didn't care whether i felt sad or happy or excited, I will get my work done because that's the only way.

Once I finished the work, it was my training time at night. I workout for an hour and a half everyday, no breaks in the weekend. It is a non negotiable and it has become a habit for me so I would do it everyday without much of a problem. The good part is when I go in front of the mirror to take a look into body, they are pumped up and I know that if I keep doing it everyday, i would get the body that i wanted. And then I get to bed ready for an other day towards my goal.