

## **Therapists/Therapy Referrals**

The following is a list of Couples SIG members providing various psychotherapy services. If you are a current Couples SIG member and would like to add to or update this list, please send us your name/organization, title, area(s) of expertise, and contact information (including location).

*NOTE: Neither ABCT nor the Couples SIG certifies any organization or makes specific referrals. This service does not include and does not intend to confer opinions, ratings, or reviews of participating professionals nor the information they provide. Neither the ABCT nor the Couples SIG assumes responsibility with respect to the selection of a therapist and the outcome of the therapy. This list is provided as a public service and includes the names and clinical practice information of Couples SIG members who choose to participate in this service. The absence of the name of a behavior therapist from this list in no way implies the quality of the therapist's services; it only means that the therapist does not participate in this particular service.*

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## Alabama

### **Jennifer Langhinrichsen-Rohling, Ph.D.**

Clinical Psychologist and Professor of Psychology

Clinical areas of expertise: Marital therapy, women's depression

Phone: (251) 460-7149

## California

*Los Angeles*

### **Ingrid Solano, Ph.D.**

Licensed Clinical Psychologist

Clinical areas of expertise: Individual, couples, families, and other dyads/groups (modalities: CBT, DBT, EFT, IBCT, Mindfulness, sex therapy, family systems, eclectic); relational and interpersonal issues, interpersonal trauma (modalities: CPT, PE, CBCT), impact of sexual assault/coercion, non-traditional relationships and sexuality (i.e., open, poly, kink-affirming, swingers, BDSM, FWBs, etc.), sex worker ally, LGBTQIA+ affirming, and working with creatives/artists.

Phone: 212-375-6668

Email:

[Ingrid@ingridsolano.com](mailto:Ingrid@ingridsolano.com)

Website: [ingridsolano.com](http://ingridsolano.com)

*Los Angeles & Pasadena*

### **Molly Burrets, Ph.D.**

Licensed Clinical Psychologist

Clinical areas of expertise: Couple therapy, women's health; sub-areas of expertise include treating affair couples/infidelity, treating couples and women with reproductive health concerns, transition to parenthood

Orientations: Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Acceptance & Commitment Therapy, Emotionally Focused Therapy, Insight-oriented therapy

Phone: 716-310-3562

Email: [drmollyburrets@gmail.com](mailto:drmollyburrets@gmail.com)

Website:

[https://www.psychologytoday.com/us/therapists/molly-burrets-south-pasadena-ca/7070\\_96](https://www.psychologytoday.com/us/therapists/molly-burrets-south-pasadena-ca/7070_96)

*West Los Angeles*

### **Andrew Christensen, Ph.D.**

Distinguished Research Professor of Psychology at UCLA

Offers: Couple therapy, couple therapy supervision

Phone: (310) 837-1548

Website: <https://drandrewchristensen.com/>

*West Los Angeles*

**Lisa Benson, Ph.D.**

Licensed Psychologist

Clinical areas of expertise: Couples, individual trauma-focused therapy

Phone: (800)517-1148

Website: <https://drlisabenson.com/>

*San Diego*

**Kayla Knopp, Ph.D.**

Clinical areas of expertise: Couples, families, individuals, and other dyads/groups; relational and interpersonal issues

Phone: 858-256-6335

Email: [drknopp@carelationshiptherapy.com](mailto:drknopp@carelationshiptherapy.com)

Website: [www.carelationshiptherapy.com](http://www.carelationshiptherapy.com)

## Colorado

*Denver*

**Galena Rhoades, Ph.D.**

Clinical areas of expertise: Couple therapy and relationship education, adults, and adolescents

Phone: (720) 319-7447

Website: <https://washparkpsychology.com/home>

*Denver*

**Nicholas Perry, Ph.D.**

Clinical areas of expertise: Couples, individuals, LGBTQ+

Phone: (801) 477-4496

Website: <https://washparkpsychology.com/home>

## Florida

**Emily Georgia Salivar, Ph.D.**

Clinical areas of expertise: couple therapy, individual therapy for relationship issues, integration of web-based intervention - OurRelationship.com

Phone: (954) 574-2799

Email: [drgeorgiasalivar@drgeorgiasalivar.com](mailto:drgeorgiasalivar@drgeorgiasalivar.com)

Website: [www.drgeorgiasalivar.com](http://www.drgeorgiasalivar.com)

