

Ways To Prevent And Get Rid Of Cockroaches In Your Home

Do you find it annoying when a cockroach suddenly appears in the corner of your vision? If so, then you're not alone, as these little buggers frustrate homeowners for many years! Unfortunately, cockroaches are here to stay, as it's impossible to rid the world of them. But there are ways to get rid of them from the premises of your home and prevent them from coming back.

With these tips and tricks, it won't take long for you to become an expert when it comes to booting them out of your home. Soon, you'll have a home unfit to become a cockroach's breeding ground.

If you're the type to have reservations about products like insecticides, then this article has your back as well. There are plenty of safe and reliable options for you to choose from as well. So let's not wait any longer to start learning.

Tips To Prevent Cockroaches From Breeding Inside Your Home

Want to stop [cockroaches](#) from turning your home into their breeding ground? Then follow these simple tips to prevent that scenario:

Store Food And Water Sources Properly

Just like us humans, cockroaches need a steady supply of water and food to live. That's why the first task at hand is to store your food and water in pantries, cabinets, and the like.

This helps limit cockroaches' easy access to nutrients. And in turn, it forces them to leave and find somewhere else to live.

Another incentive to do this is health and sanitation. [Cockroaches](#) are not the most sanitary creatures in the world and thereby carry lots of bacteria that cause diseases with them. Keeping your food and water supplies away from them also helps in making sure that your and your family's health are in good condition.

Clean Up Waste Food And Spillage

When it comes to food and water, cockroaches are not very picky. They will eat anything remotely edible. And as such, your wasted food in the trash is no exception.

Making sure to clean up crumbs left on the floor or spillage from a drink helps prevent cockroaches from making an appearance inside your home. The same is true for placing a lid on your garbage bin and sealing it properly.

Keep The House Free From Clutter

Every once in a while, a stack of newspapers lies forgotten in the driveway or the basement. That also includes leftover pieces of cardboard, old magazines, paper cups, and other similar products.

So it's no surprise that you'll end up finding cockroaches hiding in one of these places. Leaving materials such as these unattended makes for a perfect breeding ground for cockroaches.

Seal Entry Points

It can be quite frustrating if you're doing all the right things to prevent cockroaches from entering your home and yet they still appear. Most likely, these cockroaches came from outside through an opening in your home.

A simple gap underneath the doorway or cracks in the windows is more than enough space for these critters to crawl into your home. To prevent this, make sure to seal and caulk areas inside your home that cockroaches can use as entry points.

For doorways, invest in a door sweep or a seal strip to close those gaps in the bottom of your door. If you want a cheaper alternative, roll mats and adhesive tape work just as well.

How To Eliminate And Deter Cockroaches?

But what if there are already cockroaches living inside your home? Well, then, this section has the solutions just for you:

Insecticides

Homeowners don't like using [insecticides](#) to deal with their pest problems. That's because they believe that commercial insecticides are full of chemicals that will cause harm to their family members. And while this is a valid point, there are now plenty of insecticides on the market that are all-natural and home-friendly.

These products make use of natural ingredients that are effective against pests like cockroaches but mitigate the risk of harming your family. Just make sure not to buy cheap products online or those with a low customer approval rating. More often than not, these products are less effective and end up being a waste of money.

Baking Soda

If there's one product that you can count on when you need an immediate solution to cockroaches, it's [baking soda](#). Most likely, you have a box or two of this stuff in your pantry.

It's readily available, cheap, and a fast solution to preventing cockroaches from turning your home into their breeding ground. Simply prepare some breadcrumbs or chopped onions as bait. Then, add a dusting of baking soda on top.

When cockroaches ingest baking soda, it generates a large amount of gas inside their stomachs. This ends with them having a burst stomach, leaving them to die. To top it all off, baking soda is non-toxic, so you don't have to worry about your pets ingesting it by mistake.

Boric Acid Powder

Another all-natural solution is [boric acid](#) powder. Often found in the soil, plants, and fruits, this is non-toxic to humans and pets in small portions.

However, it's deadly to cockroaches. It acts similarly to poison for the cockroaches that ingest it. When inside their bodies, boric acid makes quick work of their digestive and nervous systems.

To prepare this, take a piece of cardboard or a shallow container and place something sweet, like jam or peanut butter, in the middle. Then, sprinkle a light dusting on top of and around the bait to make sure that the powder sticks to the cockroaches' legs and wings.

Citrus

For those who want to avoid the hassle of setting traps, making use of [citrus fruits](#) is a great alternative solution. Lemons and oranges are just some examples that you can use when mopping the floor. Simply squeeze out a few drops of the fruit's essence with the water while mopping.

This helps deter cockroaches from invading your home. However, this does not kill them. This is a good solution to have when you don't want cockroaches appearing in certain rooms, like a kids' playroom and such.

Essential Oils

Another way to deter cockroaches from setting foot inside your home is through the use of [essential oils](#). Examples of these include oil extracts from lemongrass and peppermint.

Simply mix one of these oils with a little bit of water in a spray bottle. Then, you can start spraying in rooms and places where cockroaches are likely to appear or in places where you don't want them to appear.

This method is reliable, fast, and cheap. It works well if all you want to do is deter cockroaches from invading the premises, and it's perfectly safe for you and your family.

Conclusion

Don't let cockroaches take over your home. Make use of these simple tips and tricks to take the battle to these cockroaches. The options you have available to you are endless.

Keeping food and water out of their reach, sealing up entry points to your home, and making sure to declutter your home are just some of the things that you can do to prevent cockroaches from making an appearance in your home. If you're not a fan of using

insecticides to get rid of them, there are plenty of safe and natural home remedies readily available to you. Don't let cockroaches stop you from having a clean and relatively stress-free home environment.