

5. SPIRITUAL Self healing, Prayer, true Meditation, Chanting

4. INTUITIVE Color, Sound, Hypnotherapy, Radionics, Family Systems

3. MENTAL Thought Field Therapy, EMDR, Homeopathy

2. ELECTROMAGNETIC Micro-current, Acupuncture, Bodywork, Qigong

1. PHYSICAL Diet, Exercise, Chiropractic, Surgery, PT, Drugs, Herbs, Aromatherapy