

Waunakee Wrestling Summer Wrestling Camps June 11th – 13st 2025

Online Registration ONLY: https://gofan.co/event/3450044?schoolId=WI19226

Welcome: The three day camp is open to any and all k-12 grade wrestlers and will focus on developing all wrestling

skills. Wrestlers will be introduced to basic and simple drills that will help them to become a better wrestler. There will be an emphasis on having fun and some live wrestling will take place. The camp will

be split into two sessions based on age.

Clinicians: UW-Badgers Coaches & Wrestlers

Including lead clinicians: Chris Bono, Jon Reader & Garrett Model

Atleast 1 coach from UW will be present at every session

Waunakee High School Wrestling Coaches: Mark Natzke along with various current Waunakee

high school wrestlers

(K - 6th) Schedule: Session 1: (K - 6th Grade) Beginner Camp from 11:15 - 12:30 pm

• Include Instruction, light drilling, live wrestling and Q & A with coaches

 $(7^{th} - 12^{th})$ Schedule: Session 2: $(7^{th} - 12^{th})$ Grade) Advanced Camp from 9:00 – 11:00 am

• 9:00 – 10:15 Technique and light drilling

10:15 – 10:45 Live wrestling and hard drilling

• 10:45 – 11:00 Badger Mindset, Q & A

Cost: Early Registration: \$75 Registration before May 31st. Must register early to receive a T-shirt.

Late Registration: \$100 available until the start of camp.

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Location: Waunakee High School Wrestling Room (301 Community Drive, Waunakee, WI 53597)

Equipment needed: Athletic clothes (shorts and t-shirt) and wrestling shoes.

Contact: Questions contact Mark Natzke at marknatzke@waunakee.k12.wi.us