## Illinois

*Chicago*

### **Anthony Chambers, Ph.D.**

The Family Institute at Northwestern University

Clinical areas of expertise: couple therapy, premarital counseling, African American couples/marriages, inter-racial/ethnic couples and marriages, transitions to parenthood and adulthood, individual adults, fathers' & men's issues

Phone: (847) 733-4300 x312; Fax: (847) 733-0390

E-mail: [achambers@family-institute.org](mailto:achambers@family-institute.org)

Website: [www.family-institute.org/counseling-and-psychotherapy/clinical-staff/staff-practice/anthony-chambers](http://www.family-institute.org/counseling-and-psychotherapy/clinical-staff/staff-practice/anthony-chambers)

*Chicago, Northern Suburbs*

### **Erika Lawrence, Ph.D.**

Licensed Clinical Psychologist

Director of Translational Science, The Family Institute at Northwestern University

Research Professor, NU Psychology Dept.

Clinical areas of expertise: Couple therapy, IBCT, aggression in relationships, ACT, CBT for anxiety disorders, ERP for OCD

Email: [elawrence@family-institute.org](mailto:elawrence@family-institute.org)

Phone: (847) 733-4300, ext. 880

<http://www.family-institute.org/therapists-locations/staff/erika-lawrence>

## Massachusetts

*Worcester*

### **James V. Cordova, Ph.D.**

Licensed Psychologist Provider

Clinical areas of expertise: Couples and families

Phone: (508) 793-7268

### **Melinda I. Morrill, Ph.D.**

Licensed Clinical Psychologist

Clinical areas of expertise: Couples, parenting and families, and individual adult therapy for family issues

Email: [mimorrill@mgh.harvard.edu](mailto:mimorrill@mgh.harvard.edu) (best way to contact her)

Phone: (617) 663-8018

*Only provides telehealth services for those living in Massachusetts*

### **Sarah Bannon, Ph.D.**

(Teletherapy-only; Practice is physically located in Massachusetts)

*Licensed in Massachusetts; License is pending in New York*

Offers individual and couples therapy

Does not take insurance but has some flexibility in fees for healthcare workers and students  
Virtual Private Practice Website: <https://bannonpsych.com/>

## Michigan

*Grand Rapids*

**Mikhila Wildey, Ph.D.**

Licensed Psychologist

Clinical areas of expertise: couples therapy, premarital counseling

Phone: (616) 256-0885

Email: [mikhila@resilientrelationshipsgr.com](mailto:mikhila@resilientrelationshipsgr.com)

Website: [www.resilientrelationshipsgr.com](http://www.resilientrelationshipsgr.com)

## New York

*Binghamton*

**Matthew D. Johnson, Ph.D.**

Clinical areas of expertise: Couple therapy

Phone: (607) 777-6315

Website: <https://www.mdjphd.com/>

*Stony Brook*

**Joanne Davila, Ph.D.**

Licensed Clinical Psychologist

Clinical areas of expertise: couples, adults/emerging adults, anxiety, depression, relationship issues

Email: [joanne.bannon.phd@gmail.com](mailto:joanne.bannon.phd@gmail.com)

*Manhattan*

**Karen Rothman, Ph.D.**

*Licensed in New York; Telehealth-only license in Florida*

(Practice is physically located in Manhattan, NYC; Licensed telehealth provider in Florida)

Licensed Clinical Psychologist

Clinical areas of expertise: couples therapy, adults with anxiety, OCD, trauma, and relationship difficulties

Practice website: [www.togethercbt.com/couples](http://www.togethercbt.com/couples)

Phone: [347-486-4307](tel:347-486-4307)

## Tennessee

*Knoxville*

**Kristina Coop Gordon, Ph.D.**

Clinical areas of expertise: couple therapy, particularly infidelity and other betrayals, anxiety

disorders, particularly panic disorder, and depression; also trained in dialectical behavioral therapy

Phone: (865) 584-8547 x3612 (private practice) or (865) 974-3347 (UT office)

### *Nashville*

#### **Cameron Gordon, Ph.D.**

(Teletherapy-only; Practice is physically located in Nashville, TN)

*Licensed in Tennessee and North Carolina; authorized to see clients in all PSYPACT states via teletherapy*

Clinical areas of expertise: couples and adults seeking assistance with relationship difficulties, anxiety, depression, and trauma as well as those seeking consultation in developing a mindfulness practice or using positive psychology principles to build resilience and enhance performance

Phone: (615)373-9955

Practice Website: <https://southeastpsychnashville.com/>

List of PSYPACT States: <https://psypact.site-ym.com/page/psypactmap>

## Texas

### *Dallas*

#### **Karen Prager, Ph.D.; A.B.P.P.**

The University of Texas at Dallas

Clinical areas of expertise: couple therapy

Email: [kprager@tx.rr.com](mailto:kprager@tx.rr.com)

