

Hale Dwoskin - Sedona Method - Holistic Releasing Set

Information about re-release:

Yesterday, I found that CD 1's last tracks had been damaged after going through Absolute Freedom's beginning. Although I initially believed it was due to the basic nature the ripping program, further investigation revealed that CD 1 had been damaged.

After speaking with Skiff, we decided to just reinstall the software.-Instead of going through the whole program manually to fix the corrupt tracks, rip the entire set. I asked him not to allow the torrents to spread more data from the corrupt set.

Exact Audio Copy was the best ripping program and encoder I found online, with good reviews.

I used the first program that extracts secure audio copies. This ensures that there are no errors in the extraction process and you receive all data. The program took almost 2 hours to extract 1 track.

Although I would have returned CDs, I doubt they'd be grateful for my concern about their non-return.-Friendly ripping policy:wink

LAME was used to convert the wav files to MP3 in a transparent, high-quality encoding. I ran through the tracks from CD 1 on Absolute freedom and they sound perfect.

Every track extracted has been checked for errors and CRC compared to the original CDs.

If you've already downloaded the previous release set, I recommend that you download the damaged tracks from this torrent.

I am sorry for the inconvenience and wish you well with the future. Sedona Method.

Absolute Freedom

Five-CD audio series. Find your natural state.

This audio set includes Holistic Releasing To help you identify and eliminate the barriers that keep you from understanding your true nature. Holistic Release is a technique that allows you to switch between different polarities and opposites.

These recordings will allow you to find the natural state of Beingness that is always available to you right now. You'll discover who you truly are only by being yourself-You are compelled to feel limited. You've always been completely free.

Opening to Freedom helps you get rid of conflicting ideas about how to awaken to your true nature. It also includes Beyond the Illusions about Time and Space, which will help you experience the truth about time and place. Opening to Love is a tool that allows you to let go of any notions about love and hatred that keep you from experiencing the infinite joy of your pure loving nature.

Bonus recordings are available for free: Beyond Everything and Nothing and Remembering Who You Are.

Absolute Freedom is a releasing course for advanced students.
Prerequisite: Sedona Method Audio Course

Absolute Freedom contains 5 CDs and 2 bonus DVD's

Practical Freedom

This audio set has been created using the application Holistic Releasing This is to assist you in reclaiming your freedom to do, be and be what you choose every day. Holistic You can release your opposites by using releasing. As you apply Holistic Releasing Your life will be enriched by this knowledge.-Standing challenges disappear and are replaced with a greater sense for mastery.

Practical Freedom will allow you to be at your best in every situation and to live a more peaceful and clear life.

Includes exercises for The Inner Stretch and self-dissolving-Walls of inner limitation that have been imposed on you; The Wealth Builder, which releases limiting beliefs, attitudes, and thoughts that keep wealth away; Your Ideal Relationship; letting go the greatest inner obstacles to loving, supportive relationships built upon mutual trust; and High Self-Esteem: Helping you build the self-Confidence to be able look at anyone in the eyes as an equal, and to realize your dreams with ease.