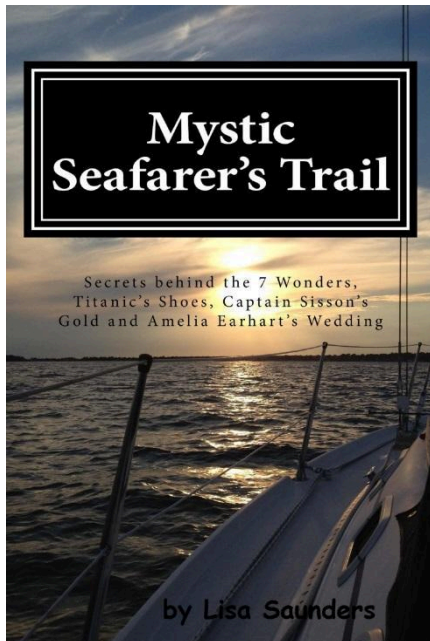


Mystic Seafarer's Trail reviews as of Jan. 8, 2014



*"Mystic Seafarer's Trail is full of local history, adventure, misadventure, and laughs. Lisa Saunders has thought long and hard about the historic homes, landmarks, graveyards, and dead people of Mystic, Connecticut. As a newbie in an old seaside town, Lisa sets out to explore what life was, is, and will be (for her) in Mystic. She brings with her basset/beagle hound, Bailey, and a unique, thoughtful, and - often - quite humorous perspective. As you walk the streets of this small seaside town with Lisa and you get to know her, you find yourself interested, engaged, and (seriously) laughing out loud. This book is perfect for Mystic area locals, history buffs (she's done her research), sightseers, and those who could use a good laugh. And, if they ever make the "Mystic Seafarer's Trail - The Movie," Lisa should definitely be in it. (If you've read the book, you know what I mean ;-). If you live in, or are traveling to the Mystic, Connecticut area, this book is for you."* [TripAdvisor](#)

*"You will laugh out loud at Lisa's adventures in this part travel guide, part historical reference and completely hilarious tale."* Bree Shirvell, Editor, Stonington-Mystic Patch

*"Hi Lisa - your book was a big hit at our son's wedding! I sent the book out early so guests could read it while traveling to Mystic and everyone said it made their trip much more interesting."* K.S.

*"Author Lisa Saunders has mastered the art/science/gift of writer-reader communication. She's not writing at you; she's talking to you...no holds barred. Her frequently disarming candor evokes reader reactions ranging from chuckle to head-shaking laughter."* George Nammack, Long Island Boating World

*"With a keen, self-deprecating wit, Saunders tells the tale of each of the 7 Wonders [of Mystic], beginning with Wonder #1, the whaleship Charles W. Morgan."* Windcheck magazine

*"Lisa Saunders has written an engaging and solidly researched narrative which should capture the attention of all who are interested in early New England history and the traditions of the sea that were one of its foundations."* David S. Martin, Ph.D., Professor/Dean Emeritus, Gallaudet University, Washington, DC

*"I found Lisa's anticipation of her sailing adventure just plain entertaining and could relate to her internal dialogue, misgivings, and somewhat grandiose fantasies. She is a person worth spending time with."* Ann Kuehner, LCSW

*"I laughed out loud on a number of occasions. It's interesting, humorous and touching."* Glenn Gordinier, author of *Surfing Cold Water: A New Englander's Off-Season Obsession*

*"This book is a splendid way to tie Mystic's history to life today—a bridge from the past to the present—for*

any age.” Lou Allyn, Masons Island

*“An historical—and sometimes hysterical—look at Mystic. I can’t wait to visit!”* Marianne Greiner, Illustrator, New York

*“Entertaining, witty, informative—and cute! It covers a range of topics from personal loss to finding life, history and new friends.”* Kristin Hartnett, Executive Director, Laughworks, Mystic, Connecticut

*“What a read—fascinating!”* Kathleen Poole, former Chesapeake Bay waterwoman

#### REVIEWS FROM AMAZON:

*“If you’re a native of coastal CT or even just love to go there on vacation (or want to), the Mystic Seafarer’s Trail is a humorous and informational guide to the area through the eyes of local author Lisa Saunders and her dog Bailey. Through mishaps like a skirt being tucked into underwear and a sailing trip gone awry, you get a taste of the area and will laugh along the way. I would highly recommend for fans of Bill Bryson and Jenny Lawson, or people looking for a good read.”* Jackie T.

