

Meta Title: Chemical Peels Farmington UT | Medium-Level Chemical Peel

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Meta Description: Medium-level chemical peels in Farmington can remove dull skin and reveal a more vibrant complexion. Learn about this effective skin rejuvenation option.

# H1 Chemical Peels in Farmington, Utah

## H2: Treat fine lines, wrinkles, hyperpigmentation, and more

A chemical peel is an aesthetic skin resurfacing procedure. It is sometimes referred to as chemexfoliation and causes the top layer of skin to peel off. When this happens, the fresh, youthful layer of skin underneath it becomes visible. Chemical peels in Farmington are popular for people in their 20s through their 60s. They offer a noninvasive way to turn back the clock and reduce the natural effects of time on the skin.

At Lotti Aesthetics and Wellness, we offer various types of chemical peels for different skin concerns. Some peels are best for treating fine lines and wrinkles, while others can minimize hyperpigmentation and age spots. To create a customized treatment plan for your skin care needs, we'll need to meet with you first. Schedule a consultation today by calling (801) 877-1769. We look forward to providing you with the best skin rejuvenation treatment for your situation.

## H2 The Benefits of a Chemical Peel

Our chemical peels provide mid-level exfoliation to target a wide variety of skin issues. A mid-level peel may be the right choice for you if you want to treat uneven skin tone, acne scars, texture concerns, or age spots. Our medium-level peels are a bit stronger than mild peels, which can lightly exfoliate the topmost layer of skin. However, they are not quite as aggressive as deep peels, which use very strong chemicals to remove the upper and middle dermis layers. Our Farmington chemical peels offer the following aesthetic benefits:

- Reduced appearance of acne
- Improved skin texture and color
- More youthful, rejuvenated skin
- Reduced hyperpigmentation and age spots
- Improved skin brightness

- Decreased appearance of fine lines and wrinkles

## H2 Farmington Chemical Peels: What to Expect

When you arrive for your chemical peel, we'll either ask you to wash your face, or we'll wash it for you. It's important to start with a clean surface by removing makeup, dirt, and any other debris. Once your face is prepped and ready, we'll typically apply a topical numbing cream. This will help remove any excessive discomfort. When the numbing cream takes effect, we'll apply the medium-level chemical peel to the desired areas.

You shouldn't feel intense pain during the procedure, but you may feel a slight burning sensation. This typically lasts up to 10 minutes. Some people experience a stinging sensation afterward due to the controlled wound caused by the peel. We may recommend cold compresses after treatment to help ease any stinging or burning sensations you feel. You may also want to take pain medication after your treatment to help keep you comfortable.

After your chemical peel, you may feel like you have a sunburn. Medium-depth peels may lead to several days of redness. After that, the skin may develop blisters that become dry and crumbly. The blisters should peel off within 14 days. Once the old skin peels away, you'll be able to see a new layer of vibrant skin.

## H2 Chemical Peels Before and After\*

Farmington chemical peels can improve the appearance of the skin in multiple ways. They can minimize the appearance of blemishes and signs of aging. They can also brighten up dull skin and improve the vibrance of the complexion. To see chemical peel treatment results, view before and after photos of patients who have undergone the procedure. Many people are happy with their treatment outcomes, but individual results may vary.\*

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## H2 Things to Do and Avoid After a Chemical Peel

You'll need to avoid sun exposure for several months after receiving chemical peels in Farmington. Your newly exposed skin will be very fragile and susceptible to irritation and damage. If you do go out in the sun, wear sunscreen with a rating of at least 30 SPF. Here are some more things you should and shouldn't do after a chemical peel:

DO:

- Follow the post-care instructions we give you
- Moisturize daily
- Use gentle skincare products

- Wash your skin with lukewarm water

**DON'T:**

- Don't exfoliate for at least a week after a medium-level chemical peel
- Don't engage in strenuous activity for at least 24 hours
- Don't get in a hot tub, shower, sauna, or any other excessively hot area
- Don't get Botox, laser resurfacing, or any other cosmetic treatment for at least two weeks
- Don't scratch, pick, or rub the treated area

To optimize and protect your results, you must practice appropriate post-care. We recommend receiving this treatment at a time when you know you can avoid extended sun exposure and extreme heat. Never receive a chemical peel if you immediately plan to go sunbathing or hot tubing. Doing so could irritate your skin, extend your recovery time, and potentially cause an infection.

## **H2 Chemical Peel FAQs**

### **H3 How Much Does a Chemical Peel in Farmington Cost?**

The average chemical peel price is around \$644. However, the costs for such services can vary significantly. If you're treating multiple areas, expect to pay more than if you were treating just one area. The type of chemical peel used and the geographical location of the provider can also impact your final cost.

### **H3 Is There Downtime After a Chemical Peel?**

There is some downtime associated with a medium chemical peel. You may need to recover at home for a couple of weeks. During this time, your skin will likely blister and peel. It may also be swollen, red, and sensitive. Over-the-counter pain relievers can help make the discomfort more manageable.

### **H3 Are Chemical Peels Safe?**

Yes, chemical peels are largely regarded as safe. Research shows that superficial to medium-depth peels are safe and effective for treating acne vulgaris. However, the risk of complications may vary among racial groups.<sup>1</sup> Patients with dark skin require special attention to ensure there are no adverse effects from chemical peel treatments.

### **H3 How Long Should I Wait Between Chemical Peels?**

We typically recommend waiting at least four weeks between treatments. However, we understand that everyone is different. Therefore, we often make return treatment recommendations on a case-by-case basis.

## **H2 Schedule a Chemical Peel in Farmington, UT**

Are you ready to replace your dull, lifeless skin with radiant, youthful skin? If so, we invite you to schedule one or more chemical peels. To set up a complimentary consultation and receive a customized skin care plan, call Lotti Aesthetics and Wellness at 801-877-1769.

Sources:

<sup>1</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6053170/>