

RAHS Student Support Service Contact Info

RAHS Counselors:

Carolyn Givens | Student last names starting with A -Do | email: carolyn.givens@isd623.org | Call (651) 635-1677 | [online appointment scheduler for Ms. Givens](#)
Xeev Xwm Vang (Sang Sue Vang) | AVID students | email: xeevxwm.vang@isd623.org | Call (651) 604-1488 | [online appointment scheduler for Mr. Vang](#)
Jim Stern | Student last names starting with Dr-Ji | email: james.stern@isd623.org | Call 651-604-1463 | text (651) 243-4337 | [online appointment scheduler for Mr. Stern](#)
Julie Levine | Student last names starting with Jo-Mo | email: julie.levine@isd623.org | Call 651-604-1421 | [online appointment scheduler for Ms. Levine](#)
Amber Krug | Student last names starting with Mu-Sn | email: amber.krug@isd623.org | Call or text: (651) 383-4648 | [online appointment scheduler for Ms. Krug](#)
Rosalyn Obando-Dahlman | Student last names starting with So - Z | email: rosalyn.obando-dahlman@isd623.org | Call (651) 604-1462 | [online appointment scheduler for Ms. Obando-Dahlman](#)
Ger Vue | Students receiving English Language Development Services, students in the PSEO program | email: ger.vue@isd623.org | Call (651) 604-1483 | Text: (651) 504-4871 | [online appointment scheduler for Mr. Vue](#)

RAHS Career and College Staff:

Brynn McConnell | Career Navigator | call 651-635-1667 | email: brynn.mcconnell@isd623.org | appointment: <https://calendly.com/brynn-mcconnell>
Nyesha Brown | College Navigator | call 651-635-1466 | email: nyesha.brow@isd623.org | appointment: <https://isd623.zoom.us/j/2917915391>

Additional Support Staff:

Mike Garcia | School Social Worker | Call or text: 651-504-4864 | email: michael.garcia@isd623.org | [online appointments scheduler for Mr. Garcia](#)
Brianna Murphy | School Social Worker | Call 651-635-1665 | email: brianna.murphy@isd623.org | <https://calendly.com/brianna-murphy>
Adam Tancabel | School Social Worker | Call: 651-635-1662 | email: adam.tancabel@isd623.org | <https://calendly.com/mrT-rah>
Emily Riebel | School Psychologist | Call 651.604.1468 | [online appointments scheduler for Mrs. Riebel](#)
| School Psychologist | Call 651.604.1468 | email:

Outside Resources:

Ramsey County 24/7 mobile crisis | [651-266-7878](tel:651-266-7878) | *Ramsey County's mobile crisis team provides stabilization services, de-escalation, crisis intervention, mental health assessments and initial crisis plans.*

National Suicide Prevention Textline | text 988

National Suicide Prevention Hotline | 1-800-273-8255

In the case of a life threatening situation | 911