Phone: 214-724-3616

### *Houston*

#### **Julia Babcock, Ph.D.**

Licensed Clinical Psychologist

Clinical areas of expertise: Relationship counseling, intimate partner abuse, depression, women's issues

Phone: (291) 844-8364

Email: [jbabcock@uh.edu](mailto:jbabcock@uh.edu)

Website: <http://juliababcock.com/>

## Utah

Behavioral Health Innovation and Dissemination Center at the University of Utah

**Feea Leifker, Ph.D.** Assistant Research Professor of Psychology (*authorized to see clients in all PSYPACT states via teletherapy*)

**Katie Baucom, Ph.D.** Assistant Professor of Psychology (*authorized to see clients in all PSYPACT states via teletherapy*)

**Brian Baucom, Ph.D.** Association Professor of Psychology

Clinical areas of specialty: relationship distress, trauma

Tel: 801-581-4697

Web: <https://bhdc.utah.edu>

## Washington

**Alice Huang, Ph.D.**

*Offers telehealth to anywhere in Washington State; Physical office is in Bellevue, near Seattle*

Licensed Psychologist

Clinical areas of expertise: couple therapy. Extensive experience working with people of multicultural/international backgrounds, members of the LGBT community, military veterans and their partners

Phone: (425) 429-2236

Email: [therapy.with.dr.alice@zohomail.com](mailto:therapy.with.dr.alice@zohomail.com)

Website: <https://www.craftpnw.com/alice-huang-phd>

## Therapists Who Serve Those Living in Multiple States

**Sarah Bannon, Ph.D.**

(Teletherapy-only; Practice is physically located in Massachusetts)

*Licensed in Massachusetts; License is pending in New York*

Offers individual and couples therapy

Does not take insurance but has some flexibility in fees for healthcare workers and students

Virtual Private Practice Website: <https://bannonpsych.com/>

**Cameron Gordon, Ph.D.**

(Teletherapy-only; Practice is physically located in Nashville, TN)

*Licensed in Tennessee and North Carolina; authorized to see clients in all PSYPACT states via teletherapy*

Clinical areas of expertise: couples and adults seeking assistance with relationship difficulties, anxiety, depression, and trauma as well as those seeking consultation in developing a mindfulness practice or using positive psychology principles to build resilience and enhance performance

Phone: (615)373-9955

Practice Website: <https://southeastpsychnashville.com/>

List of PSYPACT States: <https://psypact.site-ym.com/page/psypactmap>

**Karen Rothman, Ph.D.**

(Practice is physically located in Manhattan, NYC; Licensed telehealth provider in Florida)

*Licensed in New York; Telehealth-only license in Florida*

Licensed Clinical Psychologist

Clinical areas of expertise: couples therapy, adults with anxiety, OCD, trauma, and relationship difficulties

Practice website: [www.togethercbt.com/couples](http://www.togethercbt.com/couples)

Phone: [347-486-4307](tel:347-486-4307)

**Ingrid Solano, Ph.D.**

(Practice is physically located in California)

*Provides telehealth services to those living in California or New York*

Licensed Clinical Psychologist

Clinical areas of expertise: Individual, couples, families, and other dyads/groups (modalities: CBT, DBT, EFT, IBCT, Mindfulness, sex therapy, family systems, eclectic); relational and interpersonal issues, interpersonal trauma (modalities: CPT, PE, CBCT), impact of sexual assault/coercion, non-traditional relationships and sexuality (i.e., open, poly, kink-affirming, swingers, BDSM, FWBs, etc.), sex worker ally, LGBTQIA+ affirming, and working with creatives/artists.

Phone: 212-375-6668

Email: [Ingrid@ingridsolano.com](mailto:Ingrid@ingridsolano.com)

Website: [ingridsolano.com](http://ingridsolano.com)

**Behavioral Health Innovation and Dissemination Center at the University of Utah**

*Authorized to see clients in all PSYPACT states via teletherapy*

**Katie Baucom, Ph.D.** Assistant Professor of Psychology

**Feea Leifker, Ph.D.** Assistant Research Professor of Psychology

Clinical areas of specialty: relationship distress, trauma

Tel: 801-581-4697

Web: <https://bhidc.utah.edu>

**Link to the List of PSYPACT States:**

<https://psypact.site-ym.com/page/psypactma>





