



5. SPIRITUAL Self healing, Prayer, true Meditation, Chanting



4. INTUITIVE Color, Sound, Hypnotherapy, Radionics, Family Systems



3. MENTAL Thought Field Therapy, EMDR, Homeopathy



2. ELECTROMAGNETIC Micro-current, Acupuncture, Bodywork, Qigong



1. PHYSICAL Diet, Exercise, Chiropractic, Surgery, PT, Drugs, Herbs, Aromatherapy