*“Mystic Seafarer’s Trail is an adventure that takes you through a journey in a wonderful and humorous way. The author does an amazing job in making this book a very addicting book to read that truly I did not want to put down. It was a great journey of which I laughed, cried, and captured new meaning into my own life.”* Kendra M.

*“This author has a way of making even the most routine activities of life, like walking her dog, into a search for adventure. With her slightly self-deprecatory sense of humor, the author, a newcomer to Mystic, learns the local etiquette as well as the lore and legends of this seaside town. Readers will learn about a wide variety of topics ranging from shipwrecks to genealogy to how to become an extra in a movie. You will enjoy the author’s friendly tone as she explores the history of the region and tries to create a little history of her own. Enjoyable and informative read.”* ThatzRight

*“So enjoyed reading this book--Lisa has a great way of storytelling--can hardly wait to visit Mystic and see where all of these adventures took place :)”* Marti Perhach

*“It is really amazing to be reading a book that is written about the area in which I live. Gained a lot of knowledge about the history of the locations.”* Lorraine M Sanborn

*“Mystic Seafarer’s Trail is funny, fun and informative. Funny because Lisa Saunders’ adventures (real and imagined) made me smile and yes laugh! Fun because the author captured the spirit that historians experience as they undertake their adventures of discovery. Fun because the serendipity of finding “cousins” in a cemetery is not lost on any researcher. Informative? Well that is obvious. I learned a lot about Mystic and Lisa - and it was all interesting. I can’t wait to visit Mystic again - and walk the Seafarer’s Trail!”* Marjory

*“Settling into a new town is never easy but for Lisa Saunders and her hound Bailey the process is more adventure than nesting. From the very first page to the last you’ll laugh out loud. And anyone with a fondness of Mystic, Conn, will appreciate the tour of the tiny village and the history Saunders was able to uncover. Saunders has created a hilarious story that is part travel guide, part memoir and part historical*

reference.” Bridget Shirvell

*“Interesting read makes you think and wonder. drift into the past and travel with the sea folk who take their chances to better their future, no knowing what is ahead.”* A. White "world traveler" (kerrville, Texas)

*“Well written and very interesting stories. I enjoyed how she tied all the stories together and yet each one was different.”* Judy H.

*“This book was a wonderful read. I felt as if I was on some of the adventures that Lisa wrote about. Her chapters pertaining to her "voyage at sea" was very entertaining and funny. As I read this book, it really sparked an interest to visit Mystic, CT, and surrounding area someday and venture to all of the places mentioned within the book. Lisa has a great sense of humor and I found myself laughing out loud many times. I have enjoyed Lisa's previous books and look forward to her next literary adventure. Another great book from Lisa Saunders!”* Daniel Elser (Dallas TX USA) -

*“I found out through reading this that the author & I are related! This was a fun, fact-filled book. Love the history of this area.”* Michele Rolfe "Wolfpug" (Bridgeport, NY USA):

### **Excerpts from Chapter One:**

#### **1      Wanted: Epic Adventure**

Shortly after stepping out of my new home with my hound for our first stroll through the historic seacoast village of Mystic, Connecticut, a woman pulled over in her van and yelled, "Excuse me."

Assuming she was a tourist wanting directions to Mystic Pizza or some other attraction, I wasn't prepared for what she really wanted to know.

"Do you realize the back of your skirt is tucked into your underwear?"

What a debut in my new hometown—I don't think this is what National Geographic meant when they named Mystic one of the top 100 adventure towns in the United States...

... With its scenic views of tall ships, islands, lighthouses, and secluded coves, Mystic has attracted such legendary honeymooners as Humphrey Bogart and Lauren Bacall. It is a place where those who cross the oceans gather to swap stories and repair their boats. It is where famous explorers are born, visit, get married, or sadly, embark from on their way to becoming lost at sea.

To launch my new career as an adventuress, I decided to walk Bailey to the haunts and homes of such celebrated adventurers as Amelia Earhart, the first woman to fly solo across the Atlantic; Dr. Robert Ballard, the discoverer of Titanic's watery grave; Rear Admiral Richard E. Byrd, the first aviator to fly over the South Pole; and Captain Nathaniel B. Palmer, who accidentally discovered Antarctica.

Now was the time for me to join their ranks, to start living life on the edge. Maybe I could become thin and famous like Amelia Earhart. Like her, I am fairly tall, my middle initial is M, I have a gap between my two front teeth, and until I looked it up, I couldn't spell medieval either (more on that and her wedding day later). Unlike Amelia, I wasn't skinny, but that was about to change. I would stop lying around reading about adventurers and do what it took to become one